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INTRODUCTION

It is with great pleasure that we introduce and congratulate the athletes, coaches and managers who have been selected to represent our province at the 2009 Canada Summer Games in Prince Edward Island.

The Team Manitoba media guide is designed to help you get to know our athletes and team and to assist the media in covering the stories and events. Please contact the mission media team for further information.

- ⊙ Indicates bilingual in both French and English

MISSION OFFICE

Team Manitoba's Mission Staff will have two offices, one during the first week in Summerside and one during the second week in Charlottetown. The office will be staffed daily from 7:00 a.m. to 12:00 a.m. This office will be the communications and service area for all Team Manitoba messages, results and unique team and individual needs.

NOTE: *Only properly accredited coaches, managers and mission staff will be able to gain access to the mission office. Athletes, parents, and VIPs must be accompanied by their coach, manager or mission staff members.*

TELEPHONE NUMBERS

Week One Mission Headquarters:

Atlantic Police Academy, 66 Argus Ave., Slemon Park, Summerside
Main: 902-620-0886
Fax: 902-620-0887

Week One Team Manitoba Office:

Atlantic Police Academy, 66 Argus Ave., Slemon Park, Summerside
Main: 902-620-0915
Fax: 902-620-0876
Email: teammanitoba@2009canadagames.ca

Week Two Mission Headquarters:

Charlottetown Rural High School, 100 Raiders Road, Charlottetown
Main: 902-620-0886
Fax: 902-620-0887

Week Two Team Manitoba Office:

Charlottetown Rural High School, 100 Raiders Road, Charlottetown
Main: 902-620-0915
Fax: 902-620-0876
Email: teammanitoba@2009canadagames.ca

MAILING ADDRESS

Canada Games Headquarters

name of athlete - sport - province

(i.e. John Smith – Athletics – Manitoba)

Week 1: Atlantic Police Academy, 66 Argus Ave., Slemon Park, Summerside, C0B 2A0

Week 2: Charlottetown Rural High School, 100 Raiders Road, Charlottetown, C1E 1K6

MESSAGE FROM THE PREMIER AND MINISTER

Greetings

On behalf of all Manitobans, it is our pleasure to acknowledge the tremendous effort made by the athletes, coaches, officials and volunteers in representing our province at the 2009 Canada Summer Games.

Your talent, drive and dedication to sport have earned you the privilege of sporting Manitoba colours in national competition with some of Canada's finest athletes. Your participation is bound to be an enriching experience for you, as athletes and citizens of our province.

Athletes, amateur or professional, rarely achieve their goals without the help and encouragement of parents, coaches, volunteers, friends and fellow athletes along the way. We join those people, and all Manitobans, in extending our best wishes to everyone associated with Team 'Toba for an outstanding team effort in Prince Edward Island.

Gary Doer
Premier

Eric Robinson
Minister of Culture, Heritage, Tourism and Sport



Manitoba



MESSAGE FROM SPORT MANITOBA



On behalf of Sport Manitoba, congratulations on being selected to represent our province as a member of Team Manitoba for the 2009 Canada Summer Games.

The Canada Games are the pinnacle of national sport development opportunities. The Games inspire Manitoba's youth to reach their athletic potential, pursue personal excellence and develop socially and culturally within the context of ethical competition.

Sport Manitoba is proud to be responsible for the overall organization and staging of Team Manitoba and assisting your efforts in

achieving your sport development goals on the national stage. The Canada Games have a tremendous positive impact on sport and personal development and as such are a high priority for us. We hope that with our support you have prepared well and are ready to succeed in PEI.

We have all been inspired by some of our province's finest athletes who have been members of Team Manitoba – Cindy Klassen, Shannon Rempel, Susan Auch, Cam Barker, Kerry Burtnyk and Jennifer Botterill. Our hope for you is that these Games will be your stepping stone to the same kind of success they have enjoyed.

Please enjoy the entire Games experience. Go all out in our competition. We'll be watching and cheering as you pull out all the stops on your way to the podium.

Jeff Hnatiuk

President & CEO

CHEF DE MISSION



As Chef de Mission of Team Manitoba, I am truly honoured to be able to lead such an exceptional group of athletes, coaches, artists, mission staff, and volunteers into the 2009 Canada Summer Games. Each and every one of you has dedicated countless time and energy to prepare for the Games, and your selection is a testament to both your commitment and your abilities.

I would like to thank the Province of Manitoba and Sport Manitoba for their continued support of Team Toba. I would also like to acknowledge our corporate sponsors, Red River College and Mondetta, whose support we are proud to have as we strive to achieve our best in Prince Edward Island.

Behind the scenes your mission staff has been working hard to ensure that your Games experience is both positive and successful. We have assembled a group of dedicated, experienced and energetic volunteers who are here to help Team Toba on their journey to and at the Games.

As a member of Team Manitoba there are many benefits and privileges that come with representing Manitoba in the 2009 Canada Summer Games. At the same time, you are expected to fulfill certain responsibilities. This handbook outlines these expectations and provides you with additional information to prepare you for your time at the Games. As a team member you are expected to become familiar with the information provided to you in the handbook.

The Canada Games are the largest multi-sport event in our country and present an exciting opportunity for you to participate in a truly once in a lifetime event on the beautiful Prince Edward Island. Now the time has come for your hard work in preparing for the Games to pay off, but along the way be sure to take the time to enjoy your experience, meet new people, and explore the Confederation province. Just remember to strive for the remarkable performances you are capable of.

Best wishes to Team Manitoba!

“For when the One Great Scorer comes - to write against your name, He marks – not that you won or lost - But how you played the game.”

-Grantland Rice

Ted Bigelow
Chef de Mission



HONOURARY TEAM CO-CAPTAIN MICHELLE SAWATZKY-KOOP



Hello Athletes!!

What an unbelievable honour it is for me to be named as one of your Honourary Team Captains. It is extra special for me because I represented Manitoba at the Canada Summer Games exactly 20 years ago in Saskatoon! It was my first major multi-sport event and it was a memory of a lifetime. I had no idea it would be my first step on the road to the

Olympic Games. I am so excited for all of you and proud of the hard work that I know you have already done! You have earned your way onto Team Manitoba and I know that you are ready to shine! Wear our Manitoba colors with pride and know that we are all behind you every step of the way!! Coming from a short, small town, Manitoba girl who chose volleyball as her sport -- please believe that anything is possible. Just be the best you can be and try to try harder than anyone else and you will be just fine!! GO GET 'EM!

Sincerely,

Michelle Sawatzky-Koop

Canada Games 1989, Olympic Games 1996

Michelle Sawatzky grew up in Steinbach, Manitoba - where she attended the Steinbach Regional Secondary School and graduated in 1988. She led her team to the 1987 "AA" Provincial Volleyball championships. The starting setter on the 1989 Canada Summer Games Bronze Medalist Team, she was recruited to play with the University of Manitoba Lady Bisons from 1988 to 1993. At the University of Manitoba she was the starting setter as they won the National championship in 1990, '91, and '92. Throughout her University career she garnered many personal awards - she was named CIAU Player of the Year in 1991 and 1992. In 1993, she was named the University of Manitoba Female Athlete of the Year.

Internationally, Michelle was a member of the Junior National Team in 1990 and also of two World Student Games teams in 1991 and 1993 that competed in Sheffield, England and Buffalo, New York. May of 1993 marked the start of Michelle's career as a member of the Senior National Team, with whom she travelled the world. In 1995, she was part of the bronze medal finish at the Pan American Games in Argentina. March of 1996 the team qualified for the Olympic Games and in July of the same year the team finished 9th at the Summer Olympics in Atlanta.

continued...

Volleyball is not the only facet of Michelle Sawatzky's life -- music is certainly the other side. Michelle began to study music at the age of 4 and graduated from the U of M School of Music in 1993 with a Bachelor of Music Piano Performance and in 1991 and 1993 participated in the National Finals as a member of the Sabeon Piano Trio. In 1993, she completed a 12-concert solo piano tour of Western Canada.

Now, Michelle spends every morning hosting "The Morning Show" on AM1250 Radio (Golden West Broadcasting). She's married to Chris Koop, does her best to keep up with her 6-year old twin boys, Paxton and Tyson, and spends her evenings MC'ing or speaking and loving it.

HONOURARY TEAM CO-CAPTAIN JAY LYON



Dear Team Manitoba,

Congratulations! The Canada Games are Canada's highest level of amateur sport and provides great experience for future Olympic Athletes. All of you now have your name amongst some of Canada's best, such as Lennox Lewis, Sidney Crosby and Steve Nash. I know that all of you

will have a lot of fun at this event and will do your province proud. You have just as much chance of winning a medal as any other athlete, which is important to remember. As long as you go out there and perform the very best that you can, then your experience will forever be memorable. I look forward to meeting all of you!

Sincerely,
Jay Lyon

Jay Lyon began competing in the sport of Archery in late 2002 and qualified for the 2003 Canada Winter Games Team. At the 2003 Canada Winter Games, Jay won a Bronze and a Gold Medal. Since then he has won 4 consecutive Indoor National Titles and 2 Outdoor National Titles for a combination of 6 total National Championships won. Jay has been to 3 World Championships with his best result being 20th place in 2007. Jay attended the 2007 Pan-American Games where he received a silver medal in the team event and finished 4th place individually. One of Jay's greatest accomplishments was being a representative of Canada at the 2008 Beijing Olympics where he finished 10th place, the best result of a Canadian so far.

MISSION STAFF



Ted Bigelow, Winnipeg

Chef de Mission

Experience: Has over two decades of Games experience as an athlete, coach and staff person; coached the National Cross-Country Ski Team at the World Junior Championships and at many World Cups; was also very active on the bid and staging of the 1999 Pan American Games.

Comments: My three sons have kept me busy throughout the years with their involvement in soccer, cross-country skiing, hockey, lacrosse, alpine skiing, sailing, canoeing and hiking; I enjoy spending time with my family at the cabin.



Shawnee Scatliff, Winnipeg

Assistant Chef de Mission

Experience: 1967 & 1971 Canada Winter Games – figure skating bronze medallist, 1977 Canada Summer Games – tennis athlete, 1997, 2001 & 2005 Canada Summer Games and 1999, 2003 & 2007 Canada Winter Games – Assistant Chef de Mission, 2002 Commonwealth Games – mission staff, 2003 Western Canada Summer Games – Chef de Mission, 2007 Western Canada Summer Games – Assistant Chef de Mission, 2006 Commonwealth Games – Assistant Chef de Mission, 2008 Commonwealth Youth Games – Chef de Mission.

Comments: Looking forward to successful Games for Team Manitoba.



Marcie Halls-Stronciski, Thompson ☺

Office Manager

Experience: 1993 Manitoba Winter Games – figure skating, 2005 Canada Summer Games, 2006 Manitoba Winter Games.

Comments: I have two children and two dogs. I stay active by working out, yoga, pilates, rollerblading and occasionally playing volleyball.



Barry Moroz, Winnipeg

Media/Communications

Experience: Canada Games – 1995 to present, Western Canada Summer Games – 1990, 1999 to present, Manitoba Games – 1990 to present, 1999 Pan Am Games, 2002 NAIG Games.

Comments: “If you don’t know where I am, check the golf course”.



Ashleigh Sprange, Winnipeg

Medical

Experience: 2001 Canada Summer Games, 2004 Manitoba Summer Games Host Medical, 2005 Canada Summer Games Host Medical, 2007 Western Canada Summer Games Medical Mission Staff.

Comments: Goal for the Games is to keep athletes healthy and at their best; some of my most thrilling moments include finishing 10th at the 1999 Byte Worlds and finishing 5th in sailing at the 2001 Canada Summer Games; I graduated with a Bachelor of Kinesiology and Applied Health and am a Certified Athletic Therapist.



Brittany Cawson, Winnipeg

Games Assistant

Comments: Goal for the Games is to ensure that all members of Team Manitoba have a great experience; I will be graduating with a Bachelor of Recreation Management and Community Development in December 2009.



Diana King, Winnipeg

Games Assistant

Experience: 2008 NAIG (mission staff), 2007 Western Canada Summer Games – track and field silver medallist.

Comments: Goal for the Games is to help everyone perform to the best of their abilities and enjoy their time at the Games; two of my proudest accomplishments include winning a bronze medal in the 4x200m at both the 2006 and 2009 CIS Championships; I recently graduated with a Bachelor of Recreation Management and Community Development degree.



Kathy Lloyd, Winnipeg

Phase 1 – Basketball (F)

Phase 2 – Indoor Volleyball (F)

Experience: 2007 Western Canada Summer Games.

Comments: Goal for the Games is to assist coaching staff and athletes in excelling to the best of their ability and facilitate them to Gold!



Kylo Harris, Baie Verte, NL

Phase 1 – Basketball (M)

Phase 2 – Canoe / Kayak

Experience: 1990 Newfoundland & Labrador Winter Games (athlete), 1991 Canada Winter Games (athlete), 2006 Manitoba Winter Games (mission staff), 2006 NAIG (coach), 2007 Western Canada Summer Games (mission staff), 2008 NAIG (coach), 2008 Manitoba Summer Games Chef de Mission.

Comments: Goal for the Games is to support Team Toba to all time best performances; role models include all of the athletes for their sacrifices and hard work.



Keith Driedger, Winnipeg

Phase 1 – Cycling

Phase 2 – Soccer (M)

Experience: 2005 Canada Summer Games (team manager – male soccer), 2007 Western Canada Summer Games (mission staff); currently affiliated with Bonivital Soccer Club; has been involved in sport for twenty years.

Comments: Goal for the Games is to help both the cycling and soccer teams focus on competition at the Games; role models have been other coaches that I have worked with because they have taught me different training techniques as well as how to work with a large group of athletes.



Susan Herring, Winnipeg

Phase 1 – Diving

Phase 2 – Swimming

Comments: Both of my daughters have competed in the Canada Games, nationally and internationally in swimming; my nickname is Susie.



Steven Macdonald

Phase 1 – Rowing

Experience: 2007 Canada Winter Games Hockey (team manager); has been involved in hockey for over twenty-three years.



Fred Schneider, Winnipeg

Phase 1 – Rugby

Experience: 1983, 1991, 2003 Western Canada Summer Games; 1988 Manitoba Summer Games; has been involved in rugby for forty-seven years.

Comments: Goal for the Games is to ensure all athletes compete to their full potential and still have fun; I coach athletics and basketball; role models include my father, who instilled in me the desire and will to excel, while at the same time demonstrating fairness, compassion and a willingness to help others, my first track coach Harvey Pearce for allowing me to develop as an athlete and as a coach, and my phys ed teacher Ron Koskie because he taught me that you can succeed by never giving up.



Bill Brenton, Winnipeg

Phase 1 – Sailing

Phase 2 – Baseball

Experience: 2000 World Under 17 Hockey Challenge (assistant coach), 2003 World Under 17 Hockey Challenge (head coach – Team Western), 2007 Canada Winter Games (mission staff), 2007 Western Canada Summer Games (mission staff); has coached for over twenty years.



Tara Funke, Carman

Phase 1 – Soccer (F)

Experience: 1995 Canada Winter Games – Female Hockey 4th goalie, 2007 Canada Winter Games (mission staff).

Comments: Goal for the Games is to be the best mission staff member I can be for the female soccer team: cheer loud, be proud and represent Manitoba well; as a broadcaster I admire the work of Scott Russell and Ron McLean; I play hockey, curling, golf, canoeing and I run; most thrilling moments in sport were playing at two Esso Women's Hockey Nationals and completing three and a half Marathon events; I hope to someday attend the International Olympic Academy in Greece.



Gail Kell, Winnipeg

Phase 1 – Softball

Phase 2 – Golf

Experience: Manitoba Games, 2007 Western Canada Summer Games.

Comments: Goal for the Games is to be supportive, helpful and available for the athletes and coaches at the Games so they are able to focus on their task at hand: to perform their best in National Competition; role models are my mother and my children; I am an amateur and professional sports fan and enjoy softball, baseball and basketball.



Pat Alexander, Winkler

Phase 1 – Tennis

Phase 2 – Indoor Volleyball (M)

Experience: 1997 Canada Summer Games (track and field jumps coach/manager), 1999 Western Canada Summer Games (men's volleyball assistant coach), 2005 Canada Summer Games (men's volleyball assistant coach), 2007 Western Canada Summer Games (men's volleyball team manager).



Jeanne Kaye, Humboldt, SK

Phase 1 – Triathlon

Phase 2 – Athletics

Experience: 2007 Western Canada Games Athletics (team manager), Canada Games and Western Canada Games (parent.).

Comments: Goal for the Games is to do her best to support the athletes and coaches so they will have a positive and rewarding Games experience. Go Team Toba!



Nichole Mailey, Winnipeg ☺

Phase 1 – Beach Volleyball

Experience: 2003 Canada Winter Games bronze medallist - squash, 2007 Western Canada Summer Games (mission staff).

Comments: Goal for the Games is to take care of all the little things so that my coaches, managers and athletes can focus on their competition; role model is Alana Miller; some of my most thrilling moments include finishing top 8 at Junior Nationals and finishing 2nd at the 2003 & 2009 Women's A Nationals in squash.



Darren Hemeryck

Phase 2 – Swimming – Special Olympics

Phase 2 – Swimming – SWAD

Phase 2 – Athletics – Special Olympics

Experience: 2006 Manitoba Winter Games, 2007 Canada Winter Games, 2008 Manitoba Summer Games.



Adrienne Leslie-Toogood

Sport Psychologist

Experience: 1989 Canada Games (athlete), 1991 Western Canada Summer Games (athlete), 1995 & 1999 Canada Games (mission staff), 1994 Commonwealth Games (volunteer), 1996 Olympic Games (volunteer), and 1999 Pan Am Games (volunteer); currently affiliated with the Canadian Sport Centre Manitoba.

Comments: Goal for the Games is to provide a support network to Canada Games athletes, coaches and mission personnel in order to maximize the potential of Team Manitoba.

NATIONAL ARTISTS



Lesley Camaso, Winnipeg

Manager

Experience: 2008 Manitoba Summer Games (mission staff).

Comments: I compete in Ten Pin Bowling; I enjoy playing volleyball, going shopping, camping and event planning; recently graduated with a Bachelor of Recreation Management and Community Development degree.

~Artists~



Catherine Rutherford, Winnipeg

Dance/Movement Arts

Birth date: May 11, 1990

Experience: Performances with the Royal Winnipeg Ballet School such as "In Concert", "Concert Hour", "First Steps", and "Ballet in the Park"; currently affiliated with the Royal Winnipeg Ballet School; has been involved in dance for six years.

Comments: Goals for the Games are to expand my knowledge of other art forms, to be inspired by others and take advantage of every aspect of the program; role models include my family who has supported me, as well as all of the dancers and teachers at the Royal Winnipeg Ballet because they are my second family; some of my proudest performances were lead roles such as Waltz of the Flowers Soloist, Don Giovanni Dos de deux, Snow Queen, and performing the lead role of Clara with the Royal Winnipeg Ballet Company; my overall goal is to always grow as a dancer both technically and artistically.



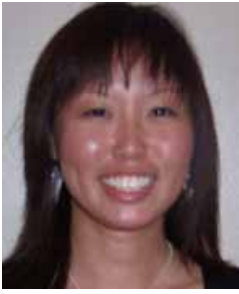
Jade Repeta, Winnipeg

Musical Theatre (Dancing/Acting/Singing)

Birth date: December 2, 1992

Experience: 2008 International Dance Organization Tap Championships in Germany; currently affiliated with the Royal Winnipeg Ballet and Kick it Dance Studio; has been involved in the arts for thirteen years.

Comments: Goal for the Games is to adapt as best as I can to different styles of teaching; role models are my dance/vocal/acting instructors because the right attitudes and are great examples of being professional; I have been at Manitoba Dance Fest for over nine years, always trying for the Musical Theater School...I was chosen this year!



Jamie Pham, Winnipeg ☺

Music Arts - Percussion

Birth date: October 7, 1987

Experience: 2009 National Youth Orchestra; has been playing percussion for nine years.

Comments: Goal for the Games is to meet new people and make connections that I will remember, and to share music and art with others outside of my standard audience; role model is my teacher because he is still young and has succeeded in everything that he has ever tackled. He believes that I will accomplish my dreams one day and I am happy that he is there to help me along the way; I have performed with multiple groups in the city but my favourite experience is performing the music for the Royal Winnipeg Ballet's recent show "Extreme Ballet".

TEAM MANITOBA SPORTS

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Donna Kaye, Yorkton, SK

Co-Head Coach

Experience: 1997 Canada Games and 1999 Western Canada Summer Games (athlete), 2000 Manitoba Summer Games (coach), 2003 Canada Winter Games (mission staff), 2007 Western Canada Summer Games (coach), 2008 Manitoba Summer Games (coach); currently coaches the Bison Track and Field Team; has been involved in track and field for twenty years.

Comments: Goal for the Games is for my athlete's to compete to the best of their ability and to survive as a young first time Head Coach! Mom is a Mission Staff member for Team Manitoba; my nickname is Special K.



Jill Neumann, Winnipeg ☺

Co-Head Coach

Experience: 1993 and 1997 Canada Summer Games (athlete), 1995 Western Canada Summer Games (athlete), 2001 Canada Summer Games (coach), 2003 Western Canada Summer Games (coach) and 2007 Western Canada Summer Games (co-head coach); has been involved in track and field for twenty-three years.



Andy Tough, Winnipeg

Coach

Experience: Western Juvenile Games; currently affiliated with Stride Ahead Tough Track; has been involved in track and field for twenty-five years.

Comments: Goal is to continue athletes to their fullest potential based on Long Term Athlete Development; role model is Sheldon Reynolds – a coach, teacher and friend.



Dallas Mooney, Wawanesa

Coach

Experience: 2001 Canada Summer Games (athlete); currently affiliated with Winnipeg Optimist Athletics and the Bison Track and Field Club; has been involved in track and field for twelve years.

Comments: Goal is to provide athletes with the best experience I can in the sport of Athletics; I compete in beach and indoor volleyball at the recreational level.



Guy Schultz, Edmonton ☺

Coach

Experience: 1989 Canada Summer Games, 1996-98 Canadian World Cross Country Team; currently affiliated with the University of Alberta and the Edmonton Thunder; has been involved in track and field for twenty-nine years.

Comments: Goal is to be the best coach I can be – physically, socially and emotionally; I compete in road racing and enjoy reading, hiking and mountain biking; role model is my French teacher in high school, Vital Shank, who convinced me that I was a good runner and that running was a way for me to go to university and get a degree.



Mingpu Wu, P.R. China

Coach

Experience: 2007 Western Canada Summer Games (coach), 2008 Beijing Olympics – worked for the COC; has been involved in track and field for thirty years.

Comments: Goals for the Games are to support and help athletes with their skills and performance, help them be the best they can be and bring medals back to Manitoba; role model is Wayne McMahon because he coaches a lot of athletes and spends a lot of time with them.



Wayne McMahon, Winnipeg

Coach

Experience: 1969 Canada Games (athlete), 1985, 1997, 2001 and 2005 Canada Games (coach); currently affiliated with Winnipeg Optimist Athletics and the Bison Track and Field Club; has been involved in track and field for forty-five years.

Comments: Goal for the Games is to provide athletes with the best program to succeed in the sport, and to support the team as best as possible; role models are my coaches – Larry Hodgkinson, Eric Pohl, Brian Marshall, Dick Spradbrow, Jim Daly, and Dave Lyon.



Alanna Boudreau, Winnipeg ☺

Manager

Experience: 1996 Manitoba Games, 1999 and 2003 Western Canada Summer Games, 2001 and 2005 Canada Summer Games silver medalist – triple jump; has been involved in track and field for fourteen years.



Cathy Cullen, Winnipeg

WIC Apprentice Coach

Experience: 1996 and 2000 Canada Summer Games, 1998 Western Canada Summer Games; currently affiliated with Winnipeg Optimist Athletics; has been a coach for four years.

Comments: Goal for the Games is to enjoy the experience on the flip side as a coach; most thrilling moment was competing in the 2007 Boston Marathon where the atmosphere was so amazingly electric; role model is my father because he is the most positive person I have ever met. He always sees the good in everything and has shown me to never ever give up.

~Athletes~



Alastair Brown, Winnipeg

Birth date: June 8, 1990

Experience: Legion National Track and Field Championships; currently competes for Winnipeg Optimist Athletics; has been competing in track and field for five years.

Comments: Goal for the Games is to represent Manitoba to the best of my ability and place as highly as I can; my greatest achievement is being the Manitoba High School Provincial Champion in the 800m, 1500m, 3000m, and 5km cross-country; role model is coach Kip Sigsworth. "Your coach is the person who you place all of your athletic faith in. You trust them, for better or worse, to guide your career and training in such a manner that you will continue to succeed. Luckily, I have a very good coach, and I have complete confidence in the direction my training is going".



Alex Allen, Winnipeg ☺

Birth date: April 2, 1990

Experience: Currently competes for Winnipeg Optimist Athletics; has been competing in track and field for three years.

Comments: Goal for the Games is to come top 8 or ideally top 3 in Pole Vault; my greatest achievements are competing in Reno, NV and achieving a personal best of 3.15m in Pole Vault, and achieving a new personal best of 3.20m at the end of the indoor season; role model is my high school track coach Mr. Shynkaruk because he believed and pushed me in everything I did, track and school. He is a coach an athlete is lucky to have; Yelena Isinbayeva is my idol.



Alex Bell, Selkirk

Birth date: July 4, 1989

Experience: 2005 Canada Summer Games, 2007 Canada Winter Games – cross-country skiing; currently competes for the Bison Track and Field Club; has been competing in track and field for five years.

Comments: Goal for the Games is to run a personal best and have no regrets; role model is Mel Gregoire; I am currently at the University of Manitoba entering my second year of science.



Amanda Gundrum, Swan Lake

Birth date: February 22, 1991

Experience: Has been competing in track and field for twelve years.

Comments: Goal for the Games is to jump my best and to keep on improving; I also compete in fastball; role model is my brother Josh who is also competing in athletics at the 2009 Canada Summer Games.



Andrew Schellenberg, Kleefeld

Birth date: February 17, 1987

Experience: 2000 Manitoba Summer Games, 2005 Canada Summer Games, Legion Nationals, 2006 & 2007 CIS; currently competes for PARC; has been competing in track and field for twelve years.

Comments: Goals for the Games are to medal in the 800m and to work hard, race hard and do the best I can; greatest achievements include placing third at the CIS Championships in the 4x400m and second in the 4x800m, placing second in the 800m at Legion Nationals in both 2002 and 2004; role model is Claude Berube, and the person with the greatest influence on me was Dianne Sproll.



Arthur Buchanan, Winnipeg

Birth date: October 13, 1991

Experience: Multiple medalist at the MHSAA Provincial Championships, 2007 & 2008 Legion Nationals; currently competes for Winnipeg Optimist Athletics; has been competing in track and field for five years.

Comments: Goal for the Games is to place top 10 and have some victories in decathlon; some of my proudest athletic accomplishments include being Athlete of the Year from 2006-2009, Free Press MHSAA Athlete of the Week – 2009, and being Provincial Basketball champions in 2005-06; I also compete in high school basketball, volleyball, team handball and cross-country.



Caley Miskimmin, Winnipeg

Birth date: March 27, 1987

Experience: 2003 Western Canada Summer Games silver medallist, 2005 Canada Summer Games – soccer, 2007 Western Canada Summer Games silver medallist, 2009 Canada West Championships gold medallist; currently competes for the Bison Track and Field Team; has been competing in track and field for seven years.

Comments: Goal for the Games is to come top 5 in the women's 100m and win a medal in the women's 4x100m; some of my greatest achievements include being the 2009 Canada West Champion in the 60m and 2009 CIS 3rd place finish in the 4x200m; I also play soccer for the University of Manitoba and Bandy for Team Canada; role model is my grandpa because from a young age he taught me that I can do anything as long as I set my mind to it. He has always been one of my greatest fans and a very big supporter of everything I do.



Carly Paracholski, Winnipeg

Birth date: September 30, 1993

Experience: 2007 Western Canada Summer Games, 2008 Legion Nationals, 2006 & 2007 Hershey North American Finals; currently competes for Sisler High School; has been competing in track and field for four years.

Comments: Goal for the Games is to run personal bests and do the best I possibly can; some of my greatest achievements include being invited to run in the Dakota Relays Feature Race (200m finished in 3rd in 25.15 PB), 2008 Legion Nationals placing 1st in 800m, 2nd in 400m, 4th in 100m, and 1st in Medley Relay; I also compete in high school cross-country, basketball, volleyball, soccer, and premier soccer.



Chantal Grant, Winnipeg

Birth date: December 7, 1989

Experience: 2002, 2004 & 2006 Legion Nationals, 2005 Canada Summer Games, 2007 Western Canada Summer Games, 2008 World Junior Track and Field Championships; currently competes for Winnipeg Optimist Athletics; has been competing in track and field for eight years.

Comments: Goal for the Games is to place top 3 in every event; greatest achievements include placing sixth in the 100m at the 2008 National Track and Field Championships, and placing twentieth in the 100m at the 2008 World Junior Track and Field Championships; role model is Marion Jones.



Dana Baker, Winnipeg ☺

Birth date: August 6, 1987

Experience: 2000 Manitoba Summer Games, 2003 Western Canada Summer Games, 2005 Canada Summer Games, 2006 Junior Nationals, 2007 Western Canada Summer Games bronze medallist; currently competes for the Bison Track and Field Club; has been competing in track and field for ten years.

Comments: Goals for the Games are to perform to the best of my abilities and put forth 100%, to be a leader and enjoy and learn from each and every experience; I also compete in soccer for the University of Manitoba and the South End United Senior Women's Premier team; I overcame serious snowmobile accident in 2001 that required reconstruction of right cheek bone; overcame reconstructive knee surgery (ACL) in 2003/04; role models are my parents because they are my biggest fans, they challenge me to do my best and support me in any endeavours I take on.



Danielle O'Donnell, Flin Flon

Birth date: December 30, 1990

Experience: 2008 Canada Junior Nationals; currently competes for Stride Ahead Tough Track; has been competing in track and field for six years.

Comments: One of my proudest accomplishments was receiving the 2009 Vincent Massey Female Athlete of the Year; personal bests include 1.68m in High Jump, 5.12m in Long Jump, and 11.07m in Triple Jump; I also compete in soccer and volleyball.



David Szczepaniak, Winnipeg ☺

Birth date: July 20, 1988

Experience: 2004 Legion Nationals, 2005 Canada Summer Games, 2007 Western Canada Summer Games, 2008 & 2009 CIS; currently competes for Winnipeg Optimist Athletics; has been competing in track and field for five years.

Comments: Goal for the Games is to have fun and finish in the top 5 in my events; my greatest achievements was winning a silver medal in the 4x200m at the 2008 CIS Track and Field Championships; role model is Rudy; my nickname is Shippi.



David Walford, Winnipeg

Birth date: November 9, 1990

Experience: 2007 Western Canada Summer Games, 2009 CIS; currently competes for the Bison Track and Field Club; has been competing for five years.

Comments: Goals for the Games are to jump personal bests and make finals for all my events; personal bests include 13.97m in Triple Jump and 6.73m in Long Jump; role models are my dad and my coaches; the biggest challenge I had to overcome was moving away from my family; I also play ultimate frisbee.



DeLohnni Nicol-Samuel, Brandon

Birth date: August 23, 1991

Experience: Has been competing in track and field for four years.

Comments: Goal for the Games is to run personal bests; personal bests include 2:02 in the 800m, 4:06 in the 1500m, 8:54 in the 3000m and 15:42 in the 5000m; my father and aunt have competed internationally in athletics.



Deondra Twerdun, Winnipeg

Birth date: April 21, 1988

Experience: 2004 Manitoba Summer Games, 2005 Canada Summer Games, 2007 Western Canada Summer Games, 2009 Canada West Championships; currently competes for Winnipeg Optimist Athletics and the Bison Track and Field Team; has been competing in track and field for fourteen years.

Comments: Goals for the Games are to finish top 6, personal best in shot put, triple jump and hurdles, and enjoy my last Games experience; some of my greatest achievements include making the 2009 Canada West Championships and making the 2005 Canada Summer Games team when I was 16; role models are my training partners and coaches Melanie Gregg and Alanna Boudreau, and my brother Tanner Twerdun.



Desire Budigoma, Banga, Burundi ☺

Birth date: September 7, 1988

Experience: 2007 Western Canada Summer Games, 2007 & 2008 CIS.

Comments: Goals for the Games are to run a personal best and get a medal; role model is Hicham El Guerrouj because he started to run long distances and ended up with the world's fastest time in 1500m, Mile and 2000m.



Erin Teschuk, Winnipeg

Birth date: October 25, 1994

Experience: MHSAA Provincial Championships gold and silver medallist; currently competes for Winnipeg Optimist Athletics; has been competing in track and field for one year.

Comments: Goal for the Games is to compete to the best of my abilities and to improve my time with every race; I also compete in Premier level soccer for the South End United Soccer Club; I admire my coach, Scott Radley, for his commitment and dedication to all his athletes, and he is always encouraging and positive.



Garth Suppes, Ridgeville

Birth date: July 30, 1987

Experience: 2007 Western Canada Summer Games, 2009 CIS; currently competes for Flying "M" Athletics Club; has been competing in track and field for eight years.

Comments: Goal for the Games is to achieve my potential; some of my proudest accomplishments include placing 3rd and 5th at the 2009 Canadian Interuniversity Sport Championships in Weight Toss and Shot Put; my nickname is Grath.



Jaclyn Adamson, Winnipeg

Birth date: March 20, 1991

Experience: 2006 Legion Nationals, 2007 Western Canada Summer Games; currently competes for Winnipeg Optimist Athletics; has been competing in track and field for four years.

Comments: Goals for the Games are to run a personal best in the 1500m and finish top 5, and to come out of the Games injury free; I have been injured on and off for the past 3 years, trying to stay healthy to compete through an entire indoor, outdoor, and cross country season has been really difficult for me to achieve. Staying positive and continuing to cross train while being injured has been the hardest thing for me to do, now I am healthy and hoping to run really well this summer.



Jason Redpath, Lockport

Birth date: January 22, 1991

Experience: 2007 Legion Nationals, 2008 Canadian Legion Youth Nationals gold medallist; currently competes for the Selkirk Royals; has been competing in track and field for two years.

Comments: Goal for the Games is to keep training everyday and place top 5 in my event; role model is my coach Scott Gurney because he has always been there for me and has passed on his experience; proudest accomplishment was becoming the 3000m Champion at the 2008 Canadian Legion Youth Nationals.



Jay Waters, Winnipeg

Birth date: April 29, 1991

Experience: Currently competes for Flying “M” Athletics; has been competing in track and field for two years.

Comments: Goal is to run a personal best in the 400m of 49 seconds; role models include my coach George Tanner and my teammate Kevin Esau who taught me how to work hard.



Jennifer Campbell, Winnipeg

Birth date: August 19, 1987

Experience: 2007 Western Canada Summer Games, 2009 CIS, 2009 Can West Championships; currently competes for PARC and the Bison Track and Field Team; has been competing in track and field for six years.

Comments: Goal for the Games is to run a personal best in the 400mH and medal in the relay; some of my greatest achievements include winning a bronze medal in the 4x400m at the 2009 Canada West Championships and finishing 11th in the 600m at the 2009 CIS Championships; I also play soccer for the University of Manitoba Bisons and South End United; role model is my former coach Dianne Sproll who got me into the sport of track and field.



Jody Adamson, Gladstone

Birth date: June 13, 1992

Experience: Juvenile Duel Track Meet, 2006 Manitoba Winter Games – gymnastics; currently competes for William Morton Collegiate Institute; has been competing in track and field for three years.

Comments: Goals for the games are to beat my personal best, place in the top 6 and to come home with a medal; I also compete in volleyball, basketball, curling, fastball, cross-country and hockey; my mom has had the greatest influence on me because she has always been there to drive my brother, sister and I where ever we need to go for our sports. She has always supported us and encouraged us; my greatest achievement was beating my personal best by three meters this summer.



Joshua Gundrum, Swan Lake

Birth date: June 28, 1989

Experience: 2007 Western Canada Summer Games.

Comments: Goals for the Games are to win Triple Jump and place top 5 in Long Jump; greatest achievements include winning gold at the 2008 Junior Nationals in Triple Jump with a personal best of 14.31m, winning gold at the 2009 Canada West Championships in Triple Jump and silver in Long Jump with a personal best of 6.79m; I also compete in baseball, hockey and curling; I am currently at the University of Manitoba studying Physical Education.



Josh Logoza, Winnipeg ☺

Birth date: August 4, 1989

Experience: 2003 Western Canada Summer Games – wrestling.

Comments: Goal for the Games is to be in the top 5; most thrilling achievement was the first time I vaulted over 3.40m; I also play ball hockey and touch football; role model is my mom, Teresa Logoza because she is also a vaulter and got me into the sport; my personal goals are to stay in shape and make university travel standard.



Karen Ferris, Holland, MB

Birth date: December 5, 1991

Experience: 2007 Western Canada Summer Games, 2008 Legion Youth Nationals, 2008 Junior Nationals; currently competes for Flying “M” Athletics Club; has been competing in track and field for four years.

Comments: Goal for the Games is to enjoy the Games atmosphere and throw at least average to what I normally do. A personal best would be an added bonus; I also compete in volleyball, fastball, softball and synchronized skating; role models are my parents who support me 100%, and Tammy Mahon, Team Canada Volleyball, because she is from the same small town as I am and she proven that it doesn't matter where you're from, if you commit yourself and try your best you can succeed.



Kieran Moolchan, East Selkirk

Birth date: January 29, 1989

Experience: 2007 Western Canada Summer Games bronze medallist, 2008 Canadian Junior National 100mH Champion; currently competes for Winnipeg Optimist Athletics; has been competing in track and field for five years.

Comments: Goal for the Games is a top three finish in the 110mH and a great time! Hobbies include being a total geek, as I love computers and computer games. Lead singer/pianist in the rock band December's Insurgency. I love drama and acting, and making little videos with my friends (including ones with light sabers!); most thrilling moment is every single university 4x200m relay race, and having someone crash next to you over the last hurdle at 2009 CIS; my nickname is L'Corvis.



Kimberly-Ann Bordun, Sundown

Birth date: February 10, 1989

Experience: Legion National Track and Field Championships silver medallist, 2008 and 2009 CIS bronze medallist; currently competes for Athletics Manitoba; has been competing in track and field for six years.

Comments: Goal for the Games is to run a relay and an individual event; models are my parents because they support for me no matter what the outcome, and they give me the guidance and encouragement when I want to give up sometimes. Also God, who gives me the confidence to continue to compete and train hard for competitions and to rely on him during the hard times.



Kristen Mackie, Emerson

Birth date: July 4, 1989

Experience: 2000 & 2004 Manitoba Summer Games, 2004 & 2005 Legion Nationals, 2005 Canada Summer Games, 2007 Western Canada Summer Games, 2008 Junior Nationals; currently competes for Flying "M" Athletics Club; has been competing in track and field for twelve years.

Comments: Goal for the Games is to throw personal bests, compete well and place in the top 8; I also play recreational volleyball and curling; one of my proudest accomplishments was receiving the 2008 Female Thrower of the Year.



Lacey Ginter, Altona

Birth date: November 19, 1987

Experience: Currently competes for the Bison Track and Field Club; has been competing in track and field for four years.

Comments: Goal for the Games is to run a personal best.



Lisa Wong, Winnipeg

Birth date: December 20, 1989

Experience: 2007 Western Canada Summer Games, 2009 CanWest Championships; currently competes for the Bison Track and Field Club; has been competing in track and field for five years.

Comments: Goals for the Games are to run under 12.4 in the 100m, jump over 5.40m in long jump and win the 4x100; role model is my boyfriend, Quin Ferguson because I see how hard he works to reach his goals, which pushes me to pursue goals of my own; my greatest achievement was having a major improvement in my 60m last indoor season with a personal best of 7.74.



Lucas Rodewald, Winnipeg

Birth date: June 25, 1990

Experience: 2005 & 2006 Legion Nationals, 2006 & 2008 Junior Nationals, 2007 Western Canada Summer Games, 2007 World Youth Championships, 2008 Senior Nationals; currently competes for Winnipeg Optimist Athletics; has been competing in track and field for five years.

Comments: Goal for the Games is to place top 3; some of my greatest achievements include a personal best of 2.07m in high jump, and placing third at the 2008 Junior Nationals; role model is Alex Lesiuk because he pushes me to be the best!



Matthew Fitkowsky, Winnipeg

Birth date: June 28, 1993

Experience: 2006 Hershey Track and Field Games, 2008 Manitoba Summer Games, 2008 Legion National Youth Track and Field Championships – 2nd place in the 400m, 3rd place in the 4x100m; has been competing in track and field for four years.

Comments: Goal for the Games is to try my hardest and know that there isn't anything I could have done better to improve; I am a midget indoor and outdoor record holder; most thrilling moment is running down the home stretch in any race; role models include my coach, Mr. Shynkaruk, who makes me train to the best of my ability so that I am ready for a race, and my mom who provides me with positive support.



Meagan Paracholski, Winnipeg

Birth date: September 30, 1993

Experience: 2006/7 Hershey North American Final, 2007 Western Canada Summer Games, 2008 Legion Nationals gold medalist; currently competes for Sisler High School; has been competing in track and field for four years.

Comments: Goal for the Games is to run a personal best and place as high as I can; I also compete in cross-country, basketball, volleyball, and soccer; role models are my family and my coaches for their support and encouragement; my personal goal in sport is to receive a scholarship to University and to travel for competitions.



Meaghan Woo, Winnipeg

Birth date: September 7, 1988

Experience: 2007 Western Canada Summer Games silver medalist; currently competes for PARC; has been competing in track and field for eight years.

Comments: Some of my proudest accomplishments include earning a bronze medal in the 4x200m relay at the 2009 CIS Track and Field Championships; my nickname is Woo; I am currently attending the University of Manitoba studying science.



Mélanie Grégoire, Winnipeg

Birth date: February 22, 1989

Experience: 2006 Legion Nationals, 2007 Western Canada Summer Games 2007 & 2008 CIS Cross-Country Nationals; currently competes for the Bison Track and Field Club; has been competing in track and field for six years.

Comments: Goals are to run personal bests and leave it all on the track; role model is Alex Bell; currently attending the University of Manitoba studying nutrition.



Meredith Stoesz, Winnipeg

Birth date: December 9, 1990

Experience: Currently competes for Winnipeg Optimist Athletics; has been competing in track and field for one year.

Comments: Personal best is 1.55m; hobbies include photography and basketball; role model is my sister because she is hardworking and creative.



Michelle Ocran, Winnipeg

Birth date: October 27, 1987

Experience: 2nd place at the 2005 MHSAA Championships in Shot Put, 2009 Manitoba Indoor Champion for Shot Put and Weight Toss; currently competes for Flying "M" Athletics Club; has been competing in track and field for seven years.

Comments: Goals in sport are to make the top 6 in Western Canada in Shot Put, Weight Toss and Hammer in the next four years; interests include computers and electronics, anime, manga, math and being an instructor for Air Cadets; my pre-competition routine is that I MUST wear something green.



Nathan Labbe, McCreary

Birth date: January 26, 1988

Experience: 2005 Canada Summer Games, 2006 & 2007 Junior Nationals gold medallist, 2007 Western Canada Summer Games, 2007 Pan American Junior Team, 2008 Olympic Trials bronze medallist; currently competes for Edmonton Sprint Academy; has been competing in track and field for five years.

Comments: Goal in sport is to take something for personal growth from the sport from hardships, successes and apply it to everyday life; some of my interests include alpine skiing, mountain biking and golf.



Patrick Kelly, Winnipeg

Birth date: November 15, 1987

Experience: Currently competes for the Bison Track and Field Club; has been competing in track and field for seven years.

Comments: Goal for the Games is to race and compete and see what I can do.



Quin Ferguson, Winnipeg

Birth date: July 15, 1988

Experience: 2007 Western Canada Summer Games, 2008 Olympic Trials – 5th place, 2008 & 2009 CIS; currently competes for the Bison Track and Field Club; has been competing in track and field for eight years.

Comments: Some of my proudest accomplishments include being a 6-time Canadian Interuniversity Sport Medalist, University of Manitoba Bison Track Athlete of the Year 2006-09, and 2008-09 University of Manitoba Athlete of the Year; my nickname is Q-Tip.



Rhys Lautenschlager, Morden

Birth date: August 19, 1990

Experience: 2007 Legion Nationals Track and Field Championships, 2008 Junior Nationals – 5th place in Decathlon; currently competes for Winnipeg Optimist Athletics; has been competing in track and field for five years.

Comments: Goal for the Games is to set an overall personal best in decathlon with at least 5000 points, and to enjoy the experience; some of my greatest accomplishments include holding high school records in 100, 200, 100mH, and being a ten-time provincial high school medalist; my high school track and field coach has the greatest influence on me because he was always encouraging me to do to the best I could and to always keep going.



Sara Harmon, Melita

Birth date: February 18, 1990

Experience: 2007 Western Canada Summer Games, Manitoba Games, four time High School Provincial Champion; has been competing in track and field for five years.

Comments: Goal for the Games is to get another personal best; role models are my coaches at Minot State University who constantly push and encourage me to achieve my goals, and my family for supporting me and helping to open up doors for opportunities; I also enjoy playing fastball, hockey and volleyball.



Sarah Boila, Winnipeg ☺

Birth date: September 27, 1992

Experience: Currently completes for Winnipeg Optimist Athletics; has been competing in track and field for two years.

Comments: Goal for the Games is to achieve a new personal best; most thrilling moment was experiencing the competition in Reno in 2009; I also enjoy playing gymnastics.



Thomas Miller, Winnipeg

Birth date: January 27, 1992

Experience: Has been competing in track and field for five years.

Comments: Goal for the Games is to run my best and try to improve upon my personal best; role model is my coach Jeremy Walker; greatest achievements include winning the Medley relay at the MHSAA Provincial Championships in both 2008 and 2009.



Travis Toet, Winnipeg

Birth date: March 27, 1989

Experience: Currently competes for the Bison Track and Field Club; has been competing in track and field for seven years.

Comments: Goal for the Games is to do the best I can and to push my physical limits; greatest achievement was winning the Canwest Championships with the University of Manitoba Bisons; I also enjoy basketball, soccer, wakeboarding and snowboarding.



Travis Waterhouse, Carberry

Birth date: May 25, 1988

Experience: 2007 Western Canada Summer Games.

Comments: Greatest achievements include placing 5th in javelin at the 2007 Western Canada Summer Games; goal for the Games is to throw a personal best.



Tyrone Welchinski, Oakbank

Birth date: September 2, 1989

Experience: 2009 CanWest; has been competing in track and field for two years.

Comments: Goal for the Games is to place in the top ten in my events; my personal bests are 3.90m in Pole Vault and 1.90m in High Jump; role model is teammate Josh Gundrum because his passion and dedication inspire us all; I also compete in beach volleyball.



Wilfred SamKing, Winnipeg

Birth date: November 6, 1992

Experience: 2008 Junior Nationals silver medallist; currently competes for Winnipeg Optimist Athletics; has been involved in track and field for eight years.

Comments: Goal for the Games is to learn and gather more experience from the elite athletes, coaches, and all other governing body. I would also love to embrace all the sights and all the great things the games have to offer; role models include God, my mother and Usain Bolt; some of my proudest athlete accomplishments include receiving Fort Richmond Collegiate Track and Field MVP in 2008 and WWAC Scholar Athlete in 2008.



Zacharie Durand, La Broquerie ☉

Birth date: April 20, 1989

Experience: 2007 Western Canada Summer Games bronze medallist; currently competes for the Bison Track and Field Club; has been competing in track and field for four years.

Comments: Goal for the Games is to podium finish in multiple events; some of my greatest achievements include winning two gold medals and one silver medal at the 2007 MHSAA Provincial Championships and medaling at the CIS Championships; role model is my family as they will always encourage me and push me to become better.



ATHLETICS – SPECIAL OLYMPICS



Ken Stevens, Winnipeg

Coach

Experience: 2007 Western Canada Summer Games; currently affiliated with Navvies TC; has been involved in athletics for thirteen years.

Comments: Goal for the Games is for the team to achieve personal bests all week long; I enjoy cycling, squash, football and golf; my personal goal in sport is to seek continuous improvement physically, mentally and emotionally.



Susan Lamboo, Winnipeg

Chaperone

Experience: 1994 & 1998 Special Olympics Canada National Summer Games (coach), 2001 Canada Games, 2002, 2004 & 2006 Special Olympics Canada National Games (team manager); currently affiliated with Special Olympics Manitoba.

Comments: Goal for the Games is for the athletes to get their personal bests; I play softball and senior women's basketball.

~Athletes~



Ashlee McLeod, Winnipeg

Birth date: October 2, 1987

Experience: 2001 Canada Games – swimming, 2007 Western Canada Summer Games – swimming, Special Olympics World Games – Dublin, Ireland, three time gold medalist in swimming, 2005 INAS-FID swimming – Czech Republic – 4th place; currently competes for the Bulldogs; has been competing in track and field for two years.

Comments: Goal for the Games is to win a medal and achieve a personal best; proudest accomplishment in sport is becoming the 2006 Female Athlete of the Year for Special Olympics; role model is my coach Eileen Thiessen because she is a great person to look up to and keeps you going and never lets you down.



Joseph Anderson, Winnipeg

Birth date: November 19, 1985

Experience: 2003 Western Canada Summer Games; currently competes for the Bulldogs; has been competing in track and field for eight years.

Comments: Goal for the Games is to personal best and win a medal; role model is my coach; I enjoy playing video games.



Melissa Daly, Winnipeg

Birth date: March 15, 1988

Experience: 2007 Western Canada Summer Games, 2009 Special Olympic Minnesota State Accomplishments – four gold medals; currently competes for Navvies TC; has been competing in track and field for six years.

Comments: Goal for the Games is to do my best and win medals; I also enjoy playing golf, basketball and bowling; role models are my coach Ken Stevens and my family; my nickname is Sassy.



Ryan Kneisz, Winnipeg

Birth date: October 3, 1989

Experience: 2004 Canada Winter Games bronze medallist – figure skating, 2006 Summer National Games; currently competes for the Bulldogs Track Club; has been competing in track and field for nine years.

Comments: Goal for the Games is to do my best; one of my proudest athlete accomplishments was being the first Manitoba Male Representative in figure skating in 2004; hobbies include floor hockey, soccer and various other sports.





Andrew Boehm, Portage la Prairie
Head Coach/Manager

Experience: 2002 World Junior Baseball Championships, 2003 Men's World Cup of Baseball – Havana, Cuba; currently affiliated with the Interlake Blue Jays Junior AAA; has been involved in baseball for forty years.

Comments: My personal goal in sport is to coach as a profession; some of my proudest accomplishments include being part of the National Youth Baseball Team as both an athlete and a coach/scout.



Glen Hunter, East St. Paul
Assistant Coach

Experience: 1981 Canada Games (athlete), 1990 Western Canada Summer Games silver medallist (coach); currently affiliated with the Elmwood Giant's Junior Baseball Team; has been involved in baseball for forty years.

Comments: Goal for the Games is to compete for a medal; role models are my father, Al Kinley and David Olsen because these three men have coached me and provided an example of how to carry oneself; one of my proudest accomplishments was being inducted into the Manitoba Baseball Hall of Fame in 2006 as a member of the '79-'80 Elmwood Giants.



Mike Labossiere, Brandon
Assistant Coach

Experience: 1973 Canada Summer Games (athlete – silver medallist), 1978 World Baseball Championship-Bologna, Italy, 1980 World Baseball Championship-Tokyo, Japan, 1985 Canada Summer Games (coach – silver medallist), has been involved in baseball for forty-nine years.

Comments: Goal for the Games is for the team to medal; I am a scout for the Milwaukee Brewers.

~Athletes~



Andrew Lochhead, Reston

Birth date: March 2, 1990

Experience: 2006 Manitoba Winter Games – badminton silver medallist, 2006 & 2007 Baseball Canada Cup, 2006 & 2007 Provincials – badminton silver medallist, 2008 Provincial Champion, 2008 Midget Nationals; currently plays for the Reston Rockets; has been playing baseball for sixteen years.

Comments: Goal for the Games is to be a team leader, play my role and do my best to make our team as successful as possible; role model is my baseball and hockey coach, Ross Tycoles, who I learned the most from because he is not the yelling type, he will just tell you if you are doing something wrong or wants you to change something; I enjoy playing hockey, golf, badminton, volleyball and enjoy bartending; I am currently attending Minot State University.



Bret Heselwood, Brandon

Birth date: October 16, 1991

Experience: 2008 Midget AAA Westerns in Estevan, SK, gold medallist, 2008 Midget AA Westerns in Okotoks, AB; currently plays for Brandon Midget AAA Knights and Senior AAA Cloverleaves; has been playing baseball for thirteen years.

Comments: Goal for the Games is to play well, help the team win gold and enjoy the moment; role models are my parents because they are always there; I also play hockey at the Manitoba Provincial AAA level; most thrilling moments were being picked for AA Westerns last year and winning gold with the team; my nickname is Smallz.



Christopher Perron, Belleville, ON

Birth date: March 15, 1990

Experience: 2007 Canada Cup, 2008 Provincials; currently plays for the St. James A's; has been playing baseball for fifteen years.

Comments: Goal for the Games is to bring home a medal for Team Manitoba; role model is my dad because he taught me what it takes to make it to the next level and also coached me for numerous years; proudest athlete accomplishment was being the Manitoba Baseball player of the Year; most thrilling moment was the walk off homerun in the 2008 Provincial Championships; I am currently attending the University of North Dakota studying Pre Med and Education.



Cody Hunter, East St. Paul

Birth date: December 21, 1990

Experience: 2008 Western Canada Baseball Championship silver medallist, 2008 Manitoba Midget Nationals – 4th place; currently plays for the Elmwood Giants; has been playing baseball for nine years.

Comments: Goal for the Games is to compete hard and reach our potential as a team as well as a player; some of my proudest athlete accomplishments include being part of the 2005 & 2006 Provincial Prospects Team, 2008 Provincial Midget All-Star team, and receiving the 2008 Manitoba Junior League All-Star; I also play high school hockey; role model is my dad, Glen Hunter, because he got me in to baseball and taught me everything I know about the game.



Cody Nevins, Brandon

Birth date: August 14, 1990

Experience: 2003 PeeWee Nationals, 2005 Bantam Nationals, 2008 Midget Western Canada Championships, 2005, 2006 and 2008 Volleyball Nationals; currently plays for the Brandon Marlins; has been playing baseball for ten years.

Comments: Goal for the Games is to get to the medal rounds, represent Manitoba and upset the big teams like B.C., Quebec and Ontario; role model is my former coach, Ron Popplestone, because he gave me my break in baseball and gave me the chance to improve as a player and as a person; some of my proudest accomplishments include earning three provincial medals in one year, receiving Top Pitcher and All-Star in both 2007 and 2008, and Graduating All-Star for volleyball in 2008.



Colin Waldner, Altona

Birth date: February 3, 1991

Experience: 2007 Western Canada Summer Games, 2007-2009 High School Provincials – gold medals all three times; currently plays for the Altona Bisons; has been playing baseball for twelve years.

Comments: Goal for the Games is to have fun and win a medal; proudest accomplishments were being chosen as High School Provincial MVP in both 2007 and 2008.



Darryl Ellis, Winnipeg

Birth date: October 25, 1990

Experience: 2005 Western Canada Baseball Championships silver medallist, 2008 Midget Nationals; currently plays for the Elmwood Giants; has been playing baseball for fourteen years.

Comments: Goals for the Games are to play to the best of my ability, be in the starting line up, hit well, be well prepared and win a medal; I also play hockey at the Junior A division 2 level and floor hockey in the Winnipeg floor hockey league; role model is my dad because he has always supported me; proudest athlete accomplishments include winning City Championships twice for hockey and once for baseball.



Derek Boehm, Portage la Prairie

Birth date: April 25, 1990

Experience: 2008 Canada Cup – 4th place; currently plays for the Interlake Blue Jays; has been playing baseball for nine years.

Comments: Goal for the Games is to win; some of my proudest athlete accomplishments include being Rookie of the Year for Athal Murray College of Notre Dame, and placing 4th in Halifax in 2009; I play hockey at the junior level, and enjoy snowboarding, skateboarding and shooting; role models are Roy Halliday and Albert Pujols; my nickname is Boehmer.



Elliot Desilets, Elie ☺

Birth date: January 20, 1991

Experience: 2006 Bantam National Championships – All-Star, 2007 Western Canada Summer Games, 2007 Midget Western Championships, 2008 Canada Cup – Player of the Games vs. PEI, 2008 Junior Western Championships – Player of the Game in the final; currently plays for the St. James A's; has been playing baseball for eleven years.

Comments: Goal for the Games is to throw quality innings as a pitcher and to have productive at bats as a hitter; role model is my first coach, Brian Herosian, because he taught me how to play the game and to strive for improvement every day; I enjoy playing hockey and golf, however I had to quit hockey to focus on baseball year round; my personal goal is to play baseball in college.



Garrett Popplestone, Brandon

Birth date: November 26, 1990

Experience: Bantam and Midget Nationals, 2008 Western Canada Baseball Championships gold medallist; currently plays for the Brandon Cloverleaves; has been playing baseball for thirteen years.

Comments: Goal for the Games is to bat above 250, play consistently efficient defence and bring positive energy to the field; some of my proudest athlete accomplishments include being the Medicine Hat Male Rookie of the Year & Conference All-Star (ACAC), Peewee, Bantam and Midget AAA Provincial Baseball Champions and being the High School Male Athlete of the Year; I am currently attending Medicine Hat University studying Environmental Science and Kinesiology.



Joshua Ginter, Winkler

Birth date: August 6, 1991

Experience: 2007 Western Canada Summer Games, 2007 & 2009 Provincial High School Baseball All-Star; currently plays for the Pembina Valley Orioles; has been playing baseball for five years.

Comments: Goal for the Games is contribute positively to my team; some of my proudest athlete accomplishments include being zone 4 High School Hockey Champions, receiving the Provincial High School Baseball All-Star award in both 2007 and 2009, and receiving the Trudy Galloway Memorial Bursary; role models are my coach Joe Wiwchar for introducing me to the game, my parents for transportation to and from the park, and my hockey coach Brendan Neufeld for teaching me leadership traits.



Mark Kerkowich, Neepawa

Birth date: May 28, 1990

Experience: 2007 Baseball Canada Cup, 2008 Midget AAA Nationals; currently plays for Valley State University; has been playing baseball for thirteen years.

Comments: Goal for the Games is to contend for a medal; I coach both baseball and hockey; role model is my father because he has been my coach throughout my entire life; proudest accomplishment was receiving the 2008 Manitoba Senior Baseball League Rookie of the Year award; my personal goal in sport is to coach at the highest level possible.



Nicholas Drews, Eriksdale

Birth date: October 30, 1990

Experience: 2007 & 2008 Midget AAA Nationals; currently plays for the Interlake Blue Jays; has been playing baseball for fifteen years.

Comments: Goal for the Games is to bat over 400 and on base over 500; I also curl at the competitive level; role model is my dad because he showed me how to play ball and also built a ball diamond for anyone to use; most thrilling moment was when I hit three triples in one day for the Junior Interlake Blue Jays; I am currently attending the University of Manitoba taking Pre-Medicine.



Paul Thompson, Pierson

Birth date: January 20, 1990

Experience: Manitoba Games – athletics, 2006 Nationals, 2007 Canada Cup, 2008 AAA Senior Nationals, 2008 AAA Midget Nationals; currently plays for the Reston Rockets; has been playing baseball for thirteen years.

Comments: Goal for the Games is to represent Manitoba the best I can; role model is my family because they support me and taught me everything about the game; most thrilling moment was throwing the complete game shutout at Midget AAA Nationals in 2006; I am currently attending Minot State University studying corporate fitness.



Ryan Shaw, Cardale

Birth date: December 15, 1991

Experience: 2004 Manitoba Summer Games, 2007 Western Canada Summer Games, 2008 Western Canadian Midget Baseball Championships gold medallist; currently plays for the Cardale Midgets; has been playing baseball for thirteen years.

Comments: Goal for the Games is to win; I also play high school volleyball and hockey; role model is my dad because he played and now coaches baseball; my proudest athlete accomplishment was receiving 2009 Male Athlete of the Year at Rivers Collegiate; my nickname is Neil.



Scott Dyck, Oak Bluff

Birth date: October 20, 1990

Experience: 2005 Western Canadian National Championships silver medallist, 2007 Western Canadian National Championships bronze medallist, 2007 Canada Cup, 2008 Canadian Baseball National Championship – 4th place; currently plays for North Dakota State University Bisons; has been playing baseball for thirteen years.

Comments: Goal for the Games is to win gold and get “w” in a game I pitch; role model is my dad because he has taught me everything I know about baseball; some of my proudest athlete accomplishments include being volleyball, hockey and baseball provincial champions; I am studying Pre Medicine at North Dakota State University.



Scott Peters, Altona

Birth date: October 2, 1990

Experience: 2008 Midget AAA National Championships, 2008 Midget AA Western Canada Championships gold medallist, 2007 and 2008 MHSAA Provincial Championships gold medallist; currently plays for Altona Jr. Bisons (MJBL); has been playing baseball for fourteen years.

Comments: Goal for the Games is to perform at my highest possible level, and to help my team win; most thrilling moment was hitting 6 Homeruns in 6 Games in Midget AA Provincials in 2007; role model is Tiger Woods.



Shane Seddon, Winnipeg

Birth date: May 8, 1990

Experience: Canada Cup, Midget Nationals, Midget & Junior Westerns; currently plays for the Elmwood Giants; has been playing baseball for thirteen years.

Comments: Goal for the Games is to perform to the best of my ability and make a run for a medal; role model is my dad because there were times when he pushed me to go to some events when I did not really want to and it paid off in the end by going; most thrilling moment was beating PEI in the quarterfinals last year at Nationals; I am currently attending MSU – Bottineau studying business.

BASKETBALL (FEMALE)



Cheryl Jean-Paul, Winnipeg

Head Coach

Experience: Currently coaches the Red River College Rebels.

Comments: Hopes to one day become a CIS head coach; most thrilling moment in sport was playing in a National Championship final as a CIS athlete for Manitoba Bisons.



Sarah Holder, Winnipeg

Assistant Coach



JoAnne Wells, Winnipeg

Manager

Experience: 2001 Canada Games – Team Nova Scotia. Played basketball for the University of Winnipeg Wesmen from 2000-2005.

~Athletes~



Alex Warburton, Carman

Birth date: March 19, 1993

Experience: 2008 Manitoba Summer Games, 2009 AAA Provincial Basketball Championships silver medallist, 2009 Basketball Manitoba Club Team Provincials gold medallist; currently plays for Team Manitoba basketball; has been playing basketball for four years.

Comments: Goal for the Games is to place top 5 and build some great friendships with my teammates; I also play volleyball, run track and field and do cross-country; role models are my parents for encouraging and supporting me in all I do. They sacrifice so much to see me succeed and for that I have great respect for them; I hope to one day earn an academic/athletic scholarship to play basketball at University.



Britley Wermie, Winnipeg

Birth date: July 22, 1992

Experience: 2008 Junior Varsity Provincial Championships gold medallist, 2008 Nationals, 2009 Varsity Provincial Championships gold medallist; currently plays for the Juvenile Provincial Team; has been playing basketball for four years.

Comments: Goal for the Games is to place top 5; role model is my family because they push me to a higher level; my proudest athlete accomplishment was making the 17U Provincial Team underage; my personal goal is to play basketball after high school.



Brittany Koop, Winnipeg

Birth date: October 19, 1993

Experience: 2007 Western Canada Summer Games, 2007 & 2008 Nationals Championships, 2008 Junior High Provincial Championship gold medallist, 2009 Junior Varsity Provincial Championship gold medallist; currently plays for Xplosion; has been playing basketball for five years.

Comments: Goal for the Games is to continue to develop my shooting and becoming a good team player; role model is my dad because he got me started and helps me with my development; I also play volleyball, hang out at the beach with my family and friends, and watch NBA basketball with my mom; some of my proudest athlete accomplishments include being JV Provincial MVP and winning the Provincial Championships with an undefeated season; I hope to one day play CIS basketball.



Carlene Ilago, Winnipeg

Birth date: May 10, 1992

Experience: 2007 Western Canada Summer Games, 2007 & 2008 Nationals; currently plays for the Juvenile Provincial Team; has been playing basketball for six years.

Comments: Goal for the Games is to place top 5; role model is my dad because he got me into basketball; my proudest athlete accomplishment was making the 17U Provincial Team underage; my personal goal is to play basketball after high school.



Cassandra Ordonez, Winnipeg

Birth date: March 15, 1993

Experience: 2007 Western Canada Summer Games, 2007 & 2008 U15 Nationals; currently plays for the Winnipeg Internationals; has been playing basketball for nine years.

Comments: Goals for the Games are to place top 5, help my team be physically, mentally and emotionally prepared for the Games and to have fun; most thrilling moment was shooting a half court buzzer beater when I was in grade seven against the grade nine Junior Wesmen; role model is my family; my personal goal in sport is to get a scholarship to play basketball at a North American University.



Elizabeth Simonsen, Winnipeg

Birth date: March 4, 1992

Experience: 2007 Western Canada Summer Games, 2007 Nationals; currently plays for the Winnipeg Internationals; has been playing basketball for eight years.

Comments: Goal for the Games is to place top 5; my proudest athlete accomplishment was being Provincial Champion; role model is coach Joe DiCurzio because he has been my coach since I began playing and has taught me everything I know; I also like to play volleyball, badminton and soccer, and enjoy swimming and rollerblading; my personal goal in basketball is to get better and gain experience by playing high level teams; my nickname is Liz.



Kenesha Giles, Winnipeg

Birth date: October 7, 1993

Experience: 2008 Nationals, 2009 JV Urban Girls Provincial Championships gold medallist; currently plays for Xplosion; has been playing basketball for five years.

Comments: Goal for the Games is to work hard and earn a medal; role model is my family because they give me the courage and confidence to play basketball; I also play volleyball, soccer and ultimate frisbee; some of my proudest athlete accomplishments include being All-Star of the Provincial Championship Tournament, Athlete of the Year four years in a row and scoring fifty-four points in one game.



Lauren Anderson, Winnipeg

Birth date: January 28, 1994

Experience: 2007 Western Canada Summer Games, 2009 Nationals - volleyball; currently plays for the Juvenile Provincial Team; has been playing basketball for eight years.

Comments: Goal for the Games is to place top 5; I also play competitive club volleyball; role model is my family because they support me; most thrilling experience was going to Western Canada Summer Games; proudest accomplishment was receiving Athlete of the Year in 2007; I hope to one day play CIS.



Siera Bubb, Winnipeg

Birth date: September 7, 1992

Experience: 2008 Provincial Nationals in PEI; currently plays for the Winnipeg Internationals; has been playing basketball for ten years.

Comments: Goal for the Games is to place top 3, work hard and have no regrets; role models are my mom because she is my biggest fan and is always encouraging and supporting me, and my coaches Michael Taan and Cheryl Jean-Paul for teaching me everything I know; my nickname is Si-Si; my proudest athlete accomplishments were receiving MVP and All-Star awards.



Stephanie Kleysen, Winnipeg

Birth date: November 22, 1992

Experience: 2007 Western Canada Summer Games, 2007 & 2008 Nationals; currently plays for the Winnipeg Internationals; has been playing basketball for five years.

Comments: Goal for the Games is to be a leader for my team and to place top 5; role models are my family, coaches and friends; I also play volleyball at a national level and enjoy dancing and going to my cabin; proudest athlete accomplishments are winning provincials two years in a row; my overall goal is to play university basketball.



Tia Coulter, Brandon

Birth date: March 23, 1993

Experience: Currently plays for the Juvenile Provincial Team; has been playing basketball for six years.

Comments: Goal for the Games is to finish top 5 and to play to the best of my abilities; role model was my former high school coach Mr. Malowski because he had our team's best interests at heart, and led us to two Provincial Championship finals and one Provincial Championship; I also play varsity volleyball; most thrilling moment was playing in the Varsity AAAA Provincial Finals and walking away with one championship; I hope to play university basketball.



Yael Kaplan, Winnipeg

Birth date: April 7, 1992

Experience: 2008 JCC Maccabi Games in Detroit, 2009 Maccabiah Games in Israel; currently plays for Xplosion; has been playing basketball for twelve years.

Comments: Goal for the Games is to place top 5; I also play volleyball, soccer and badminton; role models are University basketball players because they show me where I can be and what I have to do to get to the next level; proudest athlete accomplishments include being Gray Academy's Female Athlete of the Year in 2006, 2007 and 2008, MVP in 2007 and 2008, and scoring forty-nine points in a single game; my overall goal is to play university basketball.

BASKETBALL (MALE)



Kirby Schepp, Winnipeg

Head Coach

Experience: 2009 FIBA World Qualifiers in Mendoza, Argentina; currently coaches the University of Manitoba Bisons; has been involved in basketball for twenty-two years.

Comments: Goal for the Games is to medal; I also compete in tennis; role models are coach Bill Wedlake and my family; one of my most thrilling moments in sport was coaching the U17 National Team; my personal goals in sport are to be the head coach of the Canadian National Team, to win a Games medal and to win a CIS Championship.



Dean Favoni, Winnipeg

Assistant Coach

Experience: Coach of the Dakota Collegiate Men's team; has been involved in basketball for eighteen years.

Comments: Goal for the Games is to medal.



Jeff Laping, Winnipeg

Coach/Manager

Experience: 2005 Canada Summer Games (team manager); has been involved in basketball for thirty years.

Comments: Role model is my father Nick because he was an excellent coach and helped me a great deal.

~Athletes~



Anthony Coombs, Winnipeg

Birth date: October 26, 1992

Experience: 2008 & 2009 Junior Varsity Provincial Basketball Championship silver medalist; currently plays for the Sturgeon Heights Huskies; has been playing basketball for four years.

Comments: Goal for the Games is to medal; role model is Usain Bolt; I am also on the provincial football team; some of my proudest accomplishments include receiving the 2008 Male Rookie of the Year at Sturgeon Heights High School, 2008 Defensive player of the Year for the Sturgeon Heights Junior Varsity team, and the 2008 Offensive MVP for Sturgeon Heights Football.



David Kohler, Winnipeg

Birth date: May 8, 1992

Experience: 2008 Varsity Provincials silver medallist, 2009 Final Four Provincial Finals bronze medallist; currently plays for the Oak Park Raiders; has been playing basketball for ten years.

Comments: Goal for the Games is to try my hardest and medal; role model is my coach because he has pushed me to my full potential; I also play volleyball at my high school; most thrilling moment in basketball was dunking over someone; role model is Scott Kirkpatrick, my junior varsity coach, because had faith in me and taught me how to be a more confident ball player.



Given Isaac, Kenya

Birth date: August 28, 1992

Experience: Currently plays for the Winnipeg Wolverines; has been playing basketball for four years.

Comments: Goal for the Games is to play at my level; role model is Mike P.; most thrilling moment in sport was receiving AAA MVP.



Hudson Isaak, Winnipeg

Birth date: October 30, 1992

Experience: 2008 Junior Varsity Provincial Championship gold medallist; has been playing basketball for nine years.

Comments: Goal for the Games is to medal; role models are my coaches for their passion; my proudest accomplishment in sport was winning the Provincial Championship; my personal goal in sport is to work harder than everyone else; nickname is Lizard.



Joey Nitychoruk, Winnipeg

Birth date: June 14, 1993

Experience: 2008 Provincials; currently plays for St. Paul's High School; has been playing basketball for five years.

Comments: Goal for the Games is to score over twenty points in a game; role model is Dr. J; some of my proudest accomplishments include receiving the 2009 MVP for St. Paul's High School, and making the University of Winnipeg Wesmen Tournament All-Star Team in 2008; my overall goal in sport is to receive a scholarship.



Keith Omoerah, Winnipeg

Birth date: March 2, 1992

Experience: 2009 Club Provincial Tournament gold medallist; currently plays for the Winnipeg Wolverines; has been playing basketball for five years.

Comments: Goal for the Games is to medal; role model is my family because they are always there for me and without them I would not be able to have what I do in life right now; I also play high school competitive football, recreational soccer and volleyball; most thrilling moment in sport was winning Club Provincials with game winning steal and bucket; my overall goal is to play in college or university.



Marko Milosevic, Sarajevo, Bosnia

Birth date: January 24, 1992

Experience: 2007 Western Canada Summer Games, Nationals, 2009 Provincial Championship gold medallist; currently plays for the Winnipeg Wolverines; has been playing basketball for four years.

Comments: Goal for the Games is to be a leader and help my team win gold; role models are all of my coaches, parents and my former teammates Jarred Ogungbemi- Jackson and Brayden Duff; some of my proudest accomplishments include winning the provincial championship and being nominated to the All-Star team.



Michael Thorne-Finch, Winnipeg ☉

Birth date: February 26, 1993

Experience: 2008 U15 Nationals; currently plays for the Manitoba Magic and the Kelvin Clippers; has been playing basketball for six years.

Comments: Goal for the Games is to help my team as much as possible; role models include Peter Robertson-Stovel, Duane Brothers, Neil Bianca, Jamie Peters, Nathan Friesen, Chris Young, Sherwin Vasallo and Mr. North; proudest athlete accomplishments include receiving the Varsity Conference All-Star in 2009, scoring fifty-two points in a game and my first dunk in a game; I hope to play university basketball.



Philip Labongo, Winnipeg

Birth date: May 25, 1992

Experience: 2007 Western Canada Summer Games, Nationals; has been playing basketball for six years.

Comments: Goal for the Games is to win; role model is my brother because he always tells me like it is; some of my proudest accomplishments include being named to the 2009 All-Manitoban team, being ranked second in the province in 2009 and receiving the Tournament All-Star in more than five tournaments in 2009.



Sean Allarie, Winnipeg

Birth date: February 27, 1992

Experience: 2007 Western Canada Summer Games, 2007 & 2008 Nationals; currently plays for the Winnipeg Wolverines; has been playing basketball for seven years.

Comments: Goal for the Games is to win a medal; role model is my uncle because he was the one who taught me the game; my overall goal is to learn and become a better player.



Tanner Draward, Winnipeg

Birth date: August 24, 1992

Experience: 2007 Western Canada Summer Games; currently plays for St. Paul's High School; has been playing basketball for seven years.

Comments: Goal for the Games is to medal; role model is my older brother because he introduced me to basketball; proudest athlete accomplishment was getting to the Provincial High School final four.



Travis Krahn, Winkler

Birth date: February 26, 1992

Experience: 2007 Western Canada Summer Games; currently plays for the Garden Valley Zodiacs; has been playing basketball for three years.

Comments: Goal for the Games is to medal; role model is my older brother Trent because he has shown me what hard work really is and I have always pushed myself to be better than him; proudest athlete accomplishments include being Grade 9 Rookie of the Year and Grade 10 MVP for Garden Valley Senior Basketball team, Grade 10 Rookie of the Year for Garden Valley Senior Volleyball team, Grade 10 Junior Male athlete of the year for Garden Valley, and being the 2009 Garden Valley Collegiate Baseball Champions; I hope to receive a scholarship to either University or College to play basketball.



Jerome Seremak, Winnipeg

Head Coach

Experience: Has coached every Games since 1989; has been involved in paddling for thirty years.



Robin McClure, Winnipeg

Assistant Coach

Experience: 1989 and 2001 Canada Summer Games (canoe/kayak athlete); 1993, 2001 & 2005 Canada Summer Games (coach); currently affiliated with the Winnipeg Paddling Club; has been involved in paddling for twenty years.

Comments: Goal for the Games is to create a positive and supportive atmosphere for my team, assist the athletes to achieve their best possible results and to come away with great memories of the Games experience; I am a busy mom of two and work professionally as a physician; role model is my husband who is also a fellow coach and athlete, because he has a very different approach/perspective and I learn a great deal from him.



Kim Boulanger, Selkirk

Manager

Experience: Has been involved in paddling for six years as a parent.



Jan Kruk, Poland Krakow

Boatperson/Driver

Experience: Currently affiliated with the Selkirk Canoe & Kayak Centre; has been involved in paddling for thirty-eight years.



Fred Berard, Winnipeg ☉

Driver

Experience: Currently affiliated with the Manitoba Paddling Association.

~Athletes~



Alice Sherwin, Winnipeg

Birth date: February 1, 1988

Experience: 2003 Western Canada Summer Games, 2004-2007 Nationals, 2005 Canada Summer Games, 2007 Western Canada Summer Games; has been paddling for six years.

Comments: Goal for the Games is to have fun; role model is my mom; I also run with the Bison Track and Field Club; most thrilling moments in sport were winning the Manitoba Half Marathon and winning nationals C-2 in 2006.



Amanda Jones, East Selkirk

Birth date: February 3, 1990

Experience: 2005 Canada Summer Games; currently affiliated with the Selkirk Canoe & Kayak Centre; has been paddling for five years.

Comments: Goal for the Games is to meet new people; role models are my coaches and team; some of my proudest athlete accomplishments include receiving the Manitoba Paddling Association Rookie of the Year in 2006 and Selkirk Canoe/Kayak Centre's Most Improved Athlete in 2006.



Andri Shchudlo, Dugald ☉

Birth date: September 29, 1988

Experience: 2003 Western Canada Summer Games bronze medallist, 2005 Canada Summer Games silver medallist, 2007 Nationals, 2008 Nationals gold medallist; currently affiliated with Team Manitoba; has been paddling for seven years.

Comments: Goal for the Games is to medal in C-1 and C-2; role model is my mom because she is emotional, intellectual and a moral compass; some of my proudest accomplishments include being nominated as Manitoba Male Junior Athlete of the Year in both 2006 and 2007, and being on the 2007 National Development Team.



Blair Hunter, Winnipeg

Birth date: April 5, 1990

Experience: 2003 Western Canada Summer Games, 2005 Canada Summer Games; currently affiliated with the Manitoba Canoe & Kayak Centre; has been involved in paddling for eight years.

Comments: Role model is my older sister Megan Hunter; I also enjoy water skiing; my personal goals are to travel, stay in shape and have fun; my twin brother Cameron is also on the canoe/kayak team.



Cameron Hunter, Winnipeg

Birth date: April 5, 1990

Experience: 2003 Western Canada Summer Games, 2005 Canada Summer Games, 2007 Sprint Canoe Kayak Nationals bronze medallist, 2008 Sprint Canoe Kayak Nationals gold medallist; currently affiliated with the Manitoba Canoe & Kayak Centre; has been paddling for eight years.

Comments: Goal for the Games is for my crew to medal; my coach Jerome has had the greatest influence on me because I have worked with him for the past eight years; most thrilling moment in sport was winning the John W. Black trophy in 2008 with my crew; my personal goals are to continue improving, and enjoy the people and travel involved in canoe/kayak.



Danielle Verbrugge, Winnipeg

Birth date: June 25, 1993

Experience: 2003 Western Canada Summer Games, 2005 Canada Summer Games, 2007 Western Canada Summer Games; currently affiliated with the Manitoba Canoe & Kayak Centre; has been paddling for eight years.

Comments: Goal for the Games is to win gold in my C4; most thrilling moment was winning the Pink at nationals; role models include Derek Jones, Kara Hummelt, Amanda Jones, Jayne Sheperd, and my gym teacher Mr. Mitch; my personal goal is to win the Pink again.



Elizabeth Brigham, Winnipeg

Birth date: June 30, 1988

Experience: 2003 Western Canada Summer Games, 2005 Canada Summer Games, 2004 –2007 Sprint Canoe Kayak Nationals – two gold medals; currently affiliated with the Winnipeg Canoe & Kayak Centre; has been paddling for six years.

Comments: Goal for the Games is to establish a strong team boat; role model is men's kayak national team member Dave Anderson because his motivation and perseverance inspire me to excel; I hold four National Champion titles with my previous C2 partner; I am the Director of Operations and Communications at the Manitoba Paddling Association. I coordinate and direct the Dragon Boat Festivals in Manitoba.



Ian Ellis, Winnipeg ☺

Birth date: September 28, 1992

Experience: 2007 Western Canada Games – five bronze medals, 2007 & 2008 Canadian Nationals, 2008 American Nationals, 2009 Manitoba Cup gold medallist; has been paddling for three years.

Comments: Goal for the Games is to medal in at least one race; role model is Lionel Messi because of how much he does for his team in soccer; my personal goal in kayaking is to eventually join the Olympic team and win gold at nationals.



Jayne Shepherd, Winnipeg ☺

Birth date: September 20, 1993

Experience: 2007 Western Canada Summer Games – three gold medals, one silver medal and one bronze medal, 2007 Sprint Canoe Kayak Nationals, 2008 Sprint Canoe Kayak Nationals gold medallist, 2008 American Nationals; has been paddling for three years.

Comments: Goal for the Games is to win a medal in C2 1000-meter race and one in C2 500 meter race; most thrilling moment in sport was winning gold in C2 1000-meters Juvenile at Nationals; my personal goal is to make it however far I can go in women's canoeing.



Kara Hummelt, East Selkirk ☺

Birth date: October 25, 1992

Experience: 2004 Manitoba Summer Games – soccer, 2007 Western Canada Summer Games; currently affiliated with Team Manitoba; has been paddling for three years.

Comments: Goal for the Games is to build a really strong C2 and C4; I also run track; proudest athlete achievement was when I beat Lena!



Kiernan Broda-Milian, Winnipeg ☺

Birth date: May 15, 1993

Experience: 2009 Western Canadian Championships – biathlon top ten; currently affiliated with the Manitoba Canoe & Kayak Centre; has been paddling for one year.

Comments: Goal for the Games is to gain competitive experience and to perform to the best of my abilities; I also participate in competitive cross-country skiing and biathlon; role models are my coaches in paddling, biathlon and skiing because they were the ones who taught me to compete and everything I know about these sports.



Kyle Humniski, Selkirk

Birth date: October 8, 1993

Experience: 2007 Western Canada Summer Games; currently affiliated with the Selkirk Canoe & Kayak Centre and the Manitoba Paddling Association; has been paddling for three years.

Comments: Goal for the Games is to get my best results and win gold; I also play soccer; role model is Tom Sherwin; my nickname is Pony.



Lena Shepherd, Winnipeg ☺

Birth date: September 20, 1993

Experience: 2007 Western Canada Summer Games – three gold medals, one silver medal and one bronze medal, 2007 & 2008 Sprint Canoe Kayak Nationals gold and silver medallist; has been paddling for three years.

Comments: Goal for the Games is to win gold in all of my C2 races; role models are Andri Schudlo and Tom Sherwin because they give up everything for the sport; my twin sister Jayne and I paddle C2 together, we have since the beginning and we work very well together; proudest accomplishments include receiving the 2008 Female Athlete of the Year and winning gold C2 1000-meters Juvenile at Nationals in 2008.



Megan Hunter, Winnipeg

Birth date: February 5, 1988

Experience: 2003 Western Canada Summer Games, 2005 Canada Summer Games bronze medallist; currently affiliated with the Winnipeg Canoe Club; has been paddling for eight years.

Comments: In addition to paddling I enjoy biking, running, swimming, travelling, going on adventures, yoga, reading and listening to music; most thrilling moment was winning bronze at the 2005 Canada Summer Games.



Meaghan Kusyk, Winnipeg

Birth date: February 2, 1988

Experience: 2000 Manitoba Summer Games, 2002 Manitoba Winter Games, 2001 & 2005 Canada Summer Games, 2003 Canada Winter Games, 2003 Western Canada Summer Games, 2004 World Marathon Kayak Championships; has been paddling for five years.

Comments: Goal for the Games is to do the best I can; role model is my coach Jerome; I also compete in biathlon and enjoy BMX, dirt jumping and architecture; my proudest athlete accomplishment was placing 11th at the 2004 World Marathon Kayak Championships in Norway.



Micheal Delorme, Selkirk

Birth date: January 4, 1994

Experience: Manitoba Cup 2007 & 2008; currently affiliated with the Selkirk Canoe & Kayak Centre; has been paddling for three years.

Comments: Goal for the Games is to beat my personal best and enjoy the adventure; In addition to kayaking, I canoe and dragon boat for recreation and training; proudest athlete accomplishment was being the Most Improved Athlete in 2008; role models include my coach Jan because he pushes me to achieve my goals, my friends and team-mates because they encourage and motivate me, and my parents and family because they support and encourage me.



Nicholas Humniski, Selkirk

Birth date: April 26, 1991

Experience: 2005 Canada Summer Games, 2007 Western Canada Summer Games; currently affiliated with the Selkirk Canoe & Kayak Centre and the Manitoba Paddling Association; has been paddling for five years.

Comments: My most thrilling moment in sport was racing internationally, representing Canada; I also compete in water polo, cross-country running/skiing; my personal goal is to make the senior national team.



Tom Sherwin, Winnipeg ☺

Birth date: July 20, 1992

Experience: 2007 Western Canada Summer Games – six gold and four silver medals, 2006, 2007 & 2008 Sprint Canoe Kayak Nationals gold and silver medallist; currently affiliated with the Manitoba Paddling Association; has been paddling for five years.

Comments: Goal for the Games is to earn two medals in C2 and personal best in everything; I ski and run track and cross-country at the provincial level; role model is my sister Alice because without her I would have never began paddling. She is smart, down to earth and bizarrely mature for her age; most thrilling moment was winning Junior Men's C4 at Nationals; my personal goal is to compete at Junior World's.



Vanessa Jones, East Selkirk

Birth date: August 17, 1992

Experience: 2007 Western Canada Summer Games; currently affiliated with the Selkirk Canoe & Kayak Centre; has been paddling for four years.

Comments: Goal for the Games is to get a personal best time in a race; role model is my coach; I like to play non-competitive soccer, read, play outside and travel; in 2006 I was the Manitoba Paddling Association's Rookie of the Year.



Zane Clarke, Selkirk

Birth date: April 12, 1996

Experience: Manitoba Cup gold medallist; currently affiliated with Selkirk Canoe & Kayak Club; has been paddling for three years.

Comments: Goal for the Games is to try my hardest and nothing less; I also play volleyball and do track and field; role model is Nick Humniski who is a fellow paddler and is on the national team – he has always respected me; most thrilling moment was winning gold in the 1000m outside of the province.





Jayson Gillespie, Calgary, AB

Head Coach

Experience: 2007 Western Canada Summer Games Head Coach of the Alberta cycling team; currently affiliated with Team Manitoba; has been involved in competitive sport for twenty eight years and cycling for twenty years.



Ruth Schappert, Winnipeg ☉

Assistant Coach

Experience: Currently affiliated with Bikes & Beyond; has been involved in competitive sport for thirty-six years and cycling for six years.



Daniel Nemetchek, Winnipeg

Manager

Experience: 2007 Western Canada Summer Games; currently affiliated with Woodcock Cycleworks; has been involved in cycling for eight years.

Comments: Goal for the Games is to manage the team well; proudest athlete accomplishment was becoming the top male cyclist in Manitoba in 2007.



Kylie Case, Winnipeg

WIC Apprentice Coach

Experience: 2003 Western Canada Summer Games, 2005 Canada Summer Games, 2007 Western Canada Games Team Manitoba (staff); currently affiliated with Alter Ego Sports; has been cycling for ten years.

Comments: Goal for the Games is to assist the team in bringing home medals; role model is my brother because he is the one that influenced me to become involved with cycling and has always been very supportive of me. He is hard to impress, so I always worked hard to make him proud; most thrilling moment was medalling at my first out-of-province mountain bike race, which happened to be nationals, at the age of 16.



Daniel Peters, Winnipeg

Team Mechanic

Experience: Currently affiliated with Alter Ego Sports; has been involved in cycling for five years.

~Athletes~



Adrian Huemmer, Winnipeg

Birth date: September 13, 1990

Experience: 2004 Manitoba Games, 2007 Western Canada Summer Games silver medallist, 2008 National Championships Junior TT – 5th place, 2008 UCI Abitibi Nations Cup TT (Junior World Cup) – 6th place; has been cycling for ten years.

Comments: Goal for the Games is to medal in the TT; my biggest motivator has been the Tour de France – I used to watch it when I was young and dream of one day racing in it as a professional cyclist; my overall goal is to become a professional cyclist racing for a team in Europe.



Anna Schappert, Winnipeg

Birth date: April 30, 1991

Experience: 2004 Manitoba Summer Games, 2006 Manitoba Winter Games, 2007 Western Canada Summer Games, 2009 Canada Cup silver medallist; currently affiliated with Bikes & Beyond; has been cycling for six years.

Comments: Goal for the Games is to podium in the mountain bike and finish with the pack in the road race; role models are Catherine Pendrel and Karlee Gendron; some of my proudest athlete accomplishments include placing in the top 5 in mountain bike at the 2007 Western Canada Summer Games, and placing third in road race, second in criterium and fourth in GC at the 2009 Bikes on Broadway; my overall goal is to make a career out of cycling.



Blake MacKay, Winnipeg

Birth date: February 6, 1991

Experience: Manitoba Games - track and field, 2007 Cycling Nationals gold medallist, 2007 & 2008 Triathlon Nationals; currently affiliated with Woodcock Cycleworks; has been cycling for two years.

Comments: Goal for the Games is to enjoy the experience; my proudest accomplishment was winning gold at the U17 Nationals in 2007.



Clayton Meisner, East Selkirk

Birth date: February 6, 1987

Experience: 2007 Espior mens provincial time trial championships; currently affiliated with Olympia Cycle & Ski; has been cycling for four years.

Comments: Goal for the Games is to help my team accomplish our goals; role model is Fabian Cancellara; I am currently attending the University of Manitoba studying Kinesiology.



Dylan Harris, Selkirk

Birth date: July 18, 1987

Experience: 2007 Manitoba Cup gold medallist; 2008 Canmore Canada Cup bronze medallist; currently affiliated with Olympia Cycle & Ski and Team Manitoba; has been cycling for six years.

Comments: Goal for the Games is to give my absolute best effort, achieving the best possible team and personal results; my family is my biggest support system, especially my mom, and coach Dave Dorning is a big influence because he keeps me grounded and focused; I will be entering my 5th and final year at the University of Manitoba obtaining an Environmental Studies degree.



Haley Warkentin, Steinbach

Birth date: April 11, 1990

Experience: Currently affiliated with Body Driven; has been cycling for two years.

Comments: Role models include my coach Jayson Gillespie, and Kevin Braun because he got me into mountain bike racing and has provided a lot of information and support; I enjoy fishing, water sports and spending time with family; my personal goal in cycling is to gain experience and work towards a higher level of racing.



Jason Doverspike, Swan River

Birth date: April 29, 1989

Experience: 2005 Manitoba Summer Games, 2007 Western Canada Summer Games, 2007 Provincial Cycling Champion RR TT & Criterium gold medallist, 2009 Duluth Classic Sprint Championships gold medallist; currently affiliated with Woodcock Cycleworks and Team Manitoba; has been cycling for six years.

Comments: Goal for the Games is to win the road race, win the criterium and podium in the mtb race; role model is Jens Voigt because he will do anything for his team, as well as my former coach Marion because he taught me everything and pushed me to do better; my nickname is "pocket rocket".



Karlee Gendron, Winnipeg

Birth date: August 15, 1991

Experience: 2007 Canada Winter Games – long track speed skating bronze medallist, 2007 Western Canada Summer Games, 2008 International Superweek classic – 5th place, 2008 & 2009 National Age Class Champion – long track speed skating, 2009 Duluth Stage Race Classic gold medallist; currently affiliated with Woodcock Cycleworks and Team Manitoba; has been cycling for three years.

Comments: Goal for the Games is to finish top 10 in the road race and criterium and top 20 in the time trial; role model is Catriona Le May Doan and greatest influence in Anna Schappert; my personal goals in sport are to make the 2011 Junior National speed skating team, make the 2012 Senior National development speed skating team, followed by a national team and one day compete in the Olympics and World Cups.



Leah Kirchmann, Winnipeg ☺

Birth date: June 30, 1990

Experience: 2002 Manitoba Winter Games, 2004 Manitoba Summer Games, 2007 Canada Winter Games – cross-country ski, 2007 Western Canada Summer Games, 2008 National Time Trial Championships bronze medallist, 2008 Road Race National Championships bronze medallist, 2008 Mountain Bike and Road Race National Championships; currently affiliated with Alter Ego Sports and Team Manitoba; has been cycling for seven years.

Comments: Goal for the Games is to medal and enjoy PEI; some of my proudest accomplishments include being the Manitoba Female Road Cyclist of the Year and the Manitoba Female Mountain Biker of the Year; I will be entering my second year at Quest University Canada.



Lindsay Argue, Winnipeg

Birth date: July 6, 1989

Experience: 2005 Canada Summer Games, 2005, 2006 & 2007 Canadian Cycling Road Nationals silver and bronze medallist, 2007 Western Canada Summer Games; currently affiliated with Alter Ego Sports; has been cycling for five years.

Comments: Goal for the Games is to podium; I enjoy kayaking, quadding, snowshoeing, cross-country skiing, downhill skiing, snowmobiling and boating; role model is Marian Pyszcsek; some of my proudest accomplishments include being the 2007 Female Road Cyclist of the Year and the 2007 Female Athlete of the Year.



Paul Benson, Winnipeg

Birth date: September 28, 1989

Experience: 2005 Canada Summer Games, 2007 Canada Winter Games, 2007 Canada Western Games bronze medallist, Canada Cup bronze and silver medallist; currently affiliated with Alter Ego Sports; has been cycling for twelve years.

Comments: Goal for the Games is to place top 5 in the mountain bike race; role model is Geoff Kabush because he seems to have his own sense of style and is a Canadian mountain bike powerhouse.





Fin Temple, Winnipeg

Coach

Experience: Currently affiliated with Pan Am Diving Club; has been involved in diving for twenty years.

Comments: My overall goal is to teach my athletes to love the art of diving.



Lauren Penko, Winnipeg

Manager

Experience: 2005 Canada Summer Games – NAP artist, FISU World University Games, 2007 Orlando All-Star Challenge gold medalist, 2007 Italian Grand Prix, Rome – 11th place, Senior Nationals – 7th place, 2009 Southern California Invitational gold medalist; has been involved in diving for eight years.

Comments: Goal for the Games is to be organized and supportive for the team; role model is Paola Espinoza; I was a former gymnast. After my knee surgery I moved into diving and quickly became part of the top10 in Canada on 10m platform.

~Athletes~



Alexander Webster, Winnipeg ☺

Birth date: July 19, 1994

Experience: 2009 Manitoba Provincials gold medalist, 2009 Southern California Invitational, bronze medalist, 2009 Manitoba Provincial Diving Meet gold medalist; has been diving for two years.

Comments: Goal for the Games is to do all of my dives consistently; role model is my dad because he used to be a diver. He was in Canada Summer Games and Western Canada Summer Games for diving as well; I enjoy music and drum in both Jazz Band and Rock Band; most thrilling moment was my first jump off the ten meter; I hope to one day receive a university scholarship.



Cameron Cummings, Winnipeg

Birth date: June 12, 1995

Experience: 2009 Manitoba Provincials gold medallist, 2009 Junior Nationals, 2009 Southern California Invitational – 4th place; has been diving for two years.

Comments: Goal for the Games is to stay tight on every dive, have pointed toes and to compete in ten meter; role models are my coaches and team mates for their encouragement; most thrilling moments were getting over my fear of reverse one and a half after breaking my hand, as well as my first time qualifying for junior nationals on one meter; my personal goals in diving are to keep my scores above five on every dive and to learn some dives on the ten meter.



Justin Patson, Winnipeg

Birth date: September 5, 1992

Experience: 2009 Manitoba Provincials gold medallist; has been diving for one year.

Comments: Goal for the Games is to place well; role model is my mom because no matter what gets thrown at her she just keeps going with a smile; my personal best was scoring 277 my first competition.



Liana Martin, Winnipeg

Birth date: April 13, 1994

Experience: Has been diving for three years.

Comments: Goal for the Games is to dive well; I also enjoy playing volleyball; role model is my great grandmother because she achieved so much in her lifetime and was a great person.



Lily Kaufmann, Pittsburgh, PA

Birth date: June 21, 1996

Experience: 2007 Western Canada Summer Games, 2009 Western Canadian Championships bronze medallist; has been diving for six years.

Comments: Goal for the Games is to compete all of my new dives and get personal best scores; proudest athlete accomplishment was earning two gold on three meter; my personal goal in sport is to go to International events and place well, get a medal at nationals and continue synchronized diving; my nickname is Lil.



Morgan Wankling, Winnipeg

Birth date: September 29, 1994

Experience: 2007 Western Canada Summer Games, 2009 Southern California Invitational bronze medallist, 2009 Manitoba Provincials gold medallist; has been diving for seven years.

Comments: Goal for the Games is to final and get a personal best; my personal goals in diving are to overcome obstacles, keep getting better scores and achieve harder dives; my nickname is Moe.



Natasha Higham, Winnipeg

Birth date: December 21, 1995

Experience: 2007 Western Canada Summer Games, 2008 National Championships, 2009 Western Canadian Championships gold medallist, 2009 Southern California Invitational silver medallist; has been diving for three years.

Comments: Goal for the Games is to do my best in all of my events and make a final; I also play high school water polo, track and field and soccer; role models are Emiëllé Haymans, Shawn Johnson (gymnast) and Sarah Richardson (interior and exterior designer); some of my personal goals include travelling internationally, making the Canadian National Team and to try out for the Olympic Team.





Garth Goodbrandson, Winnipeg
Head Coach

Experience: Director of Player Development for Golf Manitoba, Provincial Team Coach for Golf Manitoba; coached Manitoba's Provincial Junior boys team at the Canadian Nationals eight times and Manitoba's Provincial Junior girls team at the Canadian Nationals twice; coached both the men's and women's Manitoba Provincial Team at the Canadian Nationals; Co Coach and co founder of the University of Manitoba golf team; twenty-six year member of the Canadian Professional Golf Association.

Comments: Proudest achievements include receiving the Manitoba PGA's "Junior Leader of the Year 1999 & 2000", the Canadian PGA's "Junior Leader of the Year 1999", named in the Canada Post's "Top 50 teaching professionals" in Canada, and being nominated in Golf Magazine's "top 100 teaching professionals".



Lisa Andersen, Winnipeg
Manager

Experience: 1990 Special Olympics Provincial Team (coach), 2006 Manitoba Winter Games (mission staff), 2007 Western Canada Summer Games (mission staff); has been involved in golf for thirty-six years.

Comments: Goal for the Games is to have our athletes come home from the Games with personal bests and an overall great experience; most thrilling moment was when my Rhythmic Gymnastics Provincial Team won the 1990 Special Olympics Nationals; I enjoy running and being a mom!

~Athletes~



Aaron Cockerill, Stony Mountain

Birth date: April 17, 1992

Experience: Western Canada Baseball Championships; currently a member of Pine Ridge Golf Club; has been golfing for fourteen years.

Comments: Goal for the Games is to place top 5 as an individual, and help my team any way I can; role models are my parents because they want me to do well, and Anthony Kim because he shows you can have fun and do well; most thrilling moment was making a 30-foot put on a playoff hole to win MST National Tour Championship; I have had four MST wins and am 2nd in Manitoba Junior.



Bri-Ann Tokariwski, Winnipeg

Birth date: July 2, 1992

Experience: Currently a member of Elmhurst; has been golfing for eight years.

Comments: Goal for the Games is to do the best I can and try to medal; role models are Derek Ingram because he has instilled many concepts, not just in golf, but in life, and my parents for supporting me and never pushing too hard; some of my proudest athlete accomplishments are being Manitoba Junior Champion in 2008, placing third at the Manitoba Junior Championship in 2007, and Bantam Champion in 2006; my personal goal is to play university golf.



Jenna Roadley, Winnipeg

Birth date: March 6, 1994

Experience: 2008 Canadian Junior Girls Golf Championship, 2008 Manitoba Juvenile Championship gold medallist; currently a member of Glendale Golf and Country Club; has been golfing for three years.

Comments: Goal for the Games is to play my personal best; I also play competitive club volleyball; role model is my dad because he got me into golf and has been my biggest fan since my first tournament; most thrilling moment was when I played in the Manitoba/Minnesota matches for the first time at the age of 13. I was very overwhelmed with all of the players and the really nice course; I hope to receive a scholarship to play in the United States.



Lindsay Stewart, Selkirk

Birth date: March 5, 1991

Experience: 2007 Provincial High School Golf Championship gold medallist, 2007 & 2008 National Junior Girls Golf Championships; currently a member of Selkirk Golf Course; has been golfing for seven years.

Comments: Goal for the Games is to do my best, and do well for my team and my province; I also play hockey in the Women's High School Hockey League; role model is my dad because he first introduced me to sports and he will love me no matter how well I do; most thrilling moment was going to Nationals; some of my proudest accomplishments include receiving the Selkirk High School Golf MVP award in both 2008 and 2009, as well as being on the Manitoba Junior team the past two years.



Myles Sullivan, Portage la Prairie

Birth date: April 25, 1993

Experience: 2008 Men's Rural Junior Golf Championship gold medallist, 2008 Manitoba Men's Junior Golf Championship, 2008 Canadian Junior Boys Championship, 2009 Men's Rural Junior Championship; currently a member of Portage Golf Club; has been golfing for eight years;

Comments: Goal for the Games is to play the best that I know I can and have a podium finish; I also play high school hockey and volleyball and enjoy paintball; role models are my parents and coach because they have given me a lot of their time and are very supportive; some of my proudest accomplishments include winning in the playoffs of the 2009 Men's Rural Junior Championship, and making it to the Canadian Junior Boys Championship in 2008.

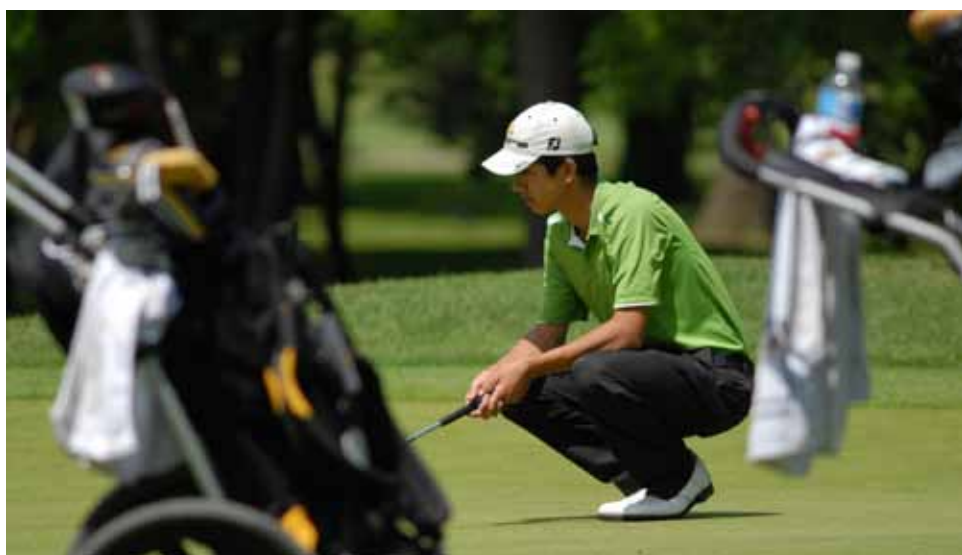


Ryan Pitzel, Winnipeg

Birth date: December 24, 1990

Experience: 2008 Manitoba Junior Boys Championship bronze medallist, 2008 Canadian Junior Boys Championship, 2008 CN Future Links Western Championship silver medallist; currently a member of Rossmere Country Club; has been golfing for twelve years.

Comments: Goal for the Games is to focus, play my best and finish top 10; I also play competitive hockey, badminton, cross-country and track and field; role models include my coaches, Garth Goodbrandson and Derek Ingram, because they have given me the opportunity to succeed and become a better golfer over the years, as well as my dad and my grandfather for taking time out of their schedules to teach me the game; my personal goal is to play university golf.





Steven Taylor, Winnipeg

Head Coach

Experience: 1999 Western Canada Summer Games (athlete), 2001 Canada Summer Games (athlete), 2005 Canada Summer Games (boatperson), 2007 Western Canada Summer Games (head coach); currently affiliated with the Manitoba Rowing Association; has been involved in rowing for twelve years.

Comments: Goal for the Games is to have the best performance ever for Rowing at a Canada Summer Games; role model is my mom; my overall goal in sport is to develop rowing in Manitoba so it is a top contender on the National Stage. I hope to put athletes on the National Team; most thrilling moment was Crews winning gold at Western Canada Summer Games and winning record number of events at the Royal Canadian Henley (first win as a coach).



Juliana Vipond, Winnipeg ☉

Assistant Coach

Experience: 2005 Canada Summer Games (athlete), 2007 Western Canada Summer Games (coach/manager); currently affiliated with the Winnipeg Rowing Club; has been involved in rowing for six years.

Comments: Goal for the Games is to help my athletes reach their potential, break through barriers and bring home the medals! Role model is my sister; currently attending the University of Manitoba obtaining a Bachelor of Kinesiology; most thrilling moment in sport was my crew winning gold in the Women's 4 at the 2007 Western Canada Summer Games.



Brian Walters, Winnipeg

Manager

Experience: Canada Games four times; has been involved in rowing for fifteen years.



Emily Silver, Winnipeg ☉

Boatperson

Experience: 2001 Canada Summer Games (athlete), 2005 Canada Summer Games (athlete); currently affiliated with the Winnipeg Rowing Club; has been involved in rowing for nine years.

~Athletes~



Annie Eastwood, Winnipeg

Birth date: March 8, 1989

Experience: 2005 Canada Summer Games, 2005-2009 Royal Canadian Henley – 2008 gold medallist, 2007 Western Canada Summer Games gold, silver and bronze medallist, 2007 Canadian Rowing Nationals, 2007 CanAmMex gold medallist; has been rowing for five years.

Comments: Goal for the Games is to medal in every event I take part in; role model is Michelle Mindemann because her mental strength is one of a lion, and she can push herself to the limits; some of my proudest accomplishments include winning gold at the CanAmMex in St. Catharines in the women's four, and winning San Diego in the women's eight; I am currently attending Washington State University.



Anthony Linton, Winnipeg ☉

Birth date: March 11, 1991

Experience: 2006 Basketball Nationals; has been rowing for one year.

Comments: Role model is Steve; my nickname is Ank.



Brooke Christie, West Hawk Lake

Birth date: January 8, 1991

Experience: Manitoba Games – soccer, mountain biking and cross-country ski, 2007 Canada Winter Games – biathlon, 2007 & 2008 Biathlon Nationals, 2009 Western Canadian Championships bronze medallist; has been rowing for one year.

Comments: Goal for the Games is to perform up to par with the more experienced Manitoban rowers, to race clean and to finish proud; role model is Megan Imrie because she has a very positive attitude and is a good example of finding balance in all the aspects of well-being that help one to succeed.



Cara Richmond, Ottawa, ON

Birth date: June 26, 1989

Experience: 2006 Women's National Basketball; has been rowing for one year.

Comments: Goals for the Games are to represent Manitoba as a formidable competitor and to enjoy this experience to the fullest because it is a once in a lifetime opportunity; I also played competitive basketball on provincial teams and for the Canadian Mennonite University; role model is my mom because her strength and courage is inspiration to me everyday. She is an amazing woman who has made me a better person.



Chris Yachison, Winnipeg

Birth date: July 7, 1990

Experience: Currently affiliated with the Winnipeg Rowing Club Senior Competitive; has been rowing for one year.

Comments: Goal for the Games is to win a medal and have some great races; role models are my grandparents because they have taught me to live life to the fullest and also made me realize the potential we all have to complete great things; most thrilling moment was winning a medal at Prairie Championships in the open men's quad; I will be entering my second year at the University of Winnipeg majoring in biochemistry.



Clarey Funk, Winnipeg

Birth date: February 21, 1990

Experience: 2007 Western Canada Summer Games gold and silver medallist, National gold medallist; has been rowing for five years.

Comments: Goal for the Games is to enjoy the experience while maintaining focus and drive to compete; role model is my dad because he has always been involved with the sports teams I have been on, is able to balance so many things while maintaining his integrity and dedication to all; I am currently attending the University of Western Ontario, entering my second year obtaining a B.Sc. Honours Specialization in Foods and Nutrition, and a Bachelor of Kinesiology.



Claudia Blandford, Winnipeg ☺

Birth date: August 8, 1989

Experience: 2006 CSSRA's gold medallist, 2007 CSSRA's silver medallist, 2007 Junior World Championships; 2008 Royal Canadian Henley gold medallist, 2008 Nationals gold and bronze medallist; currently affiliated with the Winnipeg Rowing Club and the University of Virginia Rowing; has been rowing for four years.

Comments: Goal for the Games is to medal in all of my events and to contribute to the overall team placing; role model is Gavin McKay because in addition to being a great coach, he is a great person. His enthusiasm and positive energy has influenced me to become a better athlete and teammate; most thrilling moment was 2007 CSSRA's open weight single where I beat third place by only half a second.



Francisca Strange, Valdivia, Chile

Birth date: September 17, 1990

Experience: 2007 Western Canada Summer Games gold medallist, 2008 National Rowing Championships, 2008 Royal Canadian Henley gold medallist; has been rowing for four years.

Comments: Goal for the Games is to do the best I can and hopefully medal; my proudest athlete accomplishments include placing first in the junior women's 2x and under 23 women's 4x at Royal Canadian Henley; my nickname is Fran.



Jeff Slater, Winnipeg

Birth date: March 9, 1990

Experience: 2005 & 2007 Canadian Volleyball National Open gold medallist, 2007 Western Canada Summer Games – volleyball; has been rowing for one year.

Comments: Goal for the Games is to medal.



Jesse Reitberger, Winnipeg ☺

Birth date: December 6, 1991

Experience: 2007 Western Canada Summer Games, CSSRA Rowing Championships – 5th place; has been rowing for three years.

Comments: Goal for the Games is to final in two events; the biggest sacrifice I made was leaving my friends and family to go to school in British Columbia to improve in rowing; my personal goal is to represent Canada at the Olympics; role model is Jeff Powell because he is a great rower.



Josh Mintz, Winnipeg

Birth date: July 3, 1992

Experience: 2008 Canadian Secondary School Rowing Association Championships silver medallist; has been rowing for three years.

Comments: Goal for the Games is to pull my best times for each event and medal in at least one event; role model is Ryan Slate - a former member of the Canadian National Team who coached me for my first two years of rowing and instilled a good sense of work ethic and what it takes to be successful in the sport of rowing; my dream is to one day row for Canada in the Olympic Games.



Kirk Vilks, Pinawa

Birth date: October 14, 1989

Experience: Manitoba Games – cross-country, 2005 Canada Summer Games, 2007 Western Canada Summer Games, 2008 Northwest Championship – four gold medals, 2009 Canadian University Championships; has been rowing for thirteen years.

Comments: Goal for the Games is to medal; role model is Bugs Bunny; my pre-competition routine is to sing “Hooked on a Feeling”; my nickname is Captain.



Margaret Banka, Winnipeg ☺

Birth date: May 14, 1990

Experience: Has been rowing for three years.

Comments: Goal for the Games is to challenge myself further and row my best amidst the likes of Canada’s best young rowers; role models are my entire rowing team because we push each other in so many ways; most thrilling moment was racing in a single for the first time in Regina Sprints in 2008 – I came in last but I had fun and that is when I knew I could keep doing it; my personal goal in sport is to learn and master a new skill every row; I am currently attending the University of Winnipeg pursuing a career in Nursing.



Mark Humphreys, Winnipeg

Birth date: March 20, 1990

Experience: Has been rowing for two years.

Comments: Goal for the Games is to pull hard and do well; most thrilling moment was winning the head of the Mississippi regatta last year in the eight; role models are the coaching staff and our support system for wanting us to do well and helping us to excel; I will be entering my second year at the University of Winnipeg; my personal goal in sport is to give it everything I have no matter what the sport, game or opponent.



Meghan Winsler, Winnipeg

Birth date: July 7, 1990

Experience: Has been rowing for one year.

Comments: Goal for the Games is to be the best I can be for my boat and my team; role models are my parents because of their dedication in the past to their own sports and marathons, and also for being supportive and encouraging in my sports; I used to be a competitive swimmer, played soccer at the Regional level, and ran track/cross country when I lived in Australia and raced in the US; my proudest athlete accomplishments include winning medals at various Provincial competitions and making the provincial relay for swimming.



Natasha Tersigni, Winnipeg

Birth date: January 3, 1990

Experience: 2007 Western Canada Summer Games; has been rowing for two years.

Comments: Goal for the Games is to pull hard and make every race count; role model is my mom because she believes in me; my personal goal is to compete at the national level.



Nia Perron, Winnipeg

Birth date: April 28, 1991

Experience: 2007 Western Canada Summer Games, 2009 Junior National Trails bronze medallist, ; has been rowing for four years.

Comments: Goal for the Games is to medal; most thrilling moments were winning two gold's at Henley, and being invited to the Junior National Team.



Nicole Bewski, Winnipeg

Birth date: November 14, 1991

Experience: 2006 Western Canadian Gymnastics Championships- vault silver medallist, 2006 L'International Gymnix- vault bronze medallist / all around – 4th place, 2007 Go For It Classic in Las Vegas - vault silver medallist; has been rowing for one year.

Comments: Goal for the Games is to help lead my crew to a medal finish or a team best; role model is my gymnastics coach Robert Persechino because he helped push me to reach my potential; I will be attending University of McGill beginning in the fall.



Paul Blandford, Winnipeg

Birth date: September 19, 1994

Experience: 2006 Manitoba Winter Games – downhill skiing; has been rowing for one year.

Comments: Goal for the Games is to enjoy the experience; role model is my older sister who has been to Mexico and Beijing, won at Henley, and currently rows for the University of Virginia; I also play school basketball and volleyball, recreational soccer, downhill skiing and have refereed soccer for two years; my proudest accomplishments are my several podium finishes in skiing.



Ricki Klowak, Winnipeg

Birth date: April 28, 1990

Experience: Currently affiliated with the Winnipeg Rowing Club and the Manitoba Rowing Association; has been rowing for three years.

Comments: Goal for the Games is to row my best and hopefully win a medal; role models are the other more experienced rowers on the team. They make me want to work harder and I do everything I can to not let them down. It is very important to me that they think I am a valuable member of this team; my personal goal is to continue rowing for as long as I can.



Russell Alexander, Winnipeg

Birth date: September 24, 1989

Experience: 2007 Western Canada Summer Games; has been rowing for two years.

Comments: Goal for the Games is to medal; role model is Adam Creek; most thrilling moment in sport was racing at Westerns; I also enjoy cycling; my personal goal in rowing is to pull hard.



Sydney Gilchrist, Winnipeg

Birth date: January 20, 1991

Experience: 2007 Western Canada Summer Games gold and silver medallist, 2009 Junior National Trials silver medallist; has been rowing for four years.

Comments: Goal for the Games is to reach my personal best; some of my proudest athlete accomplishments include winning gold at NWIRA in 2008 and the Prairie Championships, and silver at the Junior National Trials in 2009; I also play high school volleyball and basketball.



Tanner Pracek, Winnipeg

Birth date: November 21, 1991

Experience: 2008 Prairie Rowing Championships gold medallist; has been rowing for one year.

Comments: Goal for the Games is to finish in the top 3; role model is Steve Taylor for his positive attitude; I also enjoy playing badminton and hockey.



Tecla Scatliff, Winnipeg

Birth date: June 20, 1991

Experience: 2007 Canada Winter Games – air pistol shooting, 2007 Western Canada Summer Games gold and silver medallist, 2008 Nationals silver medallist, 2009 Junior National Team Trails silver medallist.

Comments: Goal for the Games is to medal; the biggest challenge I have had to overcome has been waking up at 4:30am every morning to row; role model is David Calder, my cousin and a three time Olympian. He won silver at the Beijing Olympics in the mens pair; my mom is the Assistant Chef de Mission for Team Manitoba.





Sandy Donald, Brandon

Head Coach

Experience: 2005 Canada Summer Games (coach); currently coaches the Brandon Barbarians RFC and the Manitoba U18 Men's Rugby; has been involved in rugby for thirty-three years.

Comments: Goal for the Games is to give my players the opportunities possible to develop as rugby players and the ability to medal; role model is Chris Davidson from Australia; proudest accomplishment as an athlete was representing Manitoba in inter-Provincial competitions; proudest accomplishment as a coach was the 2005 Canada Summer Games and the 2006 Canada U17 Tour of England.



Jon Fitzpatrick, Brandon

Assistant Coach

Experience: Currently coaches the Brandon Barbarians; has been involved in rugby for ten years.

Comments: Goal for the Games is to help the team earn the first ever medal in rugby for Team Manitoba; some of my proudest accomplishments include receiving the 2008 Rugby Manitoba Coach of the Year, 2003-04 Richmond Rugby Football Club Man of the Year, and coaching the 2005 Lower Mainland U18 Women's Champions; my personal goals in sport are to always improve and never stop learning.



Barry Andrew, Brandon

Manager

Experience: Currently coaches the Brandon Barbarians; has been involved in rugby for twenty-one years.

Comments: Goal for the Games is to have fun! I enjoy playing golf and baseball, and also enjoy hunting, fishing and being outdoors.

~Athletes~



Allan Michael Turnbull, Winnipeg

Birth date: August 8, 1991

Experience: 2008 Canada Cup – football, 2009 Provincial Rugby Championship; currently plays for the U of M Wombats.

Comments: Goal for the Games is to play as hard and as long as I can; I also play AA hockey and have been signed by Manitoba Bisons Football as a linebacker; role model is my father Ray Turnbull because he has played at both a National and World level and pushes me everyday.



Andrew Tefs, Winnipeg ☺

Birth date: February 15, 1991

Experience: Currently plays for the Winnipeg Wasps; has been involved in rugby for three years.

Comments: Goal in sport is to play every game like it is my last game; role models are coaches Ron Enberg and Geoff Oliver; I also do recreational cross-country skiing.



Brady Ingenmey, Minnedosa

Birth date: June 22, 1993

Experience: 2004 Manitoba Summer Games – Golf, 2006 Manitoba Winter Games – hockey, 2009 Rugby Provincials silver medallist; currently plays for the Minnedosa Chancellors; has been involved in rugby for eight years.

Comments: Goals for the Games are to play solid rugby, be a starter and win a medal; role model is my father because he lived a hard life but had his mind set on the right things. He pushes me and taught me to never give up; most thrilling moment was winning the 2008 Tournament of Champions in double overtime.



Brett Schulz, Swan River

Birth date: May 10, 1992

Experience: 2008 Rugby Nationals; currently plays for Swan River and Team Manitoba; has been involved in rugby for two years.

Comments: Goal for the Games is to do my best and make sure I don't let my team down; role model is my brother Dustin because he has been so successful as a football player.



Clayton Gallaway, Brandon

Birth date: September 10, 1992

Experience: 2007 Western Canada Summer Games bronze medallist; currently plays for the Brandon Barbarians; has been involved in rugby for six years.

Comments: Goal for the Games is to win a medal; I also run indoor and outdoor track.



Cody Kantyluk, Dugald

Birth date: July 2, 1992

Experience: 2006-2009 National Rugby Championships, Manitoba Games; currently plays for the Winnipeg Wasps; has been playing rugby for four years.

Comments: Goal for the Games is to win bronze; role model is my dad because he is the one that believes in me the most and has been there for me through the good and bad times. He pushes me to be the best and has sacrificed time and money to provide me the opportunity to do what I love. Without him I would not be where I am today; most thrilling moment was the opportunity to try out for Team Canada U17 Rugby.



Elias Fiebelkorn, Buenos Aires, Argentina

Birth date: July 27, 1991

Experience: 2007 Western Canada Summer Games bronze medallist; currently plays for the U of M Wombats; has been playing rugby for eleven years.

Comments: Goal for the Games is to play to the best of the team's abilities; role model is my father because he has taught me to appreciate the important things in life; I also play high school football; my overall goal in sport is to play at a competitive level for as long as possible.



Eric Harland, Winnipeg

Birth date: March 6, 1992

Experience: 2007 Western Canada Summer Games bronze medallist, 2008 Rugby Nationals; currently plays for the Saracens; has been involved in rugby for three years.

Comments: Goal for the Games is to win gold; role model is my papi; I also play lacrosse and compete in wrestling.



James McPherson, Winnipeg

Birth date: March 21, 1991

Experience: Currently plays for the U of M Wombats; has been involved in rugby for four years.

Comments: Goal for the Games is to play my best at all times and to help my team play as best as they can; role model is my wrestling coach Mr. Watson because he always believed in me and taught me a lot about respecting yourself and others in sport by never giving less than your best; most thrilling moment in sport was winning three consecutive Provincial Championships with my high school.



John Froggatt, Winnipeg

Birth date: August 2, 1993

Experience: U16 Provincial Rugby; currently plays for the Winnipeg Wasps, Colts Rugby and High School Rugby (both jr. varsity and varsity); has been involved in rugby for two years.

Comments: Goal for the Games is to medal; role models are my mother for never giving up and my father for doing what he does; proudest athlete accomplishments are becoming high school team MVP, Football Bantam Champion and Back of the Year for midget football.



Joshua Hart, Minitonas

Birth date: October 27, 1992

Experience: 2008 Canadian Nationals; currently plays for the Brandon Barbarians and the Swan Valley Tigers; has been involved in rugby for three years.

Comments: Goal for the Games is to medal; role model is my coach Jessie Dixon; I also play volleyball, basketball and football; my goal is to play rugby at a professional level.



Kraig Cober, Swan River

Birth date: March 31, 1992

Experience: 2008 National Games in Ottawa; currently plays for the Brandon Barbarians; has been involved in rugby for three years.

Comments: Goals for the Games are to play my hardest and do the best I can to contribute to the team, and to enjoy the experience to the fullest; role models are my family, coaches and some of my teachers for always being very encouraging and always pushing me to be the best I can be; "the best part of competitive sport is the adrenaline rush you get playing other teams of the same skill level and winning the game, knowing that you have given it your all and played with your heart and soul!"



Luke McKim, Winnipeg

Birth date: April 22, 1991

Experience: 2007 Western Canada Summer Games bronze medallist; currently plays for the Winnipeg Wasps; has been involved in rugby for six years.

Comments: Goal for the Games is to medal and leave with a sense of pride in my teammates and myself; role model is my coach/father, Guy McKim, because he is always at my games observing and supporting. I began playing rugby to carry on my father's love for the game and in turn began to also develop a love for the game.



Luke Zinger, Winnipeg

Birth date: August 6, 1991

Experience: 2007 Western Canada Summer Games bronze medallist; currently plays for Glenlawn Collegiate and the Winnipeg Assassins; has been playing rugby for three years.

Comments: Goal for the Games is to outwork my opposition and bring home a medal; I also play water polo and hockey and enjoy running, watching baseball and canoeing; role model is Guy McKim for teaching me more and more about the sport each time I talk to him; I am proud to have been representing Manitoba since I began playing rugby and I hope to keep playing throughout my life.



Mark Papko, Winnipeg

Birth date: March 13, 1991

Experience: 2006, 2007, 2008 & 2009 Manitoba Provincial Rugby Championships, 2008, 2009 Manitoba Provincial Hockey Championships; currently plays for St. Paul's High School; has been involved in rugby for six years.

Comments: Goal for the Games is to do my absolute best so Team Manitoba can bring home gold, and also to have fun; proudest achievements in sport include receiving MVP for St. Paul's football in 2007, Coaches Choice Award for St. Paul's Rugby in 2007 and the Crusader's Spirit Award in 2009; most thrilling moment was playing in the 2008 Europe Hockey Tournament in Austria, Prague, Hungary and Frankfurt; I will be attending St. Cloud University in Minnesota in the fall of 2009 earning a Bachelor of Aviation degree.



Matthew Cooper, Minnedosa

Birth date: November 22, 1992

Experience: U14 Rugby Games in Calgary; currently plays for the Minnedosa Chancellors; has been involved in rugby for five years.

Comments: Goal for the Games is to participate; my goals in sport are to reach a high level of competition and to hopefully play overseas; role models are my brothers because both of them strive to overcome their achievements; most thrilling moment was becoming captain of the team.

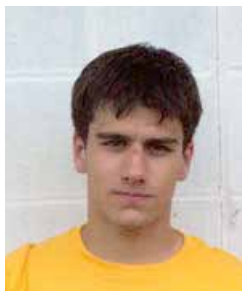


Matthew Lind, Winnipeg

Birth date: January 21, 1991

Experience: 2007 Western Canada Summer Games bronze medallist, Nationals; currently plays for the Winnipeg Wasps; has been playing rugby for four years.

Comments: Goal for the Games is to win; role model is my wrestling coach Kryztoyf Staziak; I also enjoy wrestling, school and work; most thrilling moment was winning bronze at Western Canada Summer Games.



Michael Langdon, Winnipeg ☉

Birth date: April 16, 1991

Experience: 2007, 2008, 2009 High School Provincials – gold medal each year, 2008 Rugby Nationals; currently plays for the U of M Wombats; has been involved in rugby for four years.

Comments: Goal for the Games is to take home a medal; role model is my teammate Elias Fiebelkorn because he is the one who convinced me to try out for the provincial team and is always pushing and encouraging me; my proudest athlete accomplishments include St. Paul's High School Junior Varsity team MVP in 2007 and being a provincial team member; I also compete in high school wrestling and do recreational downhill skiing.



Nicholas Cobb, Winnipeg

Birth date: February 17, 1992

Experience: Canada Cup – football; currently plays for St. Paul's High School; has been involved in rugby for five years.

Comments: Goal for the Games is to medal and be the best team member, player and person I can be; role models are Clancy Doiron, my father, and my team mate Elias Fiebelkorn; my proudest athletic accomplishments include MVP for my football team, Offensive Player of the Year and the fact that my rugby team is undefeated for the third year in a row.



Nicholas Gladu, Winnipeg

Birth date: April 19, 1991

Experience: 2008 Rugby Nationals in Ottawa, 2007, 2008, 2009 High School Provincials – gold medal each year; currently plays for St. Paul's High School; has been involved in Rugby for three years.

Comments: Goal for the Games is to medal for the first time in Canada Games history for the U18 Manitoba Rugby; role model is my team mate Elias Fiebelkorn because he got me into rugby and has supported me the whole way through; most thrilling moments in sport were Provincials, City Championships and Nationals in 2008.



Reginald Vaughn Turnbull, Winnipeg

Birth date: August 8, 1991

Experience: Canada Cup – football; currently plays for the U of M Wombats; has been involved in rugby for four years.

Comments: Goal for the Games is to play to the best of my ability; role model is Kyle Shewfelt; I also play provincial and high school football, AA hockey and lawn bowling.



Ryan Jones, Oakbank

Birth date: December 14, 1993

Experience: Currently plays for the Winnipeg Wasps; played four years of rugby in the United Kingdom and has played for two years in Canada.

Comments: Goals for the Games are to set up as many tries as possible for my fellow team-mates, and be responsible and respectful on and off the field; role models are Jim Osler - teacher, friend and rugby coach, Blair Cressman – rugby coach and Johnny Wilkinson – professional rugby player in the U.K; my proudest athlete accomplishments include being awarded 'Manitoba' Special Teams Player of the Year in 2008, Player's Player of the Year in 2002 and Manager's Player of the Year in 2001.



Stephen Spikula, Winnipeg

Birth date: November 22, 1991

Experience: 2007, 2008, 2009 High School Provincials – gold medal each year, 2008 Canada Rugby Nationals; currently plays for Manitoba Rugby and the U of M Wombats; has been involved in rugby for four years.

Comments: Goal for the Games is for the team to place top three; role model is my coach Sandy Donald because he has taught me everything about the game; I also play hockey and AA football; most thrilling moment was winning Varsity Boys High School Provincial Championships.



Thomas Parish, Otley, North Yorkshire

Birth date: November 17, 1992

Experience: 2008 Nationals; currently plays for the Minnedosa Chancellors; has been involved in rugby for nine years.

Comments: Goal for the Games is to go out there and give it everything I have with no regrets; role models are my brother and dad because they are good at sports and have taught me everything I need to know; most thrilling moment was saving the penalty shot to win second place in soccer.



Thomas Roche, Minnedosa

Birth date: April 25, 1993

Experience: 2004 Manitoba Summer Games – Triathlon, 2006 Manitoba Winter Games – hockey, 2007 U14 Rugby Nationals, 2008 U18 Rugby Nationals; currently plays for the Minnedosa Chancellors; has been involved in rugby for eight years.

Comments: Goal for the Games is to gain experience at a higher level of rugby and to improve my fitness, strength and skill in rugby; role model is my dad because he has guided me through and helped me excel in sport, education and life in general; most thrilling moment in sport was when my team beat Souris in League Finals in the last two seconds of the game; some of my proudest athlete accomplishments include winning gold in the 2006 Hockey Provincials, and becoming 3rd in the Province for gymnastics; I also play hockey, AA badminton, volleyball, soccer, track and field, cycling and recreational golf.





Brigitte Smutny, Winnipeg

Coach

Experience: 1999, 2003 & 2007 Western Canada Summer Games, 2001 & 2005 Canada Summer Games, 2003 & 2007 Canada Winter Games, 2008 Manitoba Summer Games; currently affiliated with the Manitoba Sailing Association; has been involved in sailing for forty years.

Comments: Goal for the Games is to provide the athletes with the best experience ever; all four of my children have competed at Games in sailing; my overall goal in sailing is to get as many athletes as possible involved in the sport.



Craig Baker, Winnipeg

Manager

Experience: 1993 & 1997 Canada Summer Games (athlete), 2005 Canada Summer Games (manager), 2007 Western Canada Summer Games (manager); currently affiliated with the Manitoba Sailing Team; has been involved in sailing for twenty-three years.

Comments: Goal is to provide great training opportunities, and to educate and promote sport, especially sailing; role model is my dad because he is inspirational.

~Athletes~



Dylan McMorris, Winnipeg ☺

Birth date: April 8, 1991

Experience: 2007 Western Canada Summer Games gold medallist, Youth Nationals; currently affiliated with Victoria Beach Yacht Club and the Manitoba Sailing team; has been sailing for twelve years.

Comments: Goal for the Games is to medal; role models include my dad for teaching me how to sail, Brigitte Smutny for helping me to continually improve, and my coach Craig Baker because he inspires me as an athlete; one of my greatest achievements was receiving the fair play award at the 2008 Youths.



Julia Bailey, Thunder Bay, ON

Birth date: April 9, 1990

Experience: 2003 & 2007 Western Canada Summer Games; 2007 Youth Nationals bronze medallist; currently affiliated with the Temple Reef Yacht Club; has been sailing for nineteen years.

Comments: Goal for the Games is to do my best and remain focused; I also compete in downhill skiing, cross-country running, badminton, tennis and soccer; one of my proudest accomplishments was receiving Top Female U19 Sailor in both 2007 and 2008.



Kyle Ross, Winnipeg

Birth date: November 27, 1990

Experience: 2007 Western Canada Summer Games silver medallist; currently affiliated with the Falcon Yacht Club; has been sailing for ten years.

Comments: Goal for the Games is to enjoy the experience and perform at my best; I also play golf, hockey and ultimate frisbee; role model is Craig Baker because he never stops helping me become the best I can be; I am currently in my second year of Engineering at the University of Manitoba.



Rory McMorris, Winnipeg ☺

Birth date: July 26, 1989

Experience: 2007 Western Canada Summer Games gold medallist; currently affiliated with Victoria Beach Yacht Club and the Manitoba Sailing team; has been sailing for twelve years.

Comments: Goal for the Games is to medal; I also play hockey, ultimate frisbee and snowboard; some of my proudest accomplishments include winning gold at the 2007 Western Canada Summer Games and receiving the 2007 Sailor of the Year Award.



Jocelyn McLaren, Winnipeg

Birth date: March 31, 1990

Experience: 2003 & 2007 Western Canada Summer Games, 2008 Youth Nationals; currently affiliated with the Manitoba Sailing Team; has been sailing for eight years.

Comments: Goal for the Games is to come out of it with an amazing and positive experience, and perhaps a medal; role model is Penny McMorris because she is always willing to do things for other people, always makes a delicious meal, and can always seem to put a smile on even in stressful times; proudest accomplishment was getting first in every race at the Viking Cup.



Vanessa Stewart, Winnipeg

Birth date: August 18, 1990

Experience: 2007 Western Canada Summer Games; has been sailing for five years.

Comments: Goal for the Games is to finish top 4.

SOCCER (FEMALE)



Stacey McLeish, Winnipeg

Head Coach

Experience: 1993 Canada Games (athlete), 1997 Western Canada Summer Games (athlete), 1997 Canada Games (referee), 2003 Western Canada Summer Games (coach), 2007 Western Canada Summer Games (coach); currently the coach of the Manitoba Provincial Team; has been involved in soccer for thirty years.

Comments: Goal for the Games is to assist the team with bringing home a medal; role model is my mother because she believes in my abilities, has taught me loyalty and work ethic, and has supported my desire to participate in soccer; my personal goal in sport is to provide an opportunity and environment where the players have the ability to succeed.



Rob Gale, Winnipeg

Assistant Coach



Donna Wilford, Winnipeg

Manager

Comments: Goal for the Games is to do everything I can to ensure that the athletes are able to focus on playing to the best of their ability.

~Athletes~



Alaina Foderaro, Winnipeg

Birth date: March 4, 1992

Experience: 2008 All-Stars, 2007 Rocky Mountain Cup; currently plays for South End United; has been playing soccer for seven years.

Comments: Goal for the Games is to do my part for the team and come back with a medal; proudest athlete accomplishments include making NTC, attending travelling weekends, and making MSA finals three years in a row; role model is my dad because he pushed me and helped me get to where I am today; my personal goals in soccer are to win MSA Cup this year and go to Nationals, get a scholarship to play in University, or just continue to play while in University.



Alisha Lee, Winnipeg

Birth date: February 5, 1991

Experience: 2007 Western Canada Summer Games – 4th place; currently plays for South End United and Manitoba Provincial Soccer; has been playing soccer for eight years.

Comments: Goal for the Games is to perform well and help my team bring home a medal; my most thrilling moment was competing at the 2007 Western Canada Summer Games because it was such an awesome experience; my personal goals in sport are to perform to the best of my ability and leave everything I have on the field.



Alison Clarke, Winnipeg

Birth date: March 23, 1993

Experience: 2008 Club Nationals, 2008 Provincial All-Stars; currently plays for South End United; has been playing soccer for eight years.

Comments: Goal for the Games is to represent my province, play to the best of my ability and lead my team; role models include my parents and Ryan Giggs from Manchester United because he shows what hard work, skill and dedication to your sport can get you; my proudest athlete accomplishments were receiving South End Female Player of the Year in 2008, and making NTC (National Training Centre) Prairies; my personal goal is to be selected to the U17 National Team.



Brittany Wheeler, Winnipeg

Birth date: September 15, 1992

Experience: 2006 & 2008 All-Stars, 2007 Western Canada Summer Games, 2003, 2005 & 2007 Rocky Mountain Cup; currently plays for Phoenix Soccer Club; has been playing soccer for ten years.

Comments: Goal for the Games is to medal; role model is my mom because she believed in me and helped me to pursue my dream in soccer; some of my proudest athlete accomplishments include training with the National Training Centre for three years, competing at the 2007 Western Canada Summer Game, and winning silver at the 2007 All-American Girls Tournament; my personal goal is to achieve a scholarship to a University in the South.



Delaney Ratcliffe, Winnipeg

Birth date: October 3, 1994

Experience: 2008 Club Nationals, 2008 Provincial All-Stars; currently plays for the Bonivital Flames; has been playing soccer for eleven years.

Comments: Goal for the Games is to be part of a successful team; role model is Mick Gale; some of my proudest accomplishments include being on the Provincial team from 2006-2009 and being the 2009 MVP for J.H. Bruns.



Devon Pearce, Winnipeg

Birth date: February 15, 1991

Experience: 2004 Rocky Mountain Cup, 2005 - 2007 Provincial All-Stars, 2007 Western Canada Summer Games; currently plays for South End United; has been playing soccer for thirteen years.

Comments: Goal for the Games is to medal and to play as best as possible; role model is my sister Jen because she is always there for me when I need advice, and she is doing really well for herself – I would love to be just like her; some of my proudest athlete accomplishments include receiving MVP in MSA, being captain of the provincial team and being scouted to NTC.



Gillian Sidon, Winnipeg

Birth date: July 28, 1991

Experience: 2007 Provincial All-Stars; currently plays for Portage Trail Soccer Club; has been playing soccer for fourteen years.

Comments: Goal for the Games is to play to my best and medal; I also play high school volleyball and basketball; role model is my dad because he is always there for me and pushes me in a positive way; proudest athlete accomplishment was winning the Female Soccer Athlete of the Year for Portage Trail; my personal goal is to become a starter for a university soccer team.



Jacqueline Tessier, Winnipeg ☺

Birth date: September 20, 1991

Experience: 2006 Soccer Club Nationals silver medallist, 2007 All-Stars, 2007 Western Canada Summer Games; currently plays for the Bonivital Flames; has been playing soccer for twelve years.

Comments: Goals for the Games are to play some great soccer against tough competition, to grow as a team, improve as an individual and win a medal; role model is my U14 premier coach because he gave me a good set of skills as a base to work from and a true passion for the sport; some of my proudest athlete accomplishments include receiving MVP at the 2008 Provincial Club Finals and Top Female Athlete at St. John's Ravenscourt in 2009.



Jane Coughlin, Winnipeg

Birth date: May 31, 1991

Experience: 2004 Manitoba Summer Games, 2006 Rocky Mountain Cup bronze medallist, 2007 Western Canada Summer Games, 2007 All-Stars; currently plays for South End United; has been playing soccer for fifteen years.

Comments: Goal for the Games is to win a medal; I also play beach and indoor volleyball; role model is my grandma because she is phenomenal; most thrilling moment was winning bronze at the 2006 Rocky Mountain Cup; my nickname is Wee-Wee.



Jennifer Loewen, Winnipeg

Birth date: July 26, 1992

Experience: 2006 & 2008 Provincial National All-Stars, 2008 Club Nationals; currently plays for the Phoenix Soccer Club; has been playing soccer for twelve years.

Comments: Goal for the Games is to be part of the starting eleven and bring home a medal; role model is Rob Gale because he made me realize my talents and built my confidence to become a stronger player; most thrilling moment was playing in the determining match against BC at National All-Stars because this was my best game ever – I did not let anything by me.



Kayla Jacobsen, Winnipeg ☺

Birth date: January 6, 1992

Experience: All-Stars Provincial/National Championships, 2008 Club Nationals; currently plays for Phoenix Soccer Club; has been playing soccer for twelve years.

Comments: Goal for the Games is to play my best and be in peak form to perform under all circumstances; role models are my dad because he taught me a lot, and Rob Gale because he showed me how to keep the game fun; most thrilling moment was receiving Female Player of the Year in 2005; my nickname is Jakey.



Kayla Storimans, Winnipeg

Birth date: March 6, 1992

Experience: 2005, 2007 & 2008 All-Stars, 2007 Western Canada Summer Games, 2008 Club Nationals; has been playing soccer for thirteen years.

Comments: Goal for the Games is to win a medal and enjoy the experience; role model is Rob Gale because he made soccer fun; most thrilling moment was winning high school provincials in 2009; my nickname is Stormy.



Marissa Wilford, Winnipeg

Birth date: April 1, 1991

Experience: 2007 Western Canada Summer Games, 2005-2008 Club Nationals silver medallist, 2005-2007 All-Star Nationals; currently plays for Team United; has been playing soccer for fifteen years.

Comments: Goal for the Games is to play to the best of my ability, have confidence in my play, and win a medal; I also play basketball, handball, rowing, soccer, dragon boat racing and cross-country running; role models are my parents because they are always behind me 100% and have always been there to lend a hand or give words of wisdom in any time of need; I will be attending the University of Saskatchewan in the fall.



Michelle Hamilton, Winnipeg

Birth date: September 23, 1992

Experience: 2008 Club Nationals, 2006 & 2008 Canadian All-Stars; currently plays for the Manitoba Provincial Team; has been playing soccer for thirteen years.

Comments: Goal for the Games is to win a medal; I also play high school rugby; role model is my sister because I am always competing to be better than her; most thrilling moment was competing at Nationals; my personal goal is to play college soccer.



Sarah Haiko, Winnipeg

Birth date: December 9, 1991

Experience: 2007 Western Canada Summer Games, 2005 & 2007 All-Stars, 2005, 2007 & 2008 Club Nationals; currently affiliated with the Bonivital Flames; has been playing soccer for ten years.

Comments: Goal for the Games is to medal; I also play volleyball, badminton and soccer, and enjoy music, art, the cottage and horseback riding; role model is my mom.



Sera Trunzo, Winnipeg

Birth date: May 11, 1992

Experience: Currently plays for South End United; has been playing soccer for twelve years.

Comments: Goal for the Games is to work hard every game, leave everything on the field and win at least 3-5 games; role model is Jen Roe because she is an overall amazing person; my proudest athlete accomplishment was receiving Athlete of the Year for my school; my personal goal is to become stronger on the ball in the air and have more confidence.



Victoria Penner, Winnipeg

Birth date: May 21, 1992

Experience: 2006 & 2008 Nationals; currently plays for South End United; has been playing soccer for fourteen years.

Comments: Goal for the Games is to start, play well, and contribute to my team's success; role models are Linda Azevedo, Rob Gale and Patrick Di Stefani because they believed in me and helped me believe in myself; most thrilling moment was being the only woman playing on an all men's team in two tournaments; some of my proudest accomplishments include being Provincial Club Finalists in both 2006 & 2008, Provincial High School Championship Finalists in 2009, and Indoor League Champions in 2008.

SOCCER (MALE)



Pedro Daza, Winnipeg

Head Coach

Experience: 2007 Western Canada Summer Games gold medallist; has been involved in soccer ever since he could walk. Pedro has played, coached and refereed.

Comments: Goal for the Games is to prepare the team to perform to the best of their ability; role model is my wife Wanda; some of my proudest achievements in sport are the numerous Championships and awards I have received over the years as a player and as a coach. My team won a bronze medal at National Club Competitions, I received Coach of the Year (MSA & WYSA), 2009 Dr. Jack Hunt Memorial Award – Development – Coaching Manitoba; my overall goal in sport is to give athletes an opportunity to develop and excel in the sport they love.



Ron Jones, London, England

Assistant Coach

Experience: Currently affiliated with WSEU; has been involved in soccer for thirty-five years.

Comments: Goal for the Games is to coach the players to perform at a high level and to bring balance to the team. I also hope to develop my coaching skills and gain experience at the Games; role model is my son Sebastian because he allows me to see the world from a different perspective and brings balance to my life - he is my hero; my personal goal in sport is to be the best I can and coach players to be the best they can.



Wanda Daza, Winnipeg

Manager

Experience: 2007 Western Canada Summer Games gold medallist (manager); has been a soccer manager for four years.

Comments: Goal for the Games is to ensure that the Head Coaches objectives designed in the training strategy are executed and to support the team and coaching staff to the best of my ability; role model is my mother – she's passed away but she was a woman of strength and courage who taught me if you "believe" anything is possible; my proudest awards and achievements are in planning and business such as Planner of the Year, Manitoba Chapter, Meeting Professionals International, International Appointment, International Scholarship and others; I spent fifteen years as a fitness leader and enjoy running and individual training.

~Athletes~



Amos Ganyea, Liberia

Birth date: November 17, 1991

Experience: 2007 Western Canada Summer Games gold medallist, 2007 Nationals, 2009 NSC Cup silver medallist, MSA Cup; currently plays for Phoenix Soccer Club; has been playing soccer for seventeen years.

Comments: Goal for the Games is to help my team win, be a team player and bring the gold medal home to Manitoba; role model is my coach because he is always pushing me to do what is right and encourages me to work hard; most thrilling moment was being selected for the National Camp following my performance at the U16 Nationals in 2007; nickname is A-one.



Andrew Benga, West St. Paul

Birth date: March 27, 1992

Experience: 2006 – 2008 Provincial All-Star Championship, 2007 Western Canada Summer Games gold medallist, 2007 NSC Cup gold medallist; currently plays for the Northern Lights Soccer Club; has been playing soccer for thirteen years.

Comments: Goals for the Games are to perform at my highest level, play my role well on the team and to contribute to the success and achievement of the team's goals; role model is my dad because without him, I would not be at the level of soccer I am today; some of my personal bests include winning gold at the 2007 NSC Cup in Minneapolis and being scouted for NTC program at age 14.



Ben Allen, Winnipeg ☺

Birth date: March 4, 1992

Experience: 2006 World Flag Football Championships silver medallist, 2006 Hershey North American Track and Field Games, 2006 Tide National Club Championships, 2007 Western Canada Summer Games gold medallist, 2008 All-Stars National Competition, 2008 BMO National Club Championships bronze medallist; currently plays for the Portage Trail Icebergs; has been playing soccer for thirteen years.

Comments: Goal for the Games is to bring home the gold medal; role models include my coach Pedro Daza, my mom and my sister for pushing me hard and always believing in me; some of my proudest accomplishments include receiving the 2007 WHSFL Vidruk Division Rookie of the Year, the WHSFL AA Free Press Bowl MVP and the World Flag Football Championships Male MVP.



Ezequiel Lubocki, Buenos Aires, Argentina

Birth date: June 14, 1992

Experience: 2007 Western Canada Summer Games gold medallist, 2008 Provincial Nationals, 2009 U17 CONCACAF World Cup qualifying; currently plays for Lucania Soccer Club; has been playing soccer for twelve years.

Comments: Goal for the Games is to win the gold medal and play well as a team; most thrilling moment in soccer was when I played against Honduras at the World Cup Qualifying in Mexico; role models are my parents because they are good people; my overall goal is to become a professional soccer player and be able to represent Canada; my nickname is Zee.



Graham Halford, St. John, NB

Birth date: April 30, 1991

Experience: 2007 Western Canada Summer Games gold medallist; currently plays for Winnipeg South End United; has been playing soccer for ten years.

Comments: Goal for the Games is to win gold; role model is my coach Pedro Daza because he has taught me that whatever you want to achieve is possible if you have enough passion for it; most thrilling moments were when my team won gold at the NSC Cup and at the 2007 Western Canada Summer Games.



Hassan Kamara, Winnipeg

Birth date: November 30, 1991

Experience: 2007 Western Canada Summer Games gold medallist; currently plays for Bonvital; has been playing soccer for fourteen years.

Comments: Goal for the Games is to show the rest of Canada what Manitoba is made of; most thrilling moment was receiving the golden boot at Nationals; role model is Irene Nordheim because she works hard and has led me to the right ways in life, and also Pele because he was the greatest.



Hyun (Sean) Dong, South Korea

Birth date: February 14, 1992

Experience: 2007 Western Canada Summer Games gold medallist; currently plays for Lucania Soccer Club; has been playing soccer for eight years.

Comments: Goal for the Games is to get golden boots if there is; some of my proudest accomplishments include receiving the Golden Boy Tournament MVP and receiving the Manitoba Male Player of the Year in 2006; role models are Lionel Messi and Cristiano Ronaldo; I speak fluent Korean.



Jorge Barahona, Winnipeg ☉

Birth date: April 5, 1991

Experience: All-Stars U14 & U16, NSC Cup, MSA Cup, 2007 Western Canada Summer Games gold medallist; currently plays for the Phoenix Soccer Club; has been playing soccer for eight years.

Comments: Goal for the Games is to achieve my personal best and to earn another gold in competition; role model is my dad because he always gives advice and motivates me to keep doing my thing; most thrilling moments in sport were winning the NSC Cup, MSA Cup and the 2007 Western Canada Summer Games; my overall goal in sport is to be the best of my potential.



Kyle Andrade, Winnipeg

Birth date: June 26, 1992

Experience: Two years playing for Youth Sevilla Nervion Spanish League in Spain, Peleteros All-Star Team U16 Peletero Cup Games, Provincial Team Rocky Mountain Cup, All-Star Team, 2007 Western Canada Summer Games gold medallist, High School Provincial All-Star Team, Club Team Youth Nationals; currently playing for the Portage Trail Premier and Maples Juventos; has been playing soccer for twelve years.

Comments: Goal for the Games is to bring home the gold and hopefully gain an opportunity to work on my future goals in soccer; I have started a bottle drive in my community for palliative care and have raised over \$500 to date; I help coach soccer to little ones for soccer school and community; At age 11 I left home for the first time to train in Chile, and at age 13 lived abroad without my family for two years; role model is my dad/Coach Antonio Trujillo and coach Pedro Daza because they believed in me when others didn't; some of my soccer highlights include winning gold at the 2007 Western Canada Summer Games, playing on a soccer team in Spain and training with Zamorano in Chile.



Kyle Fernandes, Winnipeg

Birth date: May 6, 1991

Experience: 2007 Western Canada Summer Games gold medallist, Nationals; currently plays for the Manitoba Provincial Soccer Team and Northwest Premier Soccer Club; has been playing soccer for fourteen years.

Comments: Goals for the Games are to win gold, to have a good time and to stay on the starting line-up; I have played soccer in Italy, Portugal and Brazil. Adapting to different styles of soccer has helped me grow as a player; role models are my family and Maradona because of the success they have had in life and in the sport of soccer; most thrilling moments were winning gold at the Western Canada Summer Games, making the starting line-up and scoring the game winning penalty shot; I hope to one day receive a scholarship in soccer or to play professionally.



Kyle Nickel, Winnipeg

Birth date: March 20, 1991

Experience: 2007 Western Canada Summer Games gold medalist, Nationals, All-Stars; currently plays for Phoenix Club; has been playing soccer for thirteen years.

Comments: Goal for the Games is to win gold; role model is my brother because he has played high levels of sport and has always been there for me; most thrilling moment was winning gold at the 2007 Western Canada Summer Games; overall goal in sport is to do my best and make my parents proud.



Kyle Silva, Winnipeg

Birth date: August 23, 1992

Experience: Club Nationals, Provincial Nationals; currently plays for Northern West; has been playing soccer for thirteen years.

Comments: Goal for the Games is to win gold; I also play hockey and lacrosse; role models are players my age who are playing very high levels and Terry Fox; most thrilling moment in sport was scoring three goals in the finals of the Las Vegas Mayors Showcase and winning three-two playing injured; one of the biggest sacrifices I made was leaving home for four months when I was thirteen; my personal goal in sport is to get something out of it that will benefit me in the long run.



Mujtaba Sharifi, Winnipeg

Birth date: May 12, 1992

Experience: 2007 Western Canada Summer Games gold medalist; currently plays for South End United; has been playing soccer for seven years.

Comments: Goal for the Games is to win gold; role model is my father; most thrilling moment in sport was winning 2007 Western Canada Summer Games; my overall goal in soccer is to play professionally; my nickname is Muj.



Oleg Andrushchyshyn, Winnipeg

Birth date: September 6, 1991



Sebastiano Grande, Winnipeg

Birth date: June 13, 1991

Experience: 2007 Western Canada Summer Games gold medallist, 2007 NSC Cup gold medallist, 2005 & 2009 NSC Cup, All-Stars 2005 & 2007; currently plays for Lucania Soccer Club; has been playing soccer for fifteen years.

Comments: Goal for the Games is to bring home another gold medal; most thrilling moments in sport were winning both the 2007 Western Canada Games and the NSC Cup; proudest athlete accomplishment was playing in Brazil for three months with the professional club Gioania and receiving an offer for a contract with this team; role models are coach Pedro Daza for helping me to improve, believing in me and being completely committed to our Canada Games team, and my parents for always supporting me in following my dreams; my overall goal in soccer is to make a professional team in Europe and play soccer for the rest of my life.



Shea Nordheim, Winnipeg

Birth date: November 30, 1991

Experience: 2007 Western Canada Summer Games gold medallist, Club Nationals bronze medallist; currently plays for Bonivital; has been playing soccer for fourteen years.

Comments: Goal for the Games is to bring home another gold medal and to not have any regrets; role model is my mom because she is hard working, loving and someone who always knows how to lead. She is always keeping my head up and giving me positive feedback; most thrilling moments include receiving a scholarship to UNB, winning gold at the 2007 Western Canada Summer Games and a bronze medal at Club Nationals; my personal goal in sport is to pick up a starting position on the university team and to always perform at my best.



Tyson Farago, Winnipeg

Birth date: March 1, 1991

Experience: 2007 Western Canada Summer Games gold medallist, 2007 NSC Cup gold medallist; currently plays for Team Manitoba; has been playing soccer for fourteen years.

Comments: Goal for the Games is to win gold; role models are Wayne Gretzky, coach Pedro Daza, my parents and Julio Cesar, inter Milan/Brazil goalkeeper; most thrilling moment was stopping three penalty shoot outs at the NSC Cup to advance to the finals being huge underdogs against the National Champions Team Alberta, and winning the gold; my overall goal in soccer is to play professionally in Europe.

SOFTBALL



Bev Neufeld, Brandon

Head Coach

Experience: 1978 & 2005 Canada Games, 2003 & 2007 Western Canada Summer Games – 2007 silver medallist; has been involved in softball for thirty-five years.

Comments: Goal for the Games is to offer my athletes a life and sport experience that they can talk about for years to come; role models include Lisa Fernandez because of her intensity and devotion to the game, and my family for allowing me the time needed to devote to the sport I love; I enjoy sports of any kind and would call myself a true fan. In particular I like to golf, curl and go to the gym on a regular basis; my most thrilling sport experience was in 2008 at the Senior Open Western Canadian Championships when my daughter was my teammate.



Jill Twordik, Brandon

Coach

Experience: 1997 Canada Games bronze medallist, 1995 Western Canada Games, '95, '96, '97, '98 & 2000 Nationals; has been involved in softball for twenty-four years.

Comments: Goal for the Games is to medal; role models include my dad for being my coach and mentor, and my husband who was a 1997 National Junior Member of Softball Canada and was drafted by the St. Louis Blues in 1999; I like to play recreational golf and curling and also like to water ski and downhill ski; my proudest athlete accomplishments include 96, 97 Provincial High School Badminton silver medallist and 96, 97 Provincial High School Softball silver medallist; my overall goal in sport is to head coach a provincial softball team.



Krista Moffat, Neepawa

Manager

Experience: Western Canada Games, Canadian Softball Nationals, NAIA; has been involved in softball for twenty-three years.

Comments: I also compete in volleyball, golf and curling; I enjoy horseback riding, skiing, camping, coaching and exercise.

~Athletes~



Adrianna Boychuk, Portage la Prairie

Birth date: April 18, 1990

Experience: Nationals; currently plays for the Manitoba Angels; has been playing softball for twelve years.

Comments: Goal for the Games is to win a medal; role model is my cousin Kayla because she has made it far in the sport and has been to Games twice; most thrilling moments in sport were winning provincials twice and attending nationals four times; the greatest sacrifice I have had to make was leaving home; my personal goal in sport is to win a medal at nationals.



Amanda Greenberg, Winnipeg

Birth date: July 15, 1990

Experience: 2006 – 2008 Nationals; currently plays for the Manitoba Angels; has been involved in softball for eleven years.

Comments: Goal for the Games is to do my best; some of my proudest athlete accomplishments include receiving MVP at the 2007 Midget All-Star game, receiving four Player of the Game awards at the 2008 Canadian Midget Girls Fastpitch Championship and three Defensive Player of the Game awards for my club team; my personal goal in sport is to keep getting better every time I play.



Brittany Bartel, Sinclair

Birth date: March 15, 1991

Experience: 2001 Manitoba Winter Games, 2006 Manitoba Winter Games, 2006 Western Canadian Championships gold medallist, 2007 Western Canada Summer Games silver medallist, 2008 Western Canadian Championships silver medallist; currently plays for Westman Magic; has been involved in softball for thirteen years.

Comments: Goal for the Games is to be at the peak of my abilities both mentally and physically and to help my team win a gold medal; role model is my mom because she has helped to push me to be the best I can, and she has also been supportive throughout every minute of my life; some of my proudest accomplishments include receiving Top Hitter at the 2005 Western Canadians, 2009 MHSAA Athlete of the Week and medalling all four years at the MHSAA High School Badminton Championships.



Brittney Robertson, Brandon

Birth date: November 26, 1990

Experience: 2006 & 2007 Midget Provincials gold medallist, 2007 Western Canadians bronze medallist; currently plays for the Winnipeg Lightning; has been playing softball for fourteen years.

Comments: Goal for the Games is to play as much as possible by being successful with every chance I get; role model is my sister Bre-Ann because she is a great leader on and off the field; most thrilling moments in sport were winning bronze at the 2007 Western Canadians and winning “A” Provincials; the biggest sacrifice I made was moving away from home to experience a new level of ball; I will be entering my second year at Valley City State University studying elementary education.



Deanna Mitchell, Portage la Prairie

Birth date: May 11, 1990

Experience: 2005, 2006 & 2008 Canadian National Championships, 2008 Manitoba Provincial Championships gold medallist; currently plays for the Winnipeg Angels and for Minot State University; has been playing softball for ten years.

Comments: Goals for the Games are to leave everything on the field every inning I play, to be a starter, and to be a leader both on and off the field. I plan to represent my province in a positive way and win gold! Role models are my parents because they have given me all the support I could ever ask for; my proudest athlete accomplishments include being a two-time Provincial Champion, 2008 Athlete of the Year at Portage Collegiate Institute, 2008 High School Provincial Champion and MVP; will be entering my second year at Minot State University studying business.



Erin Morrison, Hartney

Birth date: June 3, 1990

Experience: 2008 Western Canadians silver medallist; currently plays for Westman Magic; has been playing softball for eight years.

Comments: Goal for the Games is to bring home a medal; role model is my sister Amy Morrison because she is someone to look up to in sports and life; I also play volleyball for Assiniboine Community College and hockey in a club program; my personal goal in sport is to fulfill my role on the team to the best of my ability.



Jen Dixon, Brandon

Birth date: August 1, 1992

Experience: 2005 – 2007 Bantam Westerns – 2006 gold medallist, 2007 Western Canada Summer Games silver medallist, 2007 – 2009 Volleyball Nationals – 2009 gold medallist, 2008 Midget Westerns silver medallist; currently plays for Westman Magic; has been playing softball for twelve years.

Comments: Goals for the Games are to do whatever I can to contribute to my team winning a medal and to compete to the best of my ability for every play; role model is my dad because he pushes me to perform to the best of my ability and improve my skills in everything I do; I also compete in varsity and club volleyball, varsity softball and varsity basketball; most thrilling moment in sport was when my U17 club volleyball team went undefeated and placed first at the 2009 National Championship.



Jen Shadlock, Brandon

Birth date: January 7, 1990

Experience: 2006 Western Canadians gold medallist, 2007 Western Canadians bronze medallist, 2008 Western Canadians silver medallist, Western Canadians – figure skating, Nationals – figure skating; currently plays for Westman Magic; has been playing softball for thirteen years.

Comments: Goal for the Games is to put out my best effort and hope to medal; most thrilling moment in sport was winning the 2006 Western Canadians in Port Alberni, B.C.; role model is my figure skating coach Tammy Fournier because of what she has gone through and how she approaches life; my personal goals in sport are to always make sure I am putting forth my best effort and make sure I am a team player; I will be entering my second year at Valley City State University.



Kellie Baker, Brandon

Birth date: March 26, 1991

Experience: 2007 Western Canada Summer Games silver medallist, 2008 Western Canadians silver medallist; currently plays for Westman Magic; has been playing softball for eight years.

Comments: Goal for the Games is to play well as a team and get a medal; role model is my mom because she knows a lot about the sport and played in Summer Games as well; I also play volleyball at a provincial level; most thrilling moment in sport was winning “AAAA” volleyball provincials after losing the first two sets in a best of five match; personal goal in sport is to play to the best of my ability at all times.



Krista Bomak, MacGregor

Birth date: July 27, 1990

Experience: 2003 & 2004 Western Canadians, 2005 – 2008 Nationals; currently plays for the Winnipeg Angels; has been playing softball for eight years.

Comments: Goals for the Games are to win some games, meets lots of people, have fun and play hard every inning; role models include my dad because he is at every game, always trying to help me improve, always there for extra practices with me and supporting me no matter what, and my coach Jack Brown because he has taught me so much about this sport and made me a better person on and off the field; most thrilling moment in sport was going to Canadian Nationals four times and Westerns twice; I will be entering my second year at Oklahoma Panhandle State University.



Kyla Thiesen, Hardisty, AB

Birth date: February 20, 1990

Experience: 2006 Western Canadians; currently plays for Westman Magic; has been playing softball for fourteen years.

Comments: Goals for the Games are to play my best every chance I get, be a positive team player and stay focused all the time; the greatest challenge I have had to face was moving away from home to play ball; role model is my dad because he is always there to support me and he is the one who got me into softball; most thrilling moment in sport was winning Western Canadians in Port Alberni, B.C.; some of my proudest athlete accomplishments were receiving MVP in grade 12 for both softball and volleyball; I will be entering my second year at Minot State University studying Communication Disorders.



Macey Hickes, Winnipeg

Birth date: September 18, 1990

Experience: Currently plays for the Winnipeg Angels; has been playing softball for nine years.

Comments: Goals for the Games are to play well, be seen as a passionate, strong player and to be very tough both physically and mentally; one of the greatest challenges I have had to face was moving far from home to play softball at Waldorf College in Forest City, Iowa; role model is my mom because she has always been someone to look up to for her strength and kindness, and she has always been there for me; some of the most thrilling moments were making the Canadian National Tournament twice with the Angels and being recruited to play college where I made the American National Tournament there.



Paige Smith, Gretna

Birth date: July 9, 1990

Experience: 2004 & 2005 Western Canadians, 2008 Nationals; currently plays for the Winnipeg Angels; has been playing softball for nine years.

Comments: Goal for the Games is to win a medal; most thrilling moment in sport was winning Provincials; role model is my sister; I will be entering my second year at Valley City State University; my personal goal in sport is to play well and be consistent.



Sarah Shotton, Winnipeg

Birth date: June 3, 1991

Experience: 2007 Western Canada Summer Games silver medallist, 2008 Midget Westerns gold medallist; currently plays for the Smitty's Terminators; has been playing softball for twelve years.

Comments: Goal for the Games is to win and compete at the elite level; I also play high school basketball; most thrilling moment in sport was pitching a 24 strike-out game in 8 innings at Midget Westerns; biggest sacrifice I have had to make was moving away to Texas to play softball, forcing me to miss school; role model is my dad because he has always pushed me to do better than I do now and has taught me all the ins and outs of the game.



Tara Nykoluk, Winnipeg ☺

Birth date: February 15, 1992

Experience: 2006 Manitoba Games, 2007 Western Canada Summer Games silver medallist, 2008 Western Championships gold medallist; currently plays for the Smitty's Terminators; has been playing softball for thirteen years.

Comments: Goal for the Games is to bat one for three and win gold! I also play club volleyball and AA ringette; role models are the coaches I have had throughout the years because they have taught me so much; most thrilling moment was tying up a provincial game with an over the fence homerun; my overall goals are to play for Team Canada and to go to the U.S. on a scholarship.

SWIMMING



Tom Hainey, Atikokan

Head Coach

Experience: 1984, 1988 & 1992 Paralympic Athlete, 2000, 2004 & 2008 Paralympic Coach; currently affiliated with Manta Swim Club; has been involved in swimming for thirty-three years.

Comments: Goal for the Games is to help the athletes have the best Canada Games ever.



Dave Guthrie, Saskatoon, SK

Coach

Experience: 1989 Canada Games (Team Saskatchewan athlete), 1990 Western Canada Summer Games (Team Saskatchewan athlete), 2005 Canada Summer Games (performance coach), 2007 Western Canada Summer Games (head coach); currently affiliated with Manitoba Marlins Swim Club; has been involved in swimming for twenty-eight years.

Comments: Goal is for Team Toba to win medals! Role model is my family; most thrilling moments are watching swimmers improve and reach their goals; I also compete in hockey, baseball, soccer, football, basketball, volleyball, water polo, marathons (running), triathlon and golf.



Szilvie Carriere, Winnipeg

Coach

Experience: 2005 Canada Summer Games (coach); currently affiliated with Manta Swim Club; has been involved in swimming for twenty-five years.

Comments: I enjoy reading, listening to music, jazz and movies.



Matt Erhard, Ottawa, ON

Manager

Experience: Olympic Lifeguard at the 2004 Summer Olympic Games in Athens, Greece; currently affiliated with Manitoba Marlins Swim Club; has been involved in swimming for sixteen years.

Comments: Goal is to help athletes find a love for the sport of swimming at a young age and commit to it.

~Athletes~



Aaron Chanas-Larue, Winnipeg

Birth date: August 14, 1994

Experience: Westerns, 2008 Age Group Nationals gold medalist; currently swims with Manta Swim Club; has been swimming for six years.

Comments: Goal for the Games is to get as many personal best times as possible and try to make finals; my highest accomplishments are receiving High Points Awards and provincial records; I hope to one day break a Canadian record and make the Olympics; my nickname is Ace.



Andrew Mackay, Thompson

Birth date: June 29, 1991

Experience: 2007 Western Canada Summer Games, 2007 & 2008 Western Canadian Championships, 2008 Age Group Nationals, 2009 Man-Sask Championships gold medalist; currently swims with Manta Swim Club; has been swimming for six years.

Comments: Goal is to achieve personal best times; most thrilling moment was when I swam against the Canadian Olympic Swim Team in Victoria in 2008 at the Western Canada Championships; my nickname is "A" train.



Anton Kowalski, Winnipeg

Birth date: July 15, 1992

Experience: Manta Swim Club; has been swimming for eight years.

Comments: Goal for the Games is to make a final; role model is my older brother Peter because he is also a swimmer so I made it my goal to swim faster than him; I am proud of making the Western Championships at the beginning of the year and qualifying for this team; I hope to one day rank at a National meet; my nickname is AK-47.



Artur Kroitor, Migdal Haemek, Israel

Birth date: January 3, 1992

Experience: 2007 & 2008 JCC Maccabi Games; currently swims with Manitoba Marlins Swim Club; has been swimming for four years.

Comments: Goal is to do my best and have as much fun as possible; role model is my dad because he is the one who pushes me and gets me to try my hardest; most thrilling moment was making the Canada Games Swim Team; I hope to one day make the Senior Nationals.



Breanne Siwicki, Winnipeg

Birth date: January 1, 1995

Experience: 2009 Senior National Championships, Age Group Nationals; currently swims with Manta Swim Club; has been swimming for six years.

Comments: Goal for the Games is to do my best and win a medal; role models are coaches Tom Hailey and Wendy Shewchuk; most thrilling moment was when I won my first medal at the Age Group National Championships; I hope to one day make the Olympic Swimming Team.



Bryan Wray, Ile des Chenes

Birth date: August 8, 1993

Experience: 2007 Western Canada Summer Games, 2008 North American Challenge Cup, 2008 Age Group Nationals silver medallist, 2009 Western Canadian Championships, 2009 Man-Sask Championships gold medallist; currently swims with Manta Swim Club; has been swimming for eight years.

Comments: Goal for the Games is to final and/or medal; role models include my family because they are always there for me, Michael Phelps and LeBron James; I also play basketball and golf; my proudest achievement was making the North American Challenge Cup.



Camille Dixon, Winnipeg

Birth date: December 27, 1993

Experience: 2007 Western Canada Summer Games medalist, Age Group Nationals medalist, 2008 Canadian Olympic Trials; currently swims with Manta Swim Club; has been swimming for seven years.

Comments: Goal for the Games is to make finals and medal; role model is my mom because she has a very high demanding job and is very busy but somehow manages to get everything done and still makes time for her family; some of my greatest accomplishments include going to the 2008 Olympic Trials and becoming a Canadian record holder; I hope to one day make the National Team and go to the Olympics.



Chantal Asselin, Winnipeg ☺

Birth date: August 13, 1995

Experience: 2007 – 2009 Age Group Nationals, 2008 & 2009 Western Canadian Championships, 2009 Senior Nationals, North American Challenge Cup; currently swims with Manta Swim Club; has been swimming for seven years.

Comments: Goals for the Games are to get best times in every event I swim, to break one minute for 100 freestyle and to get as close as I can to the girls 13 + 14 Canadian record in the 1500 freestyle; role model is coach Wendy Shewchuk because she always pushes me to my limit and encourages me to set new limits. When things got hard she would always encourage me to keep going and without her I would not be at the level I am today; some of my proudest accomplishments were earning my first Manitoba Provincial record and my first Canadian record.



Chantal Vanlandeghem, Winnipeg

Birth date: March 5, 1994

Experience: 2007 Western Canada Summer Games, Australian Youth Olympic Festival gold and silver medallist, 2009 Australian Age Championships gold, silver and bronze medallist, 2009 Speedo Western Championships – five gold medals, two silver medals and two Canadian records, 2009 Canadian Age Group Championships medallist; currently swims with Manta Swim Club; has been swimming for eleven years.

Comments: Goal is to attain personal best times and to medal in some events; I made the Junior/Youth Canadian Teams this year: Australian Youth Olympic Festival, Australian Age Championships and North American Challenge Cup; role model is my family because I would not be where I am today without them. My parents have supported me 100% over the years, driving me to practice at 5:30am and cheering my sister and me on at swim competitions. Thanks mom & dad; I hope to represent Canada at the 2012 Olympic Games.



Dillon Perron, Winnipeg

Birth date: December 24, 1991

Experience: 2004 Manitoba Summer Games – track and field, 2007 Western Canada Summer Games finalist, 2009 Western Championships – 4th place, Age Group Nationals finalist; currently swims with Manta Swim Club; has been swimming for eleven years.

Comments: Goal for the Games is to make a final and win a medal; role model is Donovan Bailey; my proudest achievement was qualifying for Westerns, and making the final at Westerns and Age Group Nationals; I hope to one day qualify for Senior Nationals.



Emily Doucette, The Pas

Birth date: May 3, 1994

Experience: 2009 Man-Sask Championships; currently swims with Manta Swim Club; has been swimming for eight years.

Comments: Goal for the Games is to get best times in every event and to represent Manitoba to the best of my abilities; role model is my coach Tom Hailey because he taught me a lot this year, helped my swimming even more and made me feel welcome in Manta. He is an awesome coach! My proudest achievement was getting my Senior National time and breaking the Canadian record in my relay.



Emma Gaudet, Winnipeg

Birth date: September 12, 1990

Experience: 2007 Western Canada Summer Games, Senior Nationals; currently swims with Manitoba Marlins Swim Club; has been swimming for fourteen years.

Comments: Goal for the Games is to swim my personal best; role models are Natalie Coughlin and Leisel Jones; my proudest achievement was attending Senior Nationals; I enjoy reading and am entering my second year at the University of Manitoba.



Eric Brault, Levis, QC ☺

Birth date: June 2, 1991

Experience: 2009 Western Swimming Championships, Age Group Nationals; currently swims with Manitoba Marlins Swim Club; has been swimming for ten years.

Comments: Goal for the Games is to get 100% personal best swim times, to make some finals and to have fun; role model is my coach because he is the one who knows the most about swimming and is the one that can help me improve the most in this sport; I enjoy skiing in the winter, biking in the summer, cross country in the fall and I play in the school jazz band; my nickname is Gene.



Eric Williamson, Winnipeg

Birth date: May 20, 1994

Experience: 2008 & 2009 Age Group Nationals, 2009 Quebec Cup Grand Prix, 2009 Man-Sask Championships; currently swims with Manta Swim Club; has been swimming for three years.

Comments: Goal for the Games is to be the best I can be by swimming the best that I can; role models include my team mates because they are tremendously supportive, my coaches for encouragement and my parents for all of the above; most thrilling moment was my 1500m swim in the beginning for the 2009 long course season where I came in first in an open heat and achieved a personal best time.



Evan Dzik, Winnipeg ☺

Birth date: May 30, 1991

Experience: 2009 Man-Sask Championships silver medallist; currently swims with Manitoba Marlins Swim Club; has been swimming for seven years.

Comments: Goal for the Games is to gain experience as well as to get some personal best times; role model is my family because they have encouraged me all along; I also compete in high school track and run in the annual Manitoba Marathon; I hope to one day qualify for the Canadian Interuniversity Sport Championships.



Jessica Plant, Winnipeg

Birth date: July 6, 1993

Experience: 2007 Western Canada Summer Games medallist, 2008 Age Group Nationals silver and bronze medallist; currently swims with Manta Swim Club; has been swimming for seven years.

Comments: Goal for the Games is to get best times and have fun; role model is my sister Jocelyn because of her work ethic and her wit. She is the one who got me into swimming; most thrilling moments were earning three national records on relay teams and medalling at National meets; overall goal in sport is to go as far as I can go.



Jocelyn Plant, Winnipeg

Birth date: May 11, 1990

Experience: UBC Thunderbirds Varsity Swim Team; currently swims with Manta Swim Club; has been swimming for eight years.

Comments: Goal for the Games is to swim personal best times; role models are my former coach Dave Guthrie because he helped me develop my work ethic, set goals for myself and shape my outlook on life, and my younger sister Jessica for inspiring me with her work ethic and results; my favourite part of sport is being part of the UBC Thunderbirds Varsity Swim Team; I will be entering my second year at the University of British Columbia studying Arts.



Karyl Clarete, Philippines

Birth date: March 16, 1995

Experience: 2007 Western Canada Games, Age Group Nationals; currently swims with Manitoba Marlins Swim Club; has been swimming for five years.

Comments: Goal for the Games is to get personal best times in the events I am racing and to have fun; I am excited to meet new people from other provinces in different sports; I hope to one day go to Senior Nationals and compete in other multi-sport Games.



Leah Daniel, Winnipeg

Birth date: December 26, 1990

Experience: 2005 Canada Summer Games, 2007 Western Canada Summer Games bronze medallist, 2008 Canadian Olympic Trials – 11th place, 2008 Age Group Nationals silver medallist, 2009 CCSA Conference Championships – two gold medals and one silver medal; currently swims with Manitoba Marlins Swim Club; has been swimming for ten years.

Comments: Goal for the Games is to medal in at least one event; most thrilling moments were winning medals at both the 2007 Western Canada Summer Games and the CCSA Conference Championships; I enjoy wakeboarding and I am in my second year of University at Florida Gulf Coast University studying Environmental Engineering.



Luella Ocon, Winnipeg

Birth date: May 29, 1992

Experience: 2009 Western National Championships, 2009 Man-Sask Championships silver medallist; currently swims with Manitoba Marlins Swim Club; has been swimming for eight years.

Comments: Goal for the Games is to achieve best times and to gain racing experience; role model is my family because they have always been behind me 100% through my good and bad moments. They are the reasons that I did not quit when it got hard and they have guided me to the right paths in life. I owe it to my family and myself to swim well; I also run indoor and outdoor track at the provincial level; my overall goals in sport are to get more senior national qualifying times, swim for a university and to make a Canadian National Team.



Michael Frost, Winnipeg ☉

Birth date: July 24, 1993

Experience: 2007 & 2008 Age Group Nationals – 5th place; currently swims with Manta Swim Club; has been swimming for seven years.

Comments: Goals for the Games are to get personal bests, get a final swim and to have fun; I am in my first year in the Sport Program at Vincent Massey Collegiate; my role model is Aaron Chanas—Larue; I enjoy going for bike rides in the summer, reading newspaper articles relating to science or technology and reading the “Discover” magazine; my overall goal in sport is to go to Senior Nationals and Westerns.



Renée Deschenes, Perth, Western Australia ☉

Birth date: March 10, 1993

Experience: 2004 Manitoba Summer Games, 2007 Western Canada Games bronze medallist, Senior Nationals; currently swims with Manta Swim Club; has been swimming for eight years.

Comments: Goals for the Games are to make finals and perhaps medal, and to get personal best times; one of my proudest moments was gaining three 2008 National Age Group records in the 4x100m Free Relay, 4x50m Medley Relay and 4x100m Medley Relay (Still Standing); role models are my teammates because their accomplishments are amazing and inspire me to do better. They are always there to congratulate or console me; my overall goals in sport are to get a university scholarship for swimming, to get more national qualifying times and to medal at national meets.



Scott Pokorny, West St. Paul

Birth date: September 14, 1992

Experience: 2004 Manitoba Summer Games; currently swims with Winnipeg Wave Swim Club; has been swimming for nine years.

Comments: Goals for the Games are to achieve personal best times and to have a great time; role model is my coach, Yuri Sisco, because he pushes me to do my very best and to achieve my swimming goals; greatest achievement was breaking a Winnipeg Wave record that stood since 1985 in the long course 100m Breaststroke; my overall goal is to achieve a Senior National time by the end of grade 12.



Zachary Vanderhooff, Winnipeg

Birth date: October 10, 1991

Experience: 2007 Western Canada Summer Games, 2007 & 2009 Age Group National Swim Championships, 2008 & 2009 Western Canada Short Course Championship; currently swims with Manta Swim Club; has been swimming for nine years.

Comments: Goal for the Games is to win a medal; role model is my dad; I enjoy computer programming, music and drumming; my overall goal is to make Senior Nationals.



SWIMMING – SPECIAL OLYMPICS



Gord Stewart, Winnipeg
Coach/Manager

Experience: Several National Games Special Olympics (coach), Western Canada Games (coach), 2008 World Games in Shanghai China; has been involved in swimming for twenty-nine years.

Comments: Goal for the Games is to allow my athletes to become the best they can be through hard training but still having a great deal of fun; some of my greatest accomplishments include 2006 Manitoba Male Coach of the Year, 2006 Canadian Special Olympics Male Coach of the Year, 2006 Volunteer of the Year from Coaching Manitoba and the 2007 Jack Hunt Memorial Award; role models are my athletes in Special Olympics.

~Athletes~



Darcie Godard, Winnipeg

Birth date: February 13, 1985

Experience: 2005 Canada Summer Games; currently swims with Special Olympics & Manitoba Marlins Swim Club; has been swimming for ten years.

Comments: Goal for the Games is to do my personal best and make finals; I enjoy arts & crafts, dancing, origami, listening to music and playing on the computer.



Philip Bialk, Winnipeg

Birth date: September 27, 1983

Experience: 2001 Canada Summer Games – two bronze medals, 2002 CSO Nationals, 2002 SWAD Nationals, 2006 CSO Nationals; currently swims with E.K.Y.'s Men Sharks; has been swimming for fourteen years.

Comments: Goals for the Games are to be the best I can be and to have a great experience; role model is my mom because she has helped me to develop a love for swimming and my coach Gord Stewart because he has gone the extra mile in everything he does; most thrilling moment was winning a trophy at the Junior Provincials in 2003; my overall goal in sport is to achieve personal bests, improve my technique and experience a great challenge!



Samantha Currie, Winnipeg

Birth date: February 29, 1992

Experience: John Lauder Invitational, EKY Swim Meet, Provincial Summer Games for Special Olympics; currently swims with Special Olympics Manitoba Seals; has been swimming for six years.

Comments: Goal for the Games is to top my personal bests; role models are all of my coaches because they have taught me to be the best I can be, but also reminded me to have fun along the way; I also compete in track and field, soccer and snowshoeing all with Special Olympics; I enjoy singing and designing clothing in Fashion at school; my overall goal in sport is to become the best that I can possibly be.



Tanner Price, Brandon

Birth date: January 20, 1995

Experience: 2008 Manitoba Games silver medallist, Special Olympics Basketball gold medallist; has been swimming for four years.

Comments: Goal for the Games is to achieve personal best times and to represent Manitoba to the best of my ability; I also compete in basketball, volleyball, badminton and track and field; I enjoy all sports and spending summers at the lake; I hope to one day go to the Special Olympics World Games.





Karen Williams, Winnipeg

Coach/Manager

Experience: 2005 Canada Summer Games, 2007 Western Canada Summer Games, 2003, 2006, 2007 & 2009 CanAm Para Championships; currently affiliated with Manitoba Cerebral Palsy Sports; has been involved in swimming for seven years.

Comments: Goal for the Games is to prepare and support athletes to the best of my ability to assist them in their athletic dreams and potential; role models are the athletes from Manitoba Cerebral Palsy Sports Association because they are remarkable young people and they drive my desire to continually improve as their coach.



Colin MacDonald, Winnipeg

Chaperone

~Athletes~



Cameron MacDonald, Winnipeg ☉

Birth date: April 8, 1992

Experience: 2005 Canada Summer Games gold medalist, 2007 Western Canada Summer Games, 2007 CanAm Championships gold medalist; currently swims with Manitoba Cerebral Palsy Swim; has been swimming for 6.5 years.

Comments: Goal for the Games is to get on the podium at least once; role models include my grandma Bergner who has always been cheering for me, my neighbors Jonathan and David Toews, my friends Connor Milligan and Nathaniel Therrien, and the Moore family; most thrilling moment was my 2005 Canada Summer Games gold medal swim; I also play recreational sledge hockey.



Kate Robertson, Winnipeg

Birth date: February 7, 1991

Experience: 2005 & 2006 Windsor Indoor Games, 2007 Western Canada Summer Games, 2008 & 2009 Defi-Sportif; has been swimming for nine years.

Comments: Goal for the Games is to try my best and have fun; role model is my coach because she is always there for me; most thrilling moments are when I get a personal best time on a race.



Peter Otto, Winnipeg

Head Coach

Experience: Too many to list! Currently affiliated with the Winnipeg Winter Club; has been involved in tennis for thirty-two years.

Comments: Goal for the Games is to lead the team to a bronze medal! Most thrilling moment was winning the 2009 40+ Nationals Doubles Championships in Calgary; my overall goal in sport is to be the best coach I can be.



Kyla McNicol, Winnipeg

Coach/Manager

Experience: 1999 Western Canada Summer Games (alternate), 2001 Canada Games (athlete), 2007 Western Canada Summer Games (assistant coach/manager); currently plays for the University of Central Florida; has been involved in tennis for sixteen years.

Comments: Goal for the Games is to win bronze; role models include my coach at UCF, Stephanie Nikitis, who is a 4 year NCAA winner, as well as my fiancé Philip Hall for achieving his goals and becoming a professional soccer player; proudest athlete accomplishments are being the #1 tennis player in the province for the past seven years and playing tennis for the University of Central Florida on a full tennis scholarship. I am also the only Canadian to win USTA Sectional.

~Athletes~



Alexia Cholakis, Winnipeg ☉

Birth date: November 24, 1995

Experience: 2006 – 2009 Canadian Nationals, 2007 Western Canada Summer Games silver medallist; has been playing tennis for six years.

Comments: Goal for the Games is to win bronze in both team and individual; most thrilling moments in sport were going to U12 & U14 Indoor and Outdoor Tennis Nationals, being the top ranked U14 player and winning the Big Sand U14 category; role model is Kyla McNicol because she has pushed me to work hard and be the best I can be. She is a great player and always tries her hardest on the court; my personal goals are to get a tennis scholarship and become the top ranked U18 girls junior.



Chad Lacap, Winnipeg ☺

Birth date: November 10, 1993

Experience: 2005 U12 National Team Florida Tour, 2007 Western Canada Summer Games silver medallist, Indoor & Outdoor Nationals; currently affiliated with the Winnipeg Winter Club and the Sargent Park Tennis Centre; has been playing tennis for eight years.

Comments: Goal for the Games is to win gold; role model is my dad; one of my pre-competition routines is to eat a box of fries; my overall goal in tennis is to become number one in Canada.



Clarissa Chen, Winnipeg

Birth date: April 26, 1991

Experience: 2007 Western Canada Games silver medallist; has been playing tennis for six years.

Comments: Goal for the Games is to do the best I can; most thrilling moment in sport was winning silver at the 2007 Western Canada Summer Games; role model is my mom because she helps me with my problems, pays for a lot of the bills and supports me in tennis; my personal goal in sport is to get a full tennis scholarship and to be the best I can be.



Erika Fridrik, Winnipeg ☺

Birth date: April 4, 1992

Experience: 2006, 2007 & 2008 Canadian Outdoor Nationals, 2006 & 2009 Canadian Indoor Nationals, 2007 Western Canada Summer Games silver medallist; has been involved in tennis for five years.

Comments: Goal for the Games is to compete to the best of my ability and to medal in Team and Individual events; role models include my coach Peter Otto because he is fun, relates scenarios in life to tennis and is positive, and my dad Ivan because he wants the best for me and tries to push me in a positive way; proudest athlete accomplishments include winning 18's at Taylor Tournament and playing Canadian Nationals; I also do dance, yoga, boxing and dragonboat.



Evann Waschuk, Winnipeg

Birth date: April 18, 1993

Experience: 2005-2009 Tennis Nationals, 2007 Western Canada Summer Games silver medallist (individual and team), 2008 Manitoba Junior Open Champion; has been involved in Tennis for ten years.

Comments: Goal for the Games is to medal in individuals and team competition and be a positive, good teammate; role model is my coach Kyla McNicol because she has been my only female coach and has achieved the same goal that I have set for myself which is to play college tennis; proudest accomplishments in sport include being ranked #1 in Manitoba for 2008 U16 girls, U18 girls and Women's Open categories; I hope to receive a scholarship and play tennis for a U.S. College.



Igal Mostkov, Winnipeg

Birth date: August 4, 1993

Experience: Israeli U14 Championship gold medallist, 2008 Canadian Outdoor Junior Nationals, 2009 Canadian Indoor Junior Nationals, 2009 Kildonan Junior Open gold medallist; has been involved in tennis for seven years.

Comments: Goal for the Games is to win a medal; role models are my family and my coach because they push me to be the best I can be; most thrilling moment was winning a gold medal in the Manitoba U16; my overall goal in sport is to play professionally.



Muzeen Ismath, Winnipeg

Birth date: July 18, 1992

Experience: 2009 U18 ITF Burlington Doubles, 2009 Canadian Indoor Nationals; currently affiliated with the Tuxedo Tennis Club; has been playing tennis for seven years.

Comments: Goal for the Games is to win gold; my personal best in tennis was the semi of doubles at ITF; role model is James Blake; my overall goal is to play college tennis.



Sean Bailey, Winnipeg ☺

Birth date: November 23, 1991

Experience: 2007 Western Canada Summer Games silver medallist, 2008 ITF Burlington, 2009 Spring Nationals; currently plays for Austin Peay University; has been involved in tennis for six years.

Comments: Goal for the Games is to play well and have a good experience; role model is my coach Peter Otto because he is very positive and always sees the good in people; I also play volleyball and beach volleyball; my personal goal in sport is to move to the number one position on my college tennis team.



TRIATHLON



Gary Pallett, Winnipeg

Head Coach

Experience: 1999 Western Canada Summer Games (cycling coach); currently affiliated with Triathlon Manitoba; has been involved in cycling for twenty-three years.



Kari Schneider, Winnipeg

Manager

Experience: Western Canada Summer Games; currently affiliated with the Manitoba National Triathlon Centre; has been involved in triathlon for nine years.

Comments: Goal for the Games is to keep the athletes ready and organized; role model is my daughter for keeping me balanced so I do not over do it; proudest athlete accomplishment is winning the Eco Adventure Race.

~Athletes~



Joshua Drad, Stonewall

Birth date: June 26, 1991

Experience: 2004 Manitoba Games silver medallist, 2008 Pan American Triathlon Confederation; currently competes with the Manitoba National Triathlon Centre; has been competing in triathlon for eight years.

Comments: Goal for the Games is to place top 5; role model is my Auntie Michelle Stillwell because she won three gold medals in the Paralympics and holds Paralympic/World records; some of my proudest achievements in sport include ranking 9th in Canada in 2005 and 18th at the 2004 Pan American Championships.



Mark Okany, Montreal, QC ☺

Birth date: April 8, 1991

Experience: 2004 Manitoba Games gold medallist, 2008 Western Canadian Junior Champion, 2008 Canadian Junior Nationals – 5th place; currently competes with the Manitoba National Triathlon Centre; has been competing in triathlon for eleven years.

Comments: Goal for the Games is to medal in the team relay and come top 5 in the individual event; role model is my grade six teacher Mr. Perreux because he got me into running with the running club in elementary school.



Rachael Edwards, Winnipeg

Birth date: August 14, 1991

Experience: 2004 Saskatchewan Summer Games – track and field, 2008 Manitoba Cross Country High School Provincial Championships gold medalist, 2009 Pan American Championships – 4th place, USA Triathlon Junior Nationals; currently competes with the Manitoba National Triathlon Centre; has been involved in triathlon for nine years.

Comments: Goals for the Games are to push myself as hard as I can possibly go with no regrets, and to win a medal in the team relay as well as in the individual race; role model is my mom because not only has she been there for me to help me as a mother, she, up until this year, was my coach and helped me achieve goals that I could not have achieved on my own. She is an incredibly talented and inspiring person; I also compete in track, cycling and cross-country at a provincial level (have also attended three national competitions); I hope to one day make the Elite National Team and qualify for the Olympics.



Riley MacCharles, Winnipeg

Birth date: April 6, 1993

Experience: 2009 Western Canada Junior Championships; currently competes with the Manitoba National Triathlon Centre; has been competing in triathlon for six years.

Comments: Goal for the Games is to come top 15 in the individual race and medal in team relay; role model is Simon Whitfield because he has a great attitude towards the sport, and many inspiring races; proudest athlete accomplishments include 1st place Kelowna Apple Triathlon 14-15 year old, 2005 – 2008 Manitoba KOS and Manitoba/Sask Challenge Champion, and Runner-up 2008 MHSAA Junior Varsity cross-country.



Sarah-Anne Brault, Winnipeg ☺

Birth date: December 1, 1989

Experience: 2005 Canada Summer Games – athletics, 2007 Junior Nationals gold medalist, 2007 US Junior Nationals gold medalist, 2008 PATCO Championships (Pan-Ams) gold medalist, 2008 National Triathlon Championships – 4th place, Geneva Continental Cup – 4th place; currently competes with the Manitoba National Triathlon Centre; has been competing in triathlon for four years.

Comments: Goal for the Games is for my entire team to do well, place as high as I can, and to have fun; role models are my coaches and my parents; some of my most thrilling moments include running the 5000m race at the 2005 Canada Summer Games and winning PATCO in 2008; currently attending West Virginia University and I am on both the cross-country and track and field teams.



Stevie Moore, Pilot Mound

Birth date: March 21, 1990

Experience: 2002, 2004 & 2006 Manitoba Games, 2008 Age Group World Championships gold medallist; currently competes with the Manitoba National Triathlon Centre; has been competing in triathlon for four years.

Comments: Goal for the Games is to win relay and come top ten; role model is Simon Whitfield; proudest accomplishment was winning the 2008 Age Group World Championships; overall goal is to be the best I can be.



VOLLEYBALL (FEMALE)



Kevin Neufeld, Brandon

Head Coach

Experience: 2003 Western Canada Summer Games (head coach), 2005 Canada Summer Games silver medalist (head coach), 2007 NTCC (head coach); currently coaches Brandon Storm; has been involved in volleyball for thirty years.

Comments: Goal for the Games is to earn a medal; role models are my parents for supporting whatever I wanted to do, my junior high phys ed teacher Larry Pilling, and my high school coach Dwight Kearns; most thrilling moment was winning silver at the 2005 Canada Games. To look into the teary eyes of twelve terrific young women and see the great pride in what we accomplished and the extreme disappointment in not winning.



Al Yeo, Roblin

Assistant Coach

Experience: 2004 & 2005 Western Elite Championships, 2006 & 2008 National Team Challenge Cup, 2007 Western Canada Summer Games; currently coaches the Aztecs in Winkler; has been involved in volleyball for fifteen years.

Comments: Goal for the Games is to win a gold medal; role model is Wayne Gretzky.



Robin Craig, Selkirk

Manager

Experience: 2005 Canada Games silver medalist, 2007 Western Canada Summer Games; currently coaches the Selkirk Royals; has been involved in volleyball for fourteen years.

Comments: Goal for the Games is to win gold!



Kristy Fewchuk, Selkirk

WIC

Experience: 2001 Canada Summer Games – beach volleyball athlete, CIS Nationals silver medallist, 2008 North American Indigenous Games (coach); currently coaches the Selkirk Royals; has been involved in volleyball for fifteen years.

Comments: Goal for the Games is to become a more knowledgeable coach; role model is my former coach, Rob Hailstone, because he taught me how to work hard for what I want and to never give up. He taught me pretty much everything I know about volleyball and gave me the opportunity to excel; some of my proudest accomplishments include winning a silver medal at CIS Nationals when I played for the University of Winnipeg, and winning four consecutive Provincial Championships as an assistant coach.

~Athletes~



Alexandria Kibsey, Winnipeg

Birth date: October 5, 1992

Experience: Provincial Team (Western Elite); currently plays for the BVC Blazers and Vincent Massey Collegiate; has been playing volleyball for seven years.

Comments: Goal for the Games is to have the best experience of playing with high level athletes and to one day become one myself; some of my greatest accomplishments include winning Western Elite and Winnipeg Provincials; I also play beach volleyball and used to do Ukrainian Dance.



Alison Loepky, Winnipeg ☺

Birth date: March 20, 1991

Experience: 2007-2009 Canadian National Championship; currently plays for the Cobras Volleyball Club and Dakota Collegiate; has been playing volleyball for five years.

Comments: Goal for the Games is to come home with a medal; some of my greatest accomplishments include graduating All-Star in the 08/09 season and winning 3rd at the National Championship; I plan on playing NCAA volleyball next year at Jacksonville University in Jacksonville Florida.



Ali Hyde, Winnipeg ☺

Birth date: August 27, 1990

Experience: 2004-2008 National/Western Canadian Open Championship – 2007 & 2008 gold medallist; currently plays for Wilfrid Laurier University; has been playing volleyball for six years.

Comments: Goal for the Games is to place first and to always to represent my province of Manitoba to the best of my ability; role model is my grandpa, John McKenzie, because he has been battling malinoma cancer and continues to be thankful and enjoy life. He has always been the loudest person at my volleyball games and is constantly supporting his family and friends; some of my proudest accomplishments include winning back to back National Championships with the Selkirk Royals, numerous All-Star and MVP awards, and receiving a scholarship to play for Wilfrid Laurier University.



Alix Krahn, Winnipeg ☺

Birth date: June 23, 1989

Experience: 2002 - 2004 Junior Nationals – 2004 bronze medallist, 2005 Juvenile Nationals gold medallist, 2006 Juvenile Nationals, 2007 NTCC gold medallist; currently plays for the University of Winnipeg Wesmen; has been playing volleyball for eight years.

Comments: Goal for the Games is to win gold and become the tournament all-star; role models are Kristi Hunter because she works hard and is dedicated to her game, and Kevin Neufeld because he believes in me; some of my greatest accomplishments include Academic All-Canadian and the 2007 Team Manitoba National Champion; I also play soccer, basketball, ultimate and beach volleyball.



Amanda Bakker, Winnipeg ☺

Birth date: January 6, 1990

Experience: 2006 Canadian Volleyball Open gold medallist, 2007 Canadian Volleyball Open bronze medallist, 2007 National Team Cup Challenge silver medallist; has been playing volleyball for nine years.

Comments: Goals for the Games are to be on the starting line-up, to win and to have a great experience; role model is my mom because she has shown me the ultimate will and drive of the human spirit - she overcame lung cancer but still lives with its burdens. She has been to almost every game and practice, and she has helped me in my endeavours; some of my proudest accomplishments include winning Nationals in 2006, placing 3rd in 2007 and 4th in 2008; most thrilling moment was winning MVP in my junior year at High School Provincials.



Amy Leschied, East Selkirk

Birth date: March 18, 1990

Experience: 2004 – 2006 16U Canadian West Open, 2005 – 2007 Provincial High School AAAA Volleyball Championship – gold medal each year, 2007 Western Canada Summer Games, 2007 & 2008 Canadian Open Champions, 2009 CIS Nationals; currently plays for Trinity Western University; has been playing volleyball for seven years.

Comments: Goal for the Games is to be on the starting line-up and be at the top of my game; role model is my mom because she is an amazing woman and my best friend, and I cannot believe all the things she has done for me; some of my proudest accomplishments include winning the Provincial AAAA Championship three years in a row, winning the 17U Club Nationals and then the next year winning the 18U Nationals; I am currently attending Trinity Western University studying Education.



Brittany Habing, Winnipeg

Birth date: May 1, 1992

Experience: 2005 – 2009 Club Volleyball Nationals, 2006 Manitoba Winter Games, 2007 – 2009 Western Elites – 2008 gold medallist, 2008 Manitoba Summer Games, 2008 Club Volleyball Provincials gold medallist, 2009 National Championships gold medallist; currently plays for Brandon Storm; has been playing volleyball for eight years.

Comments: Goal for the Games is to perform my best and learn from other high level athletes; role model is Robert Hailstone, my club coach for U14-U16; some of my proudest athlete achievements include becoming U15/U17 National Champions for Club Volleyball, U15 National MVP/U17 National All-Star for Club Volleyball and U16 Western Elites Champion/MVP on the Provincial Team; I also play hockey, field hockey and beach volleyball.



Kristi Hunter, Roblin

Birth date: January 23, 1989

Experience: Currently plays for the University of Manitoba Bisons; has been playing volleyball for eight years.

Comments: Goal for the Games is to bring home a gold medal and to improve my skills; role model is Alix Krahn because she is dedicated and goes out of her way to help teammates; some of my proudest accomplishments include receiving the Academic All Canadian Award and MHSAA Female Athlete of the Year; I will be entering my third year at the University of Manitoba studying Science.



Lisa Barclay, Winnipeg

Birth date: June 7, 1992

Experience: 2008 Western Elites silver medallist, 2008 Manitoba Provincials gold medallist, 2009 17U/18U Nationals gold medallist; currently plays for Brandon Storm; has been playing volleyball for six years.

Comments: Goal for the Games is to play the best I can and be able to learn and compete at a very high level; role models include Kevin Neufeld and Bryce Wilson because they taught me everything I know about the sport, and my mom for all the support she has given me; some of my most thrilling moments include winning 17U Nationals, winning High School Provincials and being MVP for both.



Nicole Bazin, Winnipeg ☺

Birth date: May 24, 1990

Experience: 2007 Western Canada Summer Games silver medallist, 16U Western Elites, NTCC silver medallist, 2009 CIS Nationals; currently plays for Trinity Western University; has been playing volleyball for five years.

Comments: Goals for the Games are to be on the starting line up and to win gold; role model is Tammy Mahon because she has excelled at both volleyball and track and field, and demonstrates great work; some of my proudest accomplishments include becoming the 2008 High School Athlete of the Year, and being a three-sport athlete – volleyball, hockey, and track and field; I am currently attending Trinity Western University studying Environmental Studies.



Nicole Hall, Winnipeg

Birth date: November 29, 1990

Experience: 2007 Western Canada Summer Games silver medallist, 2007 National Open Volleyball Championship bronze medallist, 2008 National Team Challenge Cup silver medallist; currently plays for the University of Manitoba Bisons; has been playing volleyball for seven years.

Comments: Goal for the Games is to win gold and for our team to become a family; role model is Ashley Voth because she is a hard worker and has been on the National team for the past three years; some of my proudest accomplishments include being the 2008 Graduating All-Star and being on the 2008 Graduating All-Manitoba Team; my personal goal is to play for Team Canada; I will be entering my second year at the University of Manitoba preparing for Nursing.



Taylor Pischke, Winnipeg

Birth date: April 18, 1993

Experience: 2004 Hershey North American Games – track and field, 2006 & 2007 National Indoor Volleyball Champion, 2008 National Beach Volleyball Champion, 2008 & 2009 – winner of five Provincial Championships (Beach Volleyball, Club Volleyball and High School Volleyball), Western Canadian Championships; currently plays for the Bison Volleyball Club and Fort Richmond Collegiate; has been playing volleyball for three years.

Comments: Goal for the Games is to win the gold medal and improve as a player; role models include my parents and my brother for their support, and Mariusz Wlazly, Polish National Volleyball Player; some of my proudest accomplishments include being a former Nationally ranked gymnast, Manitoba's Age Class Player of the Year and National Club All-Star in 2007, 2008 and 2009; most thrilling moment was winning the 16U Beach Volleyball National Championship.



VOLLEYBALL (MALE)



Cam Johnson, Winnipeg ☺

Head Coach

Experience: 1995 Western Canada Summer Games, 1996 – 2000 CIS Nationals, 1997 Canada Summer Games, 2003 Western Canada Summer Games, 2006 Pan Am Cup, 2007 Western Canada Summer Games gold medallist; has been involved in volleyball for seventeen years.

Comments: Goal for the Games is to train our team to be in a position to win the gold medal; my personal goal in sport is to learn about the “science” and “art” of teaching and coaching.



Lewis Rempel, Morden

Assistant Coach

Experience: Western Canada Summer Games (athlete), Canada Summer Games (athlete), 2007 Western Canada Summer Games (coach); has been involved in volleyball for sixteen years.

Comments: Goal for the Games is to win gold; most thrilling moment in sport was winning National Championships



Dan Gilbert, Winnipeg

Manager

Experience: Currently affiliated with the University of Manitoba Bisons; has been involved in volleyball for ten years.

Comments: I am currently attending Ohio University obtaining my Masters.

~Athletes~



Chris Voth, Winnipeg ☺

Birth date: September 27, 1990

Experience: 2007 Western Canada Summer Games gold medallist, Nationals; currently plays for the University of Manitoba Bisons; has been playing volleyball for eleven years.

Comments: Goal for the Games is to win gold; role models are Roger Federer and Cam Johnson; I also like to play beach volleyball; most thrilling moments in sport were winning AAAA Provincials and Nationals; my nickname is Hammer; my overall goal in sport is to go to the Olympics.



Dane Pischke, Winnipeg

Birth date: March 17, 1990

Experience: 2004 Manitoba Summer Games – track and field, 2004 Hershey North American Games – track and field, 2007 Western Canada Summer Games gold medallist; currently plays for the University of Manitoba Bisons; has been playing volleyball for seven years.

Comments: Goal for the Games is to win a gold medal and be a good ambassador for Team Manitoba; role model is my father because he is a great player and coach. He participated in the 1976 and 1984 Olympic Summer Games for volleyball, was on the Canadian National Team, and played professionally; some of my proudest accomplishments include receiving the CIS Academic All Canadian, making the Canada West All-Rookie Team, 2005, 2007 & 2008 National Club Volleyball All-Star, 2006 National Beach Champion and 2008 National Beach Finalist; I hope to one day make the Canadian National Volleyball Team.



Dan Lothar, Winnipeg ☺

Birth date: June 7, 1988

Experience: 2003 Western Canada Summer Games – basketball, 2005 Canada Summer Games – basketball, 2007 CIS Volleyball Championships gold medallist, 2008 CIS Volleyball Championships silver medallist; currently plays for the University of Winnipeg Wesmen; has been playing volleyball for seven years.

Comments: Goal for the Games is to win gold; role models are my parents; I enjoy video games, music and Facebook; my personal goal in sport is to be the best I can be.



Emory Wells, Winnipeg

Birth date: May 13, 1989

Experience: NTCC Championships, Western Elite Championships, CIS Nationals silver medallist; currently plays for the University of Winnipeg Wesmen; has been playing volleyball for six years.

Comments: Goal for the Games is to win gold; I also enjoy playing senior men's hockey and golf; role models are my parents and numerous family members; most thrilling moment in sport was winning a silver medal at CIS Nationals.



Eric Vanderwey, Winnipeg

Birth date: June 16, 1989

Experience: NTCC Championships; currently plays for the University of Winnipeg Wesmen; has been playing volleyball for seven years.

Comments: Goal for the Games is to win gold; most thrilling moment in sport was becoming provincial champions for both basketball and volleyball; role model is Kevin; I also play hockey and basketball; I will be entering my third year obtaining a Bachelor of Science in Mathematics.



Justin Duff, Winnipeg

Birth date: May 10, 1988

Experience: 2007 Canadian Open National Championships, 2007 – 2009 CIS Mens Volleyball Championships – 2007 gold medallist, 2008 silver medallist; currently plays for the University of Winnipeg Wesmen; has been playing volleyball for six years.

Comments: Goal for the Games is to perform to the best of my ability; role models are Larry McKay for his calm demeanour and Janet Duff for all she has done for me and my brothers; most thrilling moment in sport was upsetting the University of Calgary in the Canwest Quarter Finals; my personal goal is to make a living that I may compliment with my education. I also want to travel; I will be entering my third year of university studying education.



Kevin Stevens, Winnipeg

Birth date: January 24, 1991

Experience: 2006 – 2009 Club Nationals, 2007 Western Canada Summer Games gold medallist, 2008 NTCC Championship; currently plays for the Manitoba Bisons; has been playing volleyball for six years.

Comments: Goal for the Games is to medal and be a starting left side for the team; I also play curling and track and field; my proudest athlete accomplishments were receiving All-Star for Club Nationals, being the number one player for High School and making the McMaster volleyball team for the upcoming year; role models are my coach Mr. Hudson and my family because they have brought me to where I am today; my personal goal is to become a starter for McMaster.



Marc Ross, Winnipeg

Birth date: May 30, 1989

Experience: 2005 Francophone Games, NTCC Championship, 2007 CIS Nationals silver medallist; currently plays for the University of Winnipeg Wesmen; has been playing volleyball for seven years.

Comments: Goal for the Games is to win gold; role models are my parents; most thrilling moments in sport were winning the Provincial High School Championships and winning a silver medal at CIS Nationals.



Matt Schriemer, Winnipeg

Birth date: September 27, 1991

Experience: 2008 NTCC bronze medallist, 2009 Club Provincials gold medallist, 2009 High School Provincials gold medallist; currently plays for Winnipeg Strike; has been playing volleyball for five years.

Comments: Goal for the Games is to win gold; I also play beach volleyball and basketball; role model is my cousin; most thrilling moments in sport were winning AAAA Provincials and 18U Club Provincials; my nickname is Schriem Time.



Ryan Munt, East St. Paul

Birth date: November 13, 1989

Experience: Currently plays for the University of Manitoba Bisons; has been playing volleyball for six years.

Comments: Goal for the Games is to push my teammates to perform at their best; most thrilling moments in sport were winning both indoor and beach volleyball nationals; role models are my parents and family; one of the biggest sacrifices I have had to make was giving up soccer to play volleyball all year; my personal goal in sport is to compete at the highest level possible; I am currently obtaining a degree in management.



Steve Goertzen, Winkler

Birth date: March 26, 1990

Experience: 2007 Western Canada Summer Games gold medallist, 2007 National 17U Club Indoor Championship gold medallist, 2008 National 18U Club Indoor Championship silver medallist, Nationals; currently plays for the University of Manitoba Bisons; has been playing volleyball for seven years.

Comments: Goal for the Games is to win gold; role model is Pat Alexander; some of my proudest accomplishments include receiving the 2008 Male Athlete of the Year for Garden Valley Collegiate, placing second in high jump at the 2008 Track and Field Provincials, and winning Western Canada Summer Games and Nationals.



Yaroslav Kozel, Winnipeg

Birth date: April 21, 1989

Experience: NTCC Championships; currently plays for the University of British Columbia Thunderbirds; has been playing volleyball for seven years.

Comments: Goal for the Games is to improve my game and win gold; role models are my parents for their unwavering support; most thrilling moments in sport were playing CIS and winning Manitoba Provincials; my overall goal in volleyball is to play professionally and on a National Team.



BEACH VOLLEYBALL (FEMALE)



Wanda Guenette, Winnipeg

Head Coach

Experience: 1991, 1995, 1999 & 2003 Pan American Games, 1996 Olympic Games, 2008 Beach Nationals gold, silver and bronze medallist; has been involved in beach volleyball for twenty-five years.

~Athletes~



Rachel Cockrell, Winnipeg

Birth date: April 17, 1992

Experience: 2008 Manitoba Games, 2008 Provincial silver medallist, 2008 National gold medallist, 2009 Provincial gold medallist; has been playing beach volleyball for five years.

Comments: Goal for the Games is to place in the top 4, as my partner and I are only 17 competing against U21 athletes; I also play competitive indoor volleyball; role model is Kim Chartrand because she taught/coached me at a young level and enforced the importance of working hard to achieve my goals; my most thrilling moment in sport was winning Beach Nationals; my overall goal is to get a scholarship to play volleyball at University.



Chloe Reimer, Sanford

Birth date: January 19, 1992

Experience: 2007 Canadian National Volleyball Championships gold medallist, 2008 Canadian National Volleyball Championships silver medallist, 2008 Canadian National Beach Volleyball Championships silver medallist, 2008 Manitoba Summer Games; has been playing beach volleyball for two years.

Comments: Goal for the Games is to play our best and win as many games as possible; I also play indoor volleyball and basketball; some of my proudest athlete achievements include winning 15U Nationals, silver at 16U Beach Nationals, and receiving various All-Star, MVP and Player of the Year awards at the provincial and national level; my overall goal in volleyball is to play at the CIS or NCAA level.

BEACH VOLLEYBALL (MALE)



Lloyd Voth, Morden

Head Coach

Experience: 1982 Western Canada Summer Games; currently affiliated with St. Paul's High School and the Bison Volleyball Club; has been involved in volleyball for twenty-eight years.

Comments: Some of my proudest accomplishments in sport include winning gold at CIS as a player for the University of Manitoba, and winning gold at Nationals as the coach of the Bison Club Volleyball Team; I also enjoy playing golf and table tennis.

~Athletes~



John Galloway, Victoria, BC

Birth date: March 11, 1987

Experience: Currently plays volleyball for the University of Manitoba Bisons; has been playing beach volleyball for six years.

Comments: Goal for the Games is to win a gold medal; I also play basketball, indoor volleyball, and I also started coaching which I love; role model is Matt Carere because he is the best all around volleyball player I know; some of my proudest athlete accomplishments include being Academic All-Canadian and playing center court in the Corona Open; my nickname is Jozer.



Stéfán Savoie, Winnipeg ☺

Birth date: March 3, 1989

Experience: 2004, 2005 & 2007 Provincial Team Nationals, 2004 – 2007 Club Nationals, 2008 & 2009 CIS Nationals, Norceca Championship; currently plays for Thompson Rivers University in Kamloops, B.C.; has been playing beach volleyball for six years.

Comments: Goal for the Games is to win a gold medal; I also enjoy playing basketball; most thrilling moment was making the Indoor Men's Junior National Team; I am a three-time club level National Champion.

TEAM MANITOBA RESULTS AT CANADA SUMMER GAMES TO 2005

SPORT	1969	1973	1977	1981	1985	1989	1993	1997	2001	2005*
Archery - M	-	-	-	10	7	8	6	1	-	-
Archery - F	-	-	-	8	6	8	4	7	-	-
Athletics - M	5	4	6	5	5	6	5	6	6	6
Athletics - F	combined	combined	combined	5	5	6	6	6	6	6
Baseball	8	2	2	10	2	7	4	4	6	6
Basketball - M	-	-	-	8	-	9	5	7	8	7
Basketball - F	-	-	-	8	-	3	5	7	8	8
Canoeing - M	7	5	4	7	9	8	7	7	6	6
Canoeing - F	combined	combined	combined	7	-	9	7	8	7	7
Cycling - M	5	6	3	4	5	3	9	5	6	7
Cycling - F	combined	combined	combined	7	9	7	5	6	6	8
Diving - M	4	4	4	6	6	5	6	7	6	8
Diving - F	combined	combined	combined	5	4	6	4	7	6	6
F. Hockey	8	8	7	3	5	7	5	3	4	8
Rowing - M	3	6	-	-	8	7	7	9	6	5
Rowing - F	combined	combined	-	-	7	7	5	9	4	7
Rugby	-	-	4	4	7	-	7	5	7	7
Sailing - M	7	-	-	8	8	6	5	4	5	9
Sailing - F	combined	-	-	combined	combined	6	2	7	4	1
Soccer - M	5	3	7	7	6	3	4	10	9	9
Soccer - F	-	-	-	-	-	-	6	4	8	5
Softball - M	4	7	5	5	10	3	10	5	7	6
Softball - F	-	-	-	-	-	3	4	3	5	4
Swimming - M	5	5	7	7	5	5	7	7	5	6
Swimming - F	combined	combined	combined	7	6	6	7	6	4	4
Tennis	5	5	7	6	7	8	8	9	6	6
Volleyball - M	-	-	5	-	2	4	4	5	3	1
Volleyball - F	-	-	-	-	-	3	3	3	4	2
Water Ski - M	-	4	3	2	4	-	4	3	-	-
Water Ski - F	-	combined	combined	3	1	-	6	3	-	-
Wrestling	-	-	-	-	10	6	7	7	9	-

MEDALS

Gold	1	2	0	4	2	6	4	8	7	4
Silver	7	9	5	4	6	6	5	9	5	7
Bronze	10	8	8	8	7	17	10	7	14	6
TOTAL	18	19	13	16	15	29	19	24	26	17
Standing	6	5	5	6	5*	6	6	6	7	7

*Manitoba - Winner of Centennial Cup - Most Improved Province since last Games.

